

# Natasha Bedingfield

## Quotes

*Song, Writing, Thinking, Skins, Sun, Different, Book, Jobs, Powerful, Mean,  
High Heels, Superstar, Negative, Healthy, Shining, London, Surround Yourself,  
Common Denominator, Trying, Girl*

Live your life with arms wide open. Today is where your book begins. The rest is still unwritten.

~Natasha Bedingfield

Surround yourself with friends who only call you a superstar

~Natasha Bedingfield

Feel the rain on your skin, no one else can feel it for you.

~Natasha Bedingfield

The pen is in your hands, the rest is still unwritten.

~Natasha Bedingfield

I bruise easily so be gentle when you handle me.

~Natasha Bedingfield

I love arranging my music, not in alphabetical order but by mood, creating playlists for when I have energy and want to work out or go-out party mixes and music to chill out to.

~Natasha Bedingfield

A lot of my songs are about taking whatever life throws at you and making the most of it.

~Natasha Bedingfield

Staring at the blank page before you, Open up the dirty window, Let the sun illuminate the words that you could not find.

~Natasha Bedingfield

Write your own songs. It helps you to mean what you're singing, which will then make it mean something to listeners.

~Natasha Bedingfield

I know I should keep this a secret, but Celine Dion is something of an

icon to me.

~Natasha Bedingfield

I love lamb shank. It's my favorite thing. You don't have it in America. It's a younger meat - it just falls off the bone - it's kind of like a roast. I really like blackened cod too.

~Natasha Bedingfield

I would love to do something with Coldplay.

~Natasha Bedingfield

I liked English and art and did a lot of painting. And for some reason I was good at math, but I wasn't an A student. I really had to work hard to get good grades.

~Natasha Bedingfield

I think my song about 'I want to have your babies' really does freak a lot of guys out, not just my boyfriend!

~Natasha Bedingfield

My family comes from New Zealand, but I'm a London girl. I was born and raised in London, but I've got the blood of a New Zealander, so I always kind of felt like I didn't belong - in a good way.

~Natasha Bedingfield

I'm very honest in my music and I'm often asked to explain the lyrics; as an introvert, I find that quite hard. And I always wear high heels on stage, which can be painful.

~Natasha Bedingfield

I took temp jobs, recorded a demo in the evenings and eventually shopped a record deal. All I knew was that I wanted to write songs; thankfully, I also got to sing them.

~Natasha Bedingfield

Music is a very powerful thing. If I'm angry, I can write a song about it, and it seems to make everything okay.

~Natasha Bedingfield

I did actually like school. When I was 17, I was in college, but before that, I was home-schooled. I was very social. I liked to know everyone.

~Natasha Bedingfield

I like doing very high action things. Running, boxing, a lot of free weights. They're not heavy. I eat what I want, really, because I think that while you're working out you can eat better.

~Natasha Bedingfield

Just like the moon, I'll step aside, and let your sun shine while I follow behind.

~Natasha Bedingfield

I don't want to be the next anyone. I just want to be me, now. And that means all different things.

~Natasha Bedingfield

The way that I approach music has a bit of a sense of humor to it. Something slightly different that people can still relate to.

~Natasha Bedingfield

The common denominator is a love of music.

~Natasha Bedingfield

My skin is like a map of where my heart has been And I can't hide the marks It's not a negative thing.

~Natasha Bedingfield

I hate that feeling of being so full that you feel like you're gonna burst, so I try not to do that.

~Natasha Bedingfield

I get very deep into the writing and recording process.

~Natasha Bedingfield

As a teenager I had friends who had little music studios in their bedrooms and garages. I'd go and play around; very soon, my hobby became a passion.

~Natasha Bedingfield

The music technology scene is changing so fast its hard to keep up.

~Natasha Bedingfield

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