

Pat Summitt

Quotes

*Basketball, Thinking, Sports, Team, Winning, Games, Coaching, Teamwork,
Want, Attitude, People, Self, Goal, Player, Responsibility, Perseverance, Nba,
Discipline, Successful, Practice*

God doesn't take things away to be cruel. He takes things away to make room for other things. He takes things away to lighten us. He takes things away so we can fly.

~Pat Summitt

Here's how I'm going to beat you. I'm going to outwork you. That's it. That's all there is to it.

~Pat Summitt

It is what it is. But, it will be what you make it.

~Pat Summitt

You can't always be the most talented person in the room. But you can be the most competitive

~Pat Summitt

Attitude is a choice. Think positive thoughts daily. Believe in yourself.

~Pat Summitt

No one feels strong when she examines her own weakness. But in facing weakness, you learn how much there is in you, and you find real strength.

~Pat Summitt

I won 1,098 games, and eight national championships, and coached in four different decades. But what I see are not the numbers. I see their faces.

~Pat Summitt

Discipline helps you finish a job, and finishing is what separates excellent work from average work.

~Pat Summitt

Offense sells tickets, defense wins games, rebounding wins

championships.

~Pat Summitt

Admit to and make yourself accountable for mistakes. How can you improve if you're never wrong?

~Pat Summitt

When you choose to be a competitor you choose to be a survivor. When you choose to compete, you make the conscious decision to find out what your real limits are, not just what you think they are.

~Pat Summitt

Responsibility equals accountability equals ownership. And a sense of ownership is the most powerful weapon a team or organization can have.

~Pat Summitt

Attitude is a choice. What you think you can do, whether positive or negative, confident or scared, will most likely happen.

~Pat Summitt

To me, teamwork is a lot like being part of a family. It comes with obligations, entanglements, headaches, and quarrels. But the rewards are worth the cost.

~Pat Summitt

My parents taught me a long time ago that you win in life with people, and that's important, because if you hang with winners, you stand a great chance of being a winner.

~Pat Summitt

If you don't want responsibility, don't sit in the big chair. To be successful, you must accept full responsibility

~Pat Summitt

In the absence of feedback, people will fill in the blanks with a negative. They will assume you don't care about them or don't like them.

~Pat Summitt

She taught me that it's ok to let down your guard and allow your players to get to know you. They don't care how much you know until they know how much you care.

~Pat Summitt

Teamwork is what makes common people capable of uncommon results.

~Pat Summitt

Class is more important than a game.

~Pat Summitt

The willingness to experiment with change may be the most essential ingredient to success at anything.

~Pat Summitt

If I'm not leading by example, then I'm not doing the right thing. And I want to always do the right thing.

~Pat Summitt

Sometimes you learn more from losing than winning. Losing forces you to reexamine.

~Pat Summitt

Change equals self improvement. Push yourself to places you haven't been before.

~Pat Summitt

There is an old saying: a champion is someone who is willing to be uncomfortable.

~Pat Summitt

Most people get excited about games, but I've got to be excited about practice, because that's my classroom.

~Pat Summitt

Success is a project that's always under construction.

~Pat Summitt

Discipline yourself, so no one else has to.

~Pat Summitt

Silence is a form of communication, too. Sometimes less is more.

~Pat Summitt

Loyalty is not unilateral. You have to give it to receive it.

~Pat Summitt

Success is all a matter of perspective. It depends on where you start from, and where you want to end up.

~Pat Summitt

It's harder to stay on top than it is to make the climb, Continue to seek new goals.

~Pat Summitt

You can't pick and choose the days that you feel like being responsible. It's not something that disappears when you're tired.

~Pat Summitt

Individual success is a myth. No one succeeds all by herself.

~Pat Summitt

Belief in yourself is what happens when you know you've done the

thing things that entitle you to success.

~Pat Summitt

In order to grow, you must accept new responsibilities, no matter how uncertain you may feel or how unprepared you are to deal with them.

~Pat Summitt

Anyone can quit, but it takes a strong, committed person not to quit when times are tough.

~Pat Summitt

I have a love-hate relationship with losing. I hate how it makes me feel, which is basically sick. But I love what it brings out.

~Pat Summitt

We communicate all the time, even when we don't realize it. Be aware of body language

~Pat Summitt

Coaches who start listening to fans often wind up sitting next to them.

~Pat Summitt

Hard work breeds self-respect.

~Pat Summitt

Winners are not born, they are self-made.

~Pat Summitt

It's my experience that people rise to the level of their own expectations and of the competition they seek out.

~Pat Summitt

When you grow up on a dairy farm, cows don't take a day off. So you work every day and my dad always said, 'No one can outwork you,'

~Pat Summitt

There are some concrete ways to create a winning attitude. But nothing beats practicing it. When you prepare to win, belief comes easily.

~Pat Summitt

Value those colleagues who tell you the truth, not just what you want to hear.

~Pat Summitt

Competition got me off the farm and trained me to seek out challenges and to endure setbacks; and in combination with my faith, it sustains me now in my fight with Alzheimer's disease.

~Pat Summitt

A competitor continually sets new goals. He feels the need to keep raising the bar. If the first goal is to make the team, and he achieves it, he immediately resets the goal to: I want to be a starter.

~Pat Summitt

The ultimate goal of discipline is to teach self discipline.

~Pat Summitt

Nine-tenths of discipline is having the patience to do things right.

~Pat Summitt

If I was renowned as a tough coach, I also wanted to be a caring one

~Pat Summitt

Teamwork does not come naturally. Let's face it. We are born with certain inclinations, but sharing isn't one of them.

~Pat Summitt

Put the Team Before Yourself.

~Pat Summitt

I hate to sound this way but, 'Why me? Why me with dementia?'

~Pat Summitt

You spend more of the game preparing to win in the final seconds. And that is what separates winners from losers.

~Pat Summitt

With attitude, you can determine your own performance.

~Pat Summitt

Success lulls you. It makes the most ambitious of us complacent and sloppy. In a way, you have to cultivate a kind of amnesia and forget all of your previous prosperity.

~Pat Summitt

We do not win championships with girls. We win with competitors

~Pat Summitt

I want to continue to do is to help these young women be successful. .. You don't just say goodbye at the end of their playing careers and end it there.

~Pat Summitt

Sit up straight, listen and participate.

~Pat Summitt

If you want to be in the game you better shoot 75% from the line.

~Pat Summitt

You can't have any quit in you if you want to be successful.

~Pat Summitt

Make Winning an Attitude.

~Pat Summitt

Group discipline produces a unified effort toward a common goal.

~Pat Summitt

There is nothing wrong with having competitive instincts. They are survival instincts.

~Pat Summitt

Know your strengths, weaknesses, and needs.

~Pat Summitt

Losing strengthens you. It reveals your weaknesses so you can fix them

~Pat Summitt

If I aint happy, nobody's happy.

~Pat Summitt

The best way to handle responsibility is to break it down into smaller parts. Take care of one small thing at a time.

~Pat Summitt

Teamwork doesn't come naturally. It must be taught.

~Pat Summitt

I'm interested to see where a combination of faith and science will take me.

~Pat Summitt

The person, the student, the athlete, all are considered equal.

~Pat Summitt

Our emphasis is on execution, not winning.

~Pat Summitt

I didn't say a lot. I didn't throw anything. That's not my style. I did think about it though.

~Pat Summitt

If it doesn't bother you, it won't bother them.

~Pat Summitt

Setting up a system that rewards you for meeting your goals and has penalties for failing to hit your target is just as important as putting your goals down on paper.

~Pat Summitt

You have to make shots. That's the bottom line.

~Pat Summitt

See yourself as self employed.

~Pat Summitt

I don't give out compliments easily.

~Pat Summitt

Discipline is the only sure way I know to convince people to believe in themselves

~Pat Summitt

Combine practice with belief.

~Pat Summitt

Rebounding wins championships, you need to emphasize it and work with kids on it.

~Pat Summitt

I think you can challenge people, but you don't want to break people down. But you've got to sometimes just pull them aside and say, you know, you're OK but you could be better.

~Pat Summitt

I want to go to practice. I want to be in the huddles. That's me.

~Pat Summitt

I'd wake up in the morning and I would think, 'Where am I?' I'd have to gather myself.

~Pat Summitt

I learned so much from Sue about the Xs and Os of the game of basketball.

~Pat Summitt

I think I can help others just by my example.

~Pat Summitt

I've got a great staff and great support system, and I'm going to stick my neck out and do what I always do.

~Pat Summitt

I think the only thing that I really thought about, I am always every year thinking about how I can get better, how my stuff can get better, how our team can improve.

~Pat Summitt

There is not that many players that really can take over games, signed Candace Parker, I really felt like at that time that a National Championship was certainly in reach.

~Pat Summitt

I haven't ever really had a goal to break that record or catch John

Wooden.

~Pat Summitt

I mean, we're always trying to evaluate and tweak things and get better.

~Pat Summitt

I want to keep coaching as long as I can. I love teaching and working with student athletes and I love being at the University of Tennessee.

~Pat Summitt

I never ask Candace Parker if she was thinking about leaving because I never had any reason to believe she would. I just kept the focus on the team and on Candace and the role she played for us.

~Pat Summitt

I just think they were just a team that really enjoyed the process and allowed our coaching staff to enjoy the process.

~Pat Summitt

I think sometimes for me that sounds like almost being selfish. I am not about personal records.

~Pat Summitt

I think helped our players in terms of being able to fight through some adversity along the way.

~Pat Summitt

I think the most important thing I thought is, I thought about recruiting and what we need in recruiting.

~Pat Summitt

I really felt like we had to have a go to player.

~Pat Summitt

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