

Pattie Mallette

Quotes

*People, Years, Needs, Suicide, Real, Helping Others, Son, Parent, Falling In
Love, Rounds, Thinking, Nowhere To Go But Up, Dad, Rocks, Medicine,
Hardest, Doctors, Vulnerable, Abusers, World*

When you hit rock bottom, you have nowhere to go but up.

~Pattie Mallette

At 3, I played an innocent game of doctor, minus the stethoscope and medicine bag.

~Pattie Mallette

To my abusers: I forgive you.

~Pattie Mallette

Those that are the hardest to love, need it the most.

~Pattie Mallette

When you get knocked down you get knocked down in Round 1 of life, there's Round 2.

~Pattie Mallette

I really want to help people. I really want to give somebody that hope that they need to keep going.

~Pattie Mallette

My spiritual high naturally dissipated. At some point you've got to come out of the clouds and live real life. Again, it's just like falling in love. The feeling of euphoria is only temporary.

~Pattie Mallette

It's hard to be vulnerable in front of the whole world because everyone's a critic.

~Pattie Mallette

I know some people need counseling but not everyone can afford it.

~Pattie Mallette

Oh my God ... YOU are real. Oh my God ... You ARE real. OH MY

GOD ... You are REAL! Oh my God ... You're really real!

~Pattie Mallette

No matter what projects I'm taking on, I want to (do) things to help other people.

~Pattie Mallette

I went through a lot of abuse and a lot of really difficult things growing up - depression, anxiety, attempted suicide.

~Pattie Mallette

One day I was 17 years old and I ended up trying to commit suicide and I ended up in the hospital. As a teenager, that was a really scary thing.

~Pattie Mallette

I think it's hard for any parent to see anything negative said or done against your child and, when you can't directly do something about it, it's hard.

~Pattie Mallette

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