

# Phil Keoghan Quotes

*People, Thinking, Needs, Stories, Opportunity, Kids, Want, Country, Goal,  
School, Jobs, America, Inspire, Ideas, Underdog, Assumption, Population,  
Energy, Get Better, Live Life*

La Paz, Bolivia, is the most extraordinary city.

~Phil Keoghan

The world is waiting for you. Good luck. Travel safe. Go!

~Phil Keoghan

With any good story, you need the adversary, the heroes and villains. You need a good mixture to make it work.

~Phil Keoghan

I love stories. When I tell a story, I try to think of people sitting around a crackling campfire.

~Phil Keoghan

I love underdogs, people who have achieved extraordinary things against the odds.

~Phil Keoghan

Riding a bicycle is about getting back to basics. It's good for the waistline and it's good for the wallet, is what I'm saying.

~Phil Keoghan

I do believe that out of adversity comes incredible resourcefulness.

~Phil Keoghan

We have a gift of life. What we do with that gift is dependent on the choices we make. The people who we spend time with. The things that we go out to do every day.

~Phil Keoghan

There are times where you can't always get paid to do the things you really want to do. What really epitomizes your dream job is the job that pays you to do what you want to do.

~Phil Keoghan

I love to be challenged because I'm wrong a lot of the times.

~Phil Keoghan

All of us make assumptions about what somebody's potential is, because we all think of why somebody can or can't do something. We make terrible assumptions.

~Phil Keoghan

I love the underdog stories. I love people who refuse to give up.

~Phil Keoghan

I've always been about setting goals. Then when I had a near death experience at nineteen, it made it even more important to strive to achieve certain things.

~Phil Keoghan

Our schools are filled with this potential energy, and we need to create an environment for that energy to manifest itself.

~Phil Keoghan

I'm a big fan of human dynamics. Nothing fascinates me more than really interesting people and human dynamics.

~Phil Keoghan

We need diversity in our population to make it work.

~Phil Keoghan

If you look around my room, you see lots of lists. I'm inspired by what's up on the wall.

~Phil Keoghan

At the end of the day, we're all judged by those we leave behind.

~Phil Keoghan

There are amazing teachers, but the system doesn't always allow them to address the individual needs of a child.

~Phil Keoghan

Schools often box kids into predefined categories. But we don't know what amazing ideas, inventions, cures, and contributions all these youths really have.

~Phil Keoghan

People ask me what the most important thing to take on the race is, and I always say it's a sense of humor. If you've got nothing but a sense of humor, you will survive.

~Phil Keoghan

Inevitably you're going to be delayed somewhere. Always have a book. Always have a movie. Always have a notebook. And then always have a sense of humour.

~Phil Keoghan

There's a sameness and comfort level you get living in a country like America.

~Phil Keoghan

I really wish we could stay longer in the countries we visit, but I've been lucky to have visited most of them before, because I've done a tremendous amount of travel.

~Phil Keoghan

After more than twenty-five years in television, there are days when I feel like I'm just beginning, because I'm learning new things. I want to be better all the time.

~Phil Keoghan

Where we really effect change, in terms of creating a passionate work

force, is by listening to kids early.

~Phil Keoghan

When I hear people watched my film and then got on their own bikes and rode, whether a few miles or across America, to achieve their own goals - that excites me. It's the power of a story.

~Phil Keoghan

I try to encourage people to identify the things in life that they really want to do, so that over a period of time they can design or steer their life towards those things.

~Phil Keoghan

A good storyteller can hold everybody captive without the special effects of Hollywood.

~Phil Keoghan

I'm driven by telling stories, I love telling stories.

~Phil Keoghan

Stories have inspired me all my life. I like reading about what other people have done and it inspires me to share my own stories, and encourage people to make their own life stories.

~Phil Keoghan

I'm all about nonfiction. I rarely read fiction. I like to read about things that really happened, facts, real life situations. That's what inspires me.

~Phil Keoghan

I'm not saying that you shouldn't go to college or you shouldn't finish your degree, but sometimes people have a very clear vision about what they want to do, and they just want to get on with it.

~Phil Keoghan

Anything new and different is most susceptible to market research.

~Phil Keoghan

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