

# Paula Patton Quotes

*People, Thinking, Comedy, World, Character, Way, Photography, Looks, Trying,  
Jobs, Healthy, Appreciate, Important, Two, Cell Phone, Eating Disorder, Light,  
Heart, Easy, Home*

No matter how you look, we all hurt the same, cry the same, and feel joy the same.

~Paula Patton

I'm an extremist. Either I'm being healthy and organic, or I want a big, juicy In-N-Out burger, I want it all now! It sure makes me happy.

~Paula Patton

The older I get, the more I accept and appreciate myself.

~Paula Patton

Becoming a mother is the best thing that's happened to me.

~Paula Patton

If you have the capacity to love, you have the capacity to love anyone.

~Paula Patton

I try not to have too many opinions; I just marvel at the world we live in.

~Paula Patton

I'm black because that's the way the world sees me.

~Paula Patton

When people have eating disorders, they can't actually see what they truly look like because they're so clouded with their emotions.

~Paula Patton

The deeper you dig, the bigger the possibility that something could happen.

~Paula Patton

I don't try to intellectualize characters too much. But I always think of the audience. I always make sure that my characters are likeable.

~Paula Patton

Sometimes I do yoga, sometimes it's kickboxing, sometimes it's weight training, sometimes it's Pilates.

~Paula Patton

I think the age we're living in is starting to get scary.

~Paula Patton

I really appreciate and respect the audience. People pay their hard-earned money to go watch you, so I feel like it's my job to give 100,000% of myself to what I'm doing.

~Paula Patton

I'm a physical person. That's why I like action movies. I like to get real into it all, and get real down and dirty.

~Paula Patton

I always like the physical comedy because I actually do a lot of it in my own life, but not on purpose. I am the klutziest person on the planet. It's easy for me.

~Paula Patton

If you're an actress and even one person knows your name, you're lucky.

~Paula Patton

Comedy is not supposed to be funny. Its supposed to tell the truth and then that's funny.

~Paula Patton

I realized that what we do as professions affects how we act as people, big-time.

~Paula Patton

A movie is painting, it's photography, it's literature - because you have

to have the screenplay - it's music. Put a different soundtrack to a comedy and it's a tragedy.

~Paula Patton

When you're in your own body, you don't feel great about yourself. I don't think of myself that way.

~Paula Patton

I feel like movies should stick to a genre and give the audience what they want, and then surprise them with the unexpected, and not just do the same thing you've always seen.

~Paula Patton

You just can't take yourself too seriously, especially in comedy.

~Paula Patton

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