

Nathan East Quotes

*Meditation, Grateful, Balance, Blessed, Smoke, Belief, Musician, Helping, Heart,
Years, Wave Of Life, Soldier, Healthy, Music, Blood, Gymnastics, Our Lives,
Cells, Daughter, Rocks*

The thing that's really rewarding is when people will say to me that they had actually given up the bass, but are going to start again because the online school seems like a good idea.

~Nathan East

To our Soldiers: Thank you again and again, you will always matter, not only on this Memorial Day but every day!

~Nathan East

Music is one of those things that becomes a soundtrack to our lives.

~Nathan East

I'll be forever grateful to this instrument for being the surfboard that I rode the wave of life on

~Nathan East

Creative people inspire me. Athletes also inspire me to come alive, especially my daughter, a competitive gymnast who works very hard, as much as six hours a day on her gymnastics skills.

~Nathan East

All of the musical projects that I am involved with are near and dear to my heart and allow me in a small way to make a contribution to the world of music.

~Nathan East

I know that I am absolutely blessed beyond belief!

~Nathan East

I've learned that, as much as you would like to, you can't trust everyone.

~Nathan East

For me, love is an enhanced state of kindness, compassion, service,

respect, and humility, an emotion I feel we are all here to give and to receive.

~Nathan East

For the obvious reasons, furthering my children's education and keeping my family healthy and thriving is my highest mission.

~Nathan East

I begin and end each day with prayer, meditation, and thoughts about what I am grateful for.

~Nathan East

I find that deep breathing and meditation help me handle practically any situation.

~Nathan East

Steve Laury smokes playing octaves.

~Nathan East

From the moment I first heard Steve Laury play, I knew he was dangerous . . . He is an extremely gifted musician who makes great music! We go back 25 years and Steve will always be my dear friend.

~Nathan East

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