

Octavia Spencer Quotes

*Thinking, People, Want, Challenges, Believe, Speak, Mind, Girl, Moving,
Happens, Way, Artist, Roles, World, Color, Moments, Gay, Levels, Needs, Men*

The way to bring about change is to be proactive and active.

~Octavia Spencer

One thing I've learned is be comfortable in your skin, and more importantly, be comfortable in your shoes.

~Octavia Spencer

I can only live in my truth.

~Octavia Spencer

To be silent is to be passive.

~Octavia Spencer

As you make your way along life's tumultuous highways, it's important to note that you should always carry a map, have plenty of fuel in the tank, and take frequent rest stops.

~Octavia Spencer

You have to create your own path and I'm up to the challenge.

~Octavia Spencer

The things that scare you only make you better and stronger.

~Octavia Spencer

I just know that the one thing that we all have in common is challenges. No one lives a challenge free life.

~Octavia Spencer

Everything happens when it's supposed to.

~Octavia Spencer

There are enough negative images of Black women out there and I did not want to portray Dorothy Vaughn in any stereotype. I wanted to make sure that her integrity was preserved.

~Octavia Spencer

I'm an Oscar nominee. I love saying that. Whatever happens, I'm going to sing that 'I'm an Oscar nominee' part.

~Octavia Spencer

I gotta go home and feed my eels. They're not electric, but I have a plan.

~Octavia Spencer

You just keep moving forward and doing what you do, and hope that it resonates with people. And if it doesn't, you just keep moving on until you find a project that does.

~Octavia Spencer

You have to get out of your comfort zone in order to grow.

~Octavia Spencer

I hope that in some way that I can be some sort of beacon of hope, especially because I am not the typical Hollywood beauty.

~Octavia Spencer

I can't speak for what other artists should do. I can only tell you how I live.

~Octavia Spencer

You know, bigotry isn't relevant to just the South. It never was. But I'm very grateful that I don't know what it's like from experience.

~Octavia Spencer

I was not a Girl Scout, but I try to be very prepared. I triple-Spanx!

~Octavia Spencer

Let's just say that I have a tendency if I am uncomfortable in a situation

to speak my mind.

~Octavia Spencer

I'm probably the most militant person you'll ever meet and I speak my mind without provocation sometimes.

~Octavia Spencer

Our challenges make us unique, and how we deal with them makes us unique.

~Octavia Spencer

My faith is tested daily.

~Octavia Spencer

Only when you find the courage to say something to someone that might influence a change in your behavior, does that behavior change.

~Octavia Spencer

Christian Louboutin, I love you, but honey, please! But when you have this much weight, you've got to give us a little platform. Sorry! The shoes are stunning though. An ounce of pain, it's worth it.

~Octavia Spencer

I'm not a fan of 'Gone With the Wind.' I didn't like the movie. I didn't like the book.

~Octavia Spencer

The first time I saw E.T., the actual image of an alien, and he was so sweet-looking. I wanted him. I wanted E.T.

~Octavia Spencer

I prefer doing interviews where people don't have to interpret what you say. I'm going to be real honest.

~Octavia Spencer

I think if I weren't so squeamish, I would have been some sort of forensic analyst. And I can't do anything with a microscope, because then I start thinking about the world of germs around us.

~Octavia Spencer

I'm glad that I get to take my final walk as the princess of 2012.
...there's nothing wrong with winning an Oscar!

~Octavia Spencer

I'll say that I don't think you can throw a stone and not come in contact with someone who knows someone or has problems with substance abuse.

~Octavia Spencer

I like a person who knows how to say something dark at a very dark moment. The darker the moment and the darker the comic, the better. Something that is so wrong on all levels.

~Octavia Spencer

I'm not trying to be a different weight. I want to be a different body type so that I'm not an apple. I just want to be a pear!

~Octavia Spencer

I'm attracted to things that make me want to be a better person.

~Octavia Spencer

I have experienced loss in my life, but the thing that brings you back is your faith.

~Octavia Spencer

I do believe that everyone has something to contribute.

~Octavia Spencer

What's not fair is having the responsibility of a supervisor but not the

title or the pay.

~Octavia Spencer

I really believe things happen as they're supposed to and in the time that they're supposed to.

~Octavia Spencer

My job as an artist is to present the material. My job as a woman is to receive from it what I need.

~Octavia Spencer

It is important to learn as much as you can about the person and then throw it all away so that you're not in any way doing some sort of mimicry.

~Octavia Spencer

There is one thing about knowing history, and another in recreating it.

~Octavia Spencer

Even in my music, I am always searching for big, universal things - ways that you can sort of reach outside the norm of what you are doing.

~Octavia Spencer

People who are overweight face discrimination. African-Americans face discrimination. Women face discrimination and sexism. So I don't have the luxury of not being tolerant of anyone.

~Octavia Spencer

I don't think that moms, with all that's going on in our society today, would want to put their kids in front of something that will be disheartening rather than uplifting.

~Octavia Spencer

I want to find things that challenge me.

~Octavia Spencer

Any upward movement is movement for us all.

~Octavia Spencer

I want to see more women behind the scenes.

~Octavia Spencer

I want to see more women as producers.

~Octavia Spencer

Every character I get to play has some element of who I am, but there's no fun in playing yourself. At least, for me, there isn't.

~Octavia Spencer

I'm starstruck everyday. The day I'm not starstruck, I'll have to retire.

~Octavia Spencer

I didn't realize that diets don't work, and I did not want to diet. I didn't want to do anything that required dieting.

~Octavia Spencer

I was starstruck and sweat a lot when I met Oprah Winfrey and tried to hug her. Because when you think you know people when you see them from your couch.

~Octavia Spencer

You never write a speech in advance because if you don't get to use it, you'll be heartbroken.

~Octavia Spencer

The one thing that I realize - well, not the one thing, but it was a big thing - having in my head that I need to get healthier. It's been a very

gradual process for me.

~Octavia Spencer

Unfortunately, there's a lack of roles for women of color, so you actually have to be the engineer creating some of those roles.

~Octavia Spencer

I'm excited that I get to do what I love, and I'm benefiting through projects that speak to me.

~Octavia Spencer

You can't be from Montgomery, Alabama, and not have a background in the church. It's at the core of who we are as a people.

~Octavia Spencer

Because we all come from different circumstances, our life experiences really color how we view things.

~Octavia Spencer

I do believe that we're all God's children.

~Octavia Spencer

Where I'm from, you learned about God before you learned to read and write. Our faith is what grounds us.

~Octavia Spencer

As an actor, you don't become Meryl Streep by doing the same type of comedy. You get there by being challenged.

~Octavia Spencer

I'm not an optimist. I'm a realist. And my reality is that we live in a multifaceted, multicultural world. And maybe once we stop labeling ourselves, then maybe everyone else will.

~Octavia Spencer

For me, when you have to prepare to play God, and then walking away from that, you realize just how tough God's job is. I don't want that job.

~Octavia Spencer

There are moments where you stop living, if you stop changing, and if you stop seeking growth of some sort.

~Octavia Spencer

I hate to tell people what they should think 'cause I really have an aversion when people tell me what to think.

~Octavia Spencer

God in my mind gives you what you need. So, if you need God to be a black woman and you need that for whatever your reasons are, then perhaps your blessings will come in that form.

~Octavia Spencer

I have an affinity for the law. I like looking at the small type on contracts, and if I could have afforded law school, I probably would have gone.

~Octavia Spencer

If you go through life and you don't find the beauty in an unexpected place, then you really have a sad existence.

~Octavia Spencer

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