

Nina Agdal

Quotes

Trying, Skins, Thinking, Makeup, Body, Work Out, Believe, Guy, Beach, New York, Sexy, Fake, Mean, Cities, Faces, Highlighting, Foundation, Fishes, Cheekbones, Birth Control

You can't really fake confidence. You know what I mean? Just be confident in who you are when you walk into a room, feel like you own it.

~Nina Agdal

When I'm not working I try to go natural and not wear a lot of makeup. I think your skin needs to breathe.

~Nina Agdal

I love a confident guy and a guy that makes me laugh and who is a little hard to get. Don't be too easy.

~Nina Agdal

Confidence is sexy. So if you're confident in who you are, that's sexier than anything.

~Nina Agdal

On the beach, I'm definitely team natural. I mean, a good tan when the freckles are popping and some saltwater hair, I think that's super hot. So, I'm all about the natural on the beach.

~Nina Agdal

I personally love working out, but I always try to switch it up. I do a few different things, like SoulCycle, SLT for Pilates, yoga.

~Nina Agdal

I was freaking out. I had my first pimple and I was like, what is this? I didn't know what to do with myself. Now it's all gone, but it's so weird, what you put inside of your body.

~Nina Agdal

When you're younger, you don't believe in it, but it's really so important to stay out the of sun as much as you can. Like if you wanna get tan, you can get a spray tan and not get skin cancer.

~Nina Agdal

When I was younger, I used to put honey and Coca-Cola and all that stuff on my body and just fry in the sun. But I think we all know how bad that is for you.

~Nina Agdal

Try to go organic with not too many chemicals and stuff in it. That's what my mom always told me. She was like, "If you wanna wear makeup or do anything, try to keep it organic."

~Nina Agdal

Taking a moment and a deep breath. Im truly thankful for everything life has shown me so far in my 20 years. I am so blessed. Just wow.

~Nina Agdal

I do wear makeup when I work out. I am one of those people. It sounds stupid, but I can't really get motivated if I don't have a mirror and I'm not staring at myself because I need to look at myself.

~Nina Agdal

We're really hard on ourselves and just need to relax more. A lot of guys really prefer you more natural. That's from experience.

~Nina Agdal

When I was younger, I was like full eyeliner, tons of mascara, blush, and a red lip thinking, Oh, this is sexy. And now I think natural is better.

~Nina Agdal

I'm all about wellness.

~Nina Agdal

I work out at least once a day. If I'm not working, I'll work out three times a day. I do it because I enjoy it. It's a way of living and it makes

me relaxed. It gives me mental stability, honestly.

~Nina Agdal

I use rosewater a lot. I don't remember who taught me that, but that's my number one thing that I always use on my face and all over my body.

~Nina Agdal

Contouring is like my favorite thing ever because you can get cheekbones even if you don't have them.

~Nina Agdal

With skin, I really believe it has a lot to do with your genes. And I've been really lucky.

~Nina Agdal

I don't tan in New York City. I don't want to waste it on that. I'll do my own fake tan, actually. It's awesome.

~Nina Agdal

I love highlighting. A good highlighter works on everyone.

~Nina Agdal

I'm always trying to do something active because I love it.

~Nina Agdal

I actually don't have a TV and I've been traveling so I've missing out on a lot of stuff.

~Nina Agdal

Michael Phelps is a beast. He's like a human fish. It's really impressive.

~Nina Agdal

I like to keep my face "pretty" because then I won't be like oh my god,

what are you doing here?

~Nina Agdal

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