

# Percy Cerutti

## Quotes

*Running, Training, Sports, Motivational, People, Inspirational Running, Men, Inspirational, Fitness, Self, Reality, Home, Mad, Know How, Ideas, Talking, Endurance, Important, Runners, Winning*

Hard things take time to do. Impossible things take a little longer.

~Percy Cerutti

Run hard, be strong, think big!

~Percy Cerutti

Vincit qui patitur: he conquers, who endures.

~Percy Cerutti

To be great, one does not have to be mad, but definitely it helps.

~Percy Cerutti

Runners don't run with their legs, they run ON their legs. In reality, they run with their Arms!

~Percy Cerutti

Thus I urge you to go onto your greatness if you believe it is in you. Think deeply and separate what you wish from what you are prepared to do.

~Percy Cerutti

Endurance? You've only got to get out there and do it. Face up to it: man was meant to run.

~Percy Cerutti

Pain is the purifier. Love pain. Embrace pain.

~Percy Cerutti

Great people and great athletes realize early in their lives their destiny, and accept it. Even if they do not consciously realize the how, the where, the what.

~Percy Cerutti

If it hurts, make it hurt more.

~Percy Cerutti

The mastery of the true self, and the refusal to permit others to dominate us, is the ultimate in living and self-expression in athletics.

~Percy Cerutti

Let the smokers and the gluttons die... and leave the living to us who know how to use it.

~Percy Cerutti

I'm not interested in athletics, I'm only interested in achievement. Fix your goal and work for it.

~Percy Cerutti

If you die, I will bury you in the sandhills with all the other runners.

~Percy Cerutti

While a man is racing he must hate himself and his competitors.

~Percy Cerutti

If the coach cannot do it, he cannot 'teach' it-only talk about it.

~Percy Cerutti

The introduction of resistance in form of sand and hill is too important to be ignored.

~Percy Cerutti

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