

# Norman Reedus

## Quotes

*People, Thinking, Looks, Good Life, Feel Good, Fans, Sound, Nice, Jobs,  
Trying, I Can, Kids, Interesting, Yelling, Girl, Stuff, Listeners, Littles, Work Out,  
Attention*

Do not have regrets. Guilt is a wasted emotion.

~Norman Reedus

I've always said it's interesting to watch devils cry when angels want to stab you in the back. I like that mixture.

~Norman Reedus

I like people who push the envelope.

~Norman Reedus

I'm certainly honest - and I can be socially awkward.

~Norman Reedus

Oh I love horror movies, yeah. I think my favorite movie growing up was 'The Omen.' I actually wanted to be that little kid.

~Norman Reedus

You can't not look cool with a crossbow.

~Norman Reedus

It's really easy to take something small and make it big in your head and fight against it.

~Norman Reedus

I'm a quiet person. I spend time observing, not speaking.

~Norman Reedus

Getting old and dying alone is my worst fear.

~Norman Reedus

The dogs with the loudest bark are the ones that are most afraid.

~Norman Reedus

I'm one of those people who can watch a stupid movie and end up

crying.

~Norman Reedus

You feel good inside, you look good outside. I feel like I look like somebody who's having a good life, who's enjoying it a little better than I did before.

~Norman Reedus

I'm still insecure, but when I first started acting, I was really insecure. I glared at a lot of people. I assumed everyone hated me. Somehow that scowl has turned into an acting career.

~Norman Reedus

Damaged people gravitate towards damaged people.

~Norman Reedus

I'm constantly running away from everything. I'm running away from things on a daily basis. I run away from relationships. I run away from responsibilities.

~Norman Reedus

Slow down, totally. You have to slow down and pay attention to everything.

~Norman Reedus

If a woman is dishonest, that kills it for me. I can't even talk to her anymore.

~Norman Reedus

I'm a T-shirt-and-Levi's type of a guy.

~Norman Reedus

I'm not afraid to take chances or go off on my own.

~Norman Reedus

I love the crossbow. I mean it's just fun. Guns are fun, I can't deny that shooting guns in movies isn't fun. But a crossbow is pretty rad.

~Norman Reedus

You do a film and you know where you're going, you have this material to stretch and play with as much as possible because you know how it ends.

~Norman Reedus

I went from a very pessimistic person to a very optimistic person sort of overnight, which is very weird. It's not even the success of my shows. I think it's the lifestyle change, I really do.

~Norman Reedus

I hate that word, 'quirky.' It's like the worst f - king word in the world.

~Norman Reedus

I've been camping and stuff, but if you left me in the woods I'd probably just curl up and cry until someone found me.

~Norman Reedus

I'm in a happy place. I'm very at peace with who I am and what I'm doing and the people around me, so I think I'm probably most ambitious at where I am.

~Norman Reedus

Yelling Irish you can sound like an angry Leprechaun.

~Norman Reedus

I think it's interesting to have a cool character not look so cool, you know?

~Norman Reedus

I used to hang out with a bunch of old punk rockers when I was a little

kid.

~Norman Reedus

I'm not a big fan of plastic surgery. Because it looks like you had plastic surgery.

~Norman Reedus

I'm not afraid of retirement. Retirement sounds like a blast.

~Norman Reedus

I don't think anyone wants to cuddle a zombie.

~Norman Reedus

I've been a huge Psychedelic Furs fan for a long time. I love Butler's paintings, too. I like all their songs. I'll even crank 'Pretty in Pink,' I don't care.

~Norman Reedus

I'm more of a listener than a talker.

~Norman Reedus

Before becoming an actor I kind of just wanted to paint and live somewhere and do something low-key and artistic.

~Norman Reedus

When you do television, you have this opportunity to drop these subtle hints everywhere. The way you say things, for example, sometimes those seeds turn into trees.

~Norman Reedus

Oh, I love horror movies, yeah.

~Norman Reedus

I'm so fortunate, it's ridiculous.

~Norman Reedus

I'm not saying that I don't like the success of the job, but I really like going to work every day and I really like coming home and feeling satisfied with what I did today.

~Norman Reedus

When you add up the minutes you spend actually making a movie - the amount of time you spend actually doing your thing in front of a camera - it just isn't that much. But it's everything.

~Norman Reedus

I love smashing stuff.

~Norman Reedus

In my trailer, I work out with free weights and do situps and push-ups. I'm just trying to stay lean and active looking.

~Norman Reedus

I saw 'True Blood' once, and I like the jazzy feel of it and stuff.

~Norman Reedus

People are pretty strange.

~Norman Reedus

Peanut Butter Wolf is my relaxing music, my lunch music, my chilling music.

~Norman Reedus

I basically eat a lot of proteins, and I've been eating smaller portions of food. I try to eat all locally raised and organic produce.

~Norman Reedus

My mom, she's like Why can't you just do a nice romantic comedy like

Jennifer Love Hewitt? And I'm like: Mom, look at me. They just don't put me in those movies.

~Norman Reedus

I've shot films in locations that have seemed haunted. I shot a film in a maximum-security prison in Russia. Part of it was on a psychiatric ward - there were definitely some creepy vibes there.

~Norman Reedus

I think violence has always been popular, way before movies started being made.

~Norman Reedus

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