

Patrik Sinkewitz

Quotes

*Team, Issues, Next, Race, Truth Is, Believe, Telling The Truth, Heart, June,
Growth Hormones, Tunes, Hurt, Blood, Choices, Pressure, Drug, Amount, Bed,
Doubt, Feels*

Of course they were saying: No doping! But as a rider, it's difficult to believe that things can really change from one day to the next.

~Patrik Sinkewitz

The message I understood was this: Just don't get caught!

~Patrik Sinkewitz

The patient in the bed next to me told me that the newspapers were reporting on the test, and it was on television all day long.

~Patrik Sinkewitz

My mother had to justify the fact that she had heart pills.

~Patrik Sinkewitz

The truth is that things were already going so poorly for me that nothing surprised me anymore. But then the BKA sent 20 agents to search my house.

~Patrik Sinkewitz

I made a big mistake. There's no doubt about it. But there have been positive testing cases in the past where the offender wasn't attacked to quite the same extent, especially not by other riders.

~Patrik Sinkewitz

I wasn't in a position to defend myself. Sometimes it's a brutal profession. The first thing I thought of at the time was revenge. I have a more levelheaded take on the issue today.

~Patrik Sinkewitz

Riders called me up afterwards to say that they had had no other choice. I couldn't understand the way they changed their tune.

~Patrik Sinkewitz

I wouldn't call it an addiction. But the truth is, when you join a team as a

new professional you encounter a system. As a young rider, older riders let you know how the business works.

~Patrik Sinkewitz

I can count off on one hand the number of times I've used testosterone gel - because it doesn't really do much.

~Patrik Sinkewitz

I assumed the amount wouldn't be detectable. I also didn't feel that I had done anything wrong.

~Patrik Sinkewitz

The crazy thing is that I really wasn't under any pressure. My contract wasn't going to expire until the end of 2008, and everyone was satisfied with me. But I wasn't. I always wanted to improve.

~Patrik Sinkewitz

I rubbed the contents of one bag onto my upper arm on the evening of June 7, just before I went to bed. I thought: Well, it can't hurt. I flushed the packaging down the toilet.

~Patrik Sinkewitz

I stayed in Hamburg a few more days, and during that time I received a visit from Rolf Aldag, the sporting director at T-Mobile. He advised me to tell the truth.

~Patrik Sinkewitz

I spent my first two years as a professional with Mapei in Italy, on their youth team. We rode in minor races. Doping wasn't an issue. S

~Patrik Sinkewitz

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