

# Patrick Fabian Quotes

*Thinking, Play, Jobs, Dog, Actors, Walking Meditation, Years, Trying, Careers,  
Inspiration, Important, Stars, Taken, Self, Next, Clear, Fire, Way, Giving, Player*

I have a lot of appetites and try to revel in almost everything, so inspiration can even come from a well-appointed submarine sandwich, you know?

~Patrick Fabian

I'm so blessed to have been a working actor. If they still would like to make me a superstar, I'm available, but so far, being a working actor has been great. It's taken me everywhere.

~Patrick Fabian

I think 20 years of experience really came to fruition and enabled me to be able to play Cotton Marcus.

~Patrick Fabian

It's important to feel and to be connected to your emotions, whichever way they play out.

~Patrick Fabian

I also swim four to five times a week, and once you get rolling into a rhythm of breathing and movement, your mind can truly untether, which I find so refreshing.

~Patrick Fabian

Walking my dogs twice a day provides me with an opening and closing of my day, and I've learned to use those walks for a walking meditation.

~Patrick Fabian

I think any actor will tell you that they always assume they'll never work again, so every job becomes important.

~Patrick Fabian

When jobs come up, like a low-budget film like *The Last Exorcism*, you say yes and you see where it takes you.

~Patrick Fabian

Love is hanging out at the ocean, watching my wife and little girls play in the sand. I know, I threw up a little too, but it's true.

~Patrick Fabian

You make a horror film that's not very good. You'd be joining a long line, in a long video aisle, of stuff that doesn't work.

~Patrick Fabian

This is a boyhood dream, but I've always wanted to play the sheriff. I've wanted to be in a Western, in the hat, playing the sheriff.

~Patrick Fabian

I would love to play the President. Give me the suit, give me the power, give me the oval office. That would be really fun.

~Patrick Fabian

For me, there's still plenty of ground to be covered, as I get older. It's worked out great so far. I take it one job at a time. I'll just keep my eyes toward the next job and see where it takes me.

~Patrick Fabian

At some point in my career, I was thinking, "Why am I not a star? Why am I not Brad Pitt? Why am I not Tom Cruise?"

~Patrick Fabian

Actors and preachers are people who stand up on stage and have no problem talking and they have no problem saying, "Listen to me. Follow me. I know what I'm talking about."

~Patrick Fabian

Just so we're clear, I'm not zen by any stretch of the imagination. However, what I've read about change being the only constant is a

concept that I can grab onto and have used quite a lot.

~Patrick Fabian

As much as I'd like to pretend that I'm not performing, I think any actor sometimes has themselves outside of themselves and is trying to direct themselves and control what you're seeing and thinking.

~Patrick Fabian

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