

# Paula Deen Quotes

*People, Thinking, Dream, Long, Cooking, Morning, Two, Way, Want, Kids,  
Sweet, Southern, Giving, Years, Kitchen, Pie, Vegetables, Deen, Chickens,  
Hard Work*

I don't care what the haters and naysayers say. If they make jokes about me, I'll laugh because they'll probably be funny.

~Paula Deen

Life is too short to wonder where you hid your waffle maker.

~Paula Deen

I am proof that the American dream still exists.

~Paula Deen

I am proud to be a Southerner. I think Southern hospitality is very... I don't think it's just a term. I think it really exists. You can come to Savannah, and the people are so sweet and so nice.

~Paula Deen

I will never use a substitute for butter. Margarine is one molecule away from eating plastic.

~Paula Deen

Change doesn't happen overnight. It starts with the desire, then one small step in the right direction.

~Paula Deen

I was determined to share my positive approach and not let diabetes stand in the way of enjoying my life.

~Paula Deen

Growing up, I had a very busy social life. It wasn't until I was a sophomore in high school that I asked Mama if I could come into the kitchen and have her teach me how to cook something.

~Paula Deen

I don't want to spend my life not having good food going into my pie hole. That hole was made for pies.

~Paula Deen

Down South, even our vegetables have some pig hidden somewhere in it. A vegetable isn't a vegetable without a little ham hock.

~Paula Deen

A balanced diet is a cookie in both hands.

~Paula Deen

I think no matter what the occasion may be, you can never go wrong by showing up at the dinner table with a hot plate of fried chicken.

~Paula Deen

Onions and bacon cooking up just makes your kitchen smell so good. In fact, one day I'm going to come up with a room deodorizer that smells like bacon and onions. It's a fabulous smell.

~Paula Deen

Bein' rich is having leftovers. Good leftovers make yo' tongue fly outta yo' mouth and smack yo' brains out.

~Paula Deen

You can have diabetes and have a piece of cake. You cannot have diabetes and eat a whole cake.

~Paula Deen

I'm making little changes in my life to take care of myself, like putting in a mile or two on my treadmill every day.

~Paula Deen

You know, nobody can ever cook as good as your mama.

~Paula Deen

You don't want to make a steady diet of just lettuce. You don't want to

make a steady diet of fried chicken.

~Paula Deen

Talking about money is garish. It's tacky.

~Paula Deen

I feel like 'embattled' or 'disgraced' will always follow my name. It's like that black football player who recently came out.

~Paula Deen

You know, I understand that a lot of people, especially up north, put fruits and nuts in their stuffing, which is good, but for myself personally, I love an old-timey savory dressing.

~Paula Deen

I am living proof that the American dream still exists. It is still alive and well. There is only one trick, you have to be willing to roll up your sleeves and work very, very hard.

~Paula Deen

Everyday you wake up on the right side of the dirt is a good one.

~Paula Deen

Southerners have never been afraid of seasoning. It's kind of the other way around; our seasoning is afraid of us.

~Paula Deen

Love is blind, but marriage is a real eye-opener.

~Paula Deen

I is what I is, and I'm not changing.

~Paula Deen

I know I can cook, but the place where I cook... it's a mess! I'm very

disorganized.

~Paula Deen

I believe that everyone should be treated equal, that's the way I was raised and that's the way I live my life.

~Paula Deen

Chicken breast is the driest, [most] tasteless part of the chicken as far as I'm concerned.

~Paula Deen

I love Hershey's chocolate. I feel the same about chocolate as I do about wine. Connoisseurs like dark chocolate and they like nasty wine that doesn't taste good to me. I don't get it!

~Paula Deen

We are our brothers keeper. Its going to be up to all of us.

~Paula Deen

There's nothing better than being able to give your children wings so they can soar and fly in the direction they want to go in.

~Paula Deen

Cooking has always brought me a happiness that I didn't think was available. I just fire up the stove, and things start to fade away.

~Paula Deen

It's just what they are â€” they're jokesâ€”most jokes are about Jewish people, rednecks, black folksâ€”I can't determine what offends another person.

~Paula Deen

I'm more spiritual than I am religious. I don't go to church; I go to the beach.

~Paula Deen

I have a lot of secret uses for sour cream, which is the magic ingredient in my mac and cheese. It's an old-timey, Southern version, and the sour cream makes it that much creamier. Oh, it's so good!

~Paula Deen

I'll keep peace at all cost, even if I choke to death on my tongue.

~Paula Deen

There's not one food that causes diabetes. What causes Type II diabetes is being overweight... I've just come to grips, over the past four or five months, with my diabetes.

~Paula Deen

Having an audience is almost like plugging me into an electrical outlet. People feed me so much of their energy. We have a great time. It's all about the fellowship.

~Paula Deen

I really didn't have an interest in being in the kitchen until after I was married, when I was 18. It didn't take me long to realize that Mama was not going to show up at my house every day and cook.

~Paula Deen

You can't make stuffing with sweet cornbread.

~Paula Deen

I've got two vices: cigarettes and taters.

~Paula Deen

You know, not everybody can afford to pay \$58 for prime rib or \$650 for a bottle of wine. My friends and I cook for regular families who worry about feeding their kids and paying the bills.

~Paula Deen

It's amazing how good getting up and moving makes you feel.

~Paula Deen

You never know who you will meet along life's journey. You have to be open to risks, but calculated risks, open to winning.

~Paula Deen

Love is like smiling, it never fades and is contagious.

~Paula Deen

There's so much going on. I almost never have a moment.

~Paula Deen

On my show I share all these yummy, fattening recipes, but I tell people, in moderation, in moderation. You can have that little piece of pie.

~Paula Deen

I can't, myself, determine what offends another person.

~Paula Deen

Would I have fired me? Knowing me? No.

~Paula Deen

People see me on TV two and three times a day, and see me cooking all these wonderfully Southern, fattening dishes. That's only 30 days out of 365. And it's for entertainment.

~Paula Deen

I am guilty of buying way too many gadgets - way too many! And though I try to keep things nice and orderly, sometimes I get distracted and stick saucepans where the stockpots should go.

~Paula Deen

I am proud to be a Southerner.

~Paula Deen

If you have a dream, FOLLOW IT.

~Paula Deen

If you've got a good idea and you're willing to do whatever it takes to pursue it, keep your head up and eyes open because you don't know when opportunity will come knocking.

~Paula Deen

I'm so thankful. God has been so good and generous.

~Paula Deen



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