

Peter Shepherd Quotes

*Wisdom, Reality, Love Is, Motivation, Acceptance, Success, Creativity,
Emotional, Spirituality, Self, Spring, Happiness, Mindfulness, Liquid, Spiritual,
Integrity, Perspective, Relationship, People, Knowing*

Healing comes from taking responsibility: to realize that it is you - and no one else - that creates your thoughts, your feelings, and your actions.

~Peter Shepherd

Talk to yourself in two languages - what do I fear and what do I love - in order to balance the body and the soul.

~Peter Shepherd

There's no beauty that you could perceive or create if it were not already within you.

~Peter Shepherd

With fear, possessiveness enters the picture, then jealousy rears its ugly head. Jealousy is the opposite of desiring life and freedom of choice for one's partner.

~Peter Shepherd

Communication is the solvent of all problems and is the foundation for personal development.

~Peter Shepherd

It's never too late to change the programming imprinted in childhood, carried in our genes or derived from previous lives; the solution is mindfulness in the present moment.

~Peter Shepherd

Survival is for the human animal; fear the motivation. For the spiritual being survival is irrelevant. Curiosity, compassion and creativity are the name of the game; unconditional love the motivation.

~Peter Shepherd

Creativity reduces instinctual tension, it fuses pleasure with reality, and satisfies the libido.

~Peter Shepherd

A relationship based on people-pleasing is unbalanced and an unnecessary sacrifice of integrity, that will eventually break down.

~Peter Shepherd

Love is unconditional acceptance. That quality is also our essential nature, who we really are.

~Peter Shepherd

God is the mind that imagines physical reality. We are each like a cell in that mind.

~Peter Shepherd

God experiences Life through each of us, and we experience Life thanks to God.

~Peter Shepherd

Transformation occurs when existing solutions, assumed truths and past decisions are exposed as unrealistic and self-defeating.

~Peter Shepherd

I believe you can have a much better life if you are true to your core self, and therefore guided by love and intuitive inner knowing.

~Peter Shepherd

Truth is multi-dimensional; it depends on the perspective you view from.

~Peter Shepherd

Tears are liquid love.

~Peter Shepherd

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