

# Nita Leland Quotes

*Creative, Creativity, Art, Giving, Flow, Exercise, Ideas, Way, Energy, Order, Top  
Priorities, Attitude, Thinking, Appreciate, Artist, Color, Looks, Change, Risk,  
Imagination*

Get in touch with yourself. The fountain of creativity begins with the stream of conscious thought flowing inside you. Open the floodgate and creative ideas come rushing out.

~Nita Leland

Every human being has creative powers. You were born to create. Appreciate your inborn potential.

~Nita Leland

Color is one way the eye and the brain work together to define the external world. However, not all cultures see color in the same way, nor do they give it as much importance as in western culture.

~Nita Leland

Positive attitude accelerates your development as a creative person. Believe in yourself.

~Nita Leland

Smash creative blocks. Change the problem or sneak up on it from a different direction. Try something fresh - a new way with an old theme, a different point of view, unusual tool.

~Nita Leland

When you finish for the day, write a note reminding yourself of what you plan to do next. This helps you to remember today's great idea when you get back to work tomorrow.

~Nita Leland

Use design as a framework to bring order out of chaos.

~Nita Leland

To tap into that natural creative spirit, recapture your childlike enthusiasm for everything around you. Work with the reckless delight of a child.

~Nita Leland

Your hopes and dreams, as well as your perception of the world around you, come through in your work and make it unique.

~Nita Leland

Pay attention to the inner voice that tells you when something feels right. Much of your creative problem-solving occurs at an unconscious level.

~Nita Leland

Creativity needs to be exercised to grow strong.

~Nita Leland

Take imagination breaks... Relaxed attention is one of the most important states of mind for creativity, and sometimes it has to be learned.

~Nita Leland

Gather knowledge... Visit galleries, museums, art and craft fairs... Read books and magazines. Take workshops. Use your senses. Experience stimulates your memory and imagination.

~Nita Leland

Choose to give your creative art priority over other things. You can do it.

~Nita Leland

Let yourself daydream sometimes... Allow spontaneous images to come and go. Capture one in a sketch. These images express connections with your inner self.

~Nita Leland

Unleash your creative energy and let it flow. Relish the possibilities.

~Nita Leland

Creativity doesn't just happen - you make it happen. Changing daily routines is one way to access creativity.

~Nita Leland

You owe it to yourself to make your creative development a top priority.

~Nita Leland

Whatever direction your life takes, your underlying themes remain. Discover and explore your themes to open the way for rich creative development.

~Nita Leland

Don't dwell on your mistakes. Set achievable goals: a confident line, effective use of values, interesting shapes, exciting texture.

~Nita Leland

Creativity isn't magic. It's achievable.

~Nita Leland

If you persist in ignoring your intuition, you may find yourself stuck in a permanent holding pattern instead of taking the risks that lead to creative growth.

~Nita Leland

Collage is like a hall of mirrors. Every direction you look, you see something different and visually stimulating.

~Nita Leland

Release and regulate the flow of your inborn creative energy to reach your artistic potential.

~Nita Leland

Creative expression is not just a means of getting attention, although some have approached art that way. Think of art as a way of connecting, of sharing your insights with others.

~Nita Leland

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