

Phil Cousineau Quotes

*Journey, Heart, Soul, Creativity, Believe, Light, Powerful, Sacred, Myth,
Practice, Home, Inspiration, Destiny, Moving, Lying, Ideal Life, Pages, May,
Answers, Ancient*

Pilgrimage is a powerful metaphor for any journey with the purpose of finding something that matters deeply to the traveler.

~Phil Cousineau

That which you are looking for may be calling you to seek.

~Phil Cousineau

Inspiration comes and goes, creativity is the result of practice.

~Phil Cousineau

What is sacred is what is worthy of our reverence, what evokes awe and wonder in the human heart, and what, when contemplated, transforms us utterly.

~Phil Cousineau

Inspiration is a message-in-a-bottle from the distant shore, a window into the other world, a tap of the muse's finger, the grace of the gods. It comes when you least expect it.

~Phil Cousineau

In each of us dwells a pilgrim. It is the part of us that longs to have direct contact with the sacred.

~Phil Cousineau

The pilgrim is a poetic traveler, one who believes that there is poetry on the road, at the heart of everything.

~Phil Cousineau

There is an unknown room in the soul that is constantly turning the stuff of daydreams into myths for us, helping us to get at meaning we can't get to through the front door.

~Phil Cousineau

Step by step, a path; stone by stone, a cathedral,' my great-grandfather

used to say.

~Phil Cousineau

We travel as seekers after answers we cannot find at home

~Phil Cousineau

We travel as seekers after answers we cannot find at home, and soon find that a change of climate is easier than a change of heart.

~Phil Cousineau

The creative urge matters. Stories matter. Images matter. It matters that you were born with a genius, a guiding spirit, a daimon that may know more about your destiny than you do.

~Phil Cousineau

Myths are experienced in ordinary life, as everyday epiphanies.

~Phil Cousineau

Who knows why some words ignite the hearts of some readers while others are like wet matches that won't light.

~Phil Cousineau

Synchronicity is an inexplicable and profoundly meaningful coincidence that stirs the soul and offers a glimpse of one's destiny.

~Phil Cousineau

True myths, ancient and modern, stop time because they emerge from somewhere beyond time.

~Phil Cousineau

Myths are lies that tell the truth.

~Phil Cousineau

Uncover what you long for and you will discover who you are.

~Phil Cousineau

The mythic is everywhere.

~Phil Cousineau

Now is the time to lead your ideal life.

~Phil Cousineau

What every traveler confronts sooner or later is that the way we spend each day of our travel...is the way we spend our lives.

~Phil Cousineau

Our task in life is to find our deep soul work and throw ourselves headlong into it.

~Phil Cousineau

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