

Olympia Dukakis

Quotes

*Thinking, Mother, Real, Skills, Trying, Way, Believe, Passion, People, Being A
Woman, Hollywood, Being Yourself, Example, Husband, Miracle, Daughter,
Being Me, Writing, Important, Energy*

God is not something I think about but something I experience as an energy, a Presence. I do find it easier to pray to a female Presence or an androgynous Presence.

~Olympia Dukakis

Well, you know what they say: if you don't have anything nice to say about anybody, come sit by me!

~Olympia Dukakis

My husband is a fall-away Catholic, but with a vengeance. He's actually more of a feminist than I am.

~Olympia Dukakis

You don't stay married for thirty-nine years because of sex or even because of love, but because your partner is a real friend to you, because they respect and regard you.

~Olympia Dukakis

I sometimes truly despair at ever being meaningfully altered and affected by the things I claim are so important to me.

~Olympia Dukakis

Thankfully, it became clear to me that when I compete, I lose my connection to the passion I have for my work.

~Olympia Dukakis

Winning is everything in Hollywood.

~Olympia Dukakis

When I was a kid, I'd kneel down at the side of my bed every night before I went to sleep, and my mother and I would say a Greek prayer to the Virgin Mary.

~Olympia Dukakis

Follow your heart, your instincts. People might try to dissuade you from your passion, but no one can live your life but you.

~Olympia Dukakis

What you don't know about women is alot.

~Olympia Dukakis

I think it's because most of us talk one way and live another. There are a few people who truly, truly walk the talk.

~Olympia Dukakis

I think we're socialized out of being women, and then we have to find our way back to it. That's hard to do.

~Olympia Dukakis

Most of us are not real eager to grow, myself included. We try to be happy by staying in the status quo. But if we're not willing to be honest with ourselves about what we feel, we don't evolve.

~Olympia Dukakis

I think we have to be careful about what we label as a prerequisite for spirituality. I don't think you have to know a lot to have a spiritual life, but knowing gives life richness.

~Olympia Dukakis

I feel it most in my work, because there aren't roles about women who are spiritually evolving. That anyone would even write something like that, something that's worth doing, would be a miracle!

~Olympia Dukakis

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