

# Philip Zimbardo

## Quotes

*People, Evil, Hero, Powerful, Kids, Believe, Thinking, Class, Shy, Past, Mean, Matter, Psychology, Research, Situation, Sacrifice, Time, Purpose, Thoughtful, Motivation*

Academic success depends on research and publications.

~Philip Zimbardo

Heroes are Ordinary People whose social action is Extra-Ordinary/ who ACT when others are passive, who give up EGO-centrism for SOCIO-centrism.

~Philip Zimbardo

The line between good and evil is permeable and almost anyone can be induced to cross it when pressured by situational forces.

~Philip Zimbardo

Bullies may be the perpetrators of evil, but it is the evil of passivity of all those who know what is happening and never intervene that perpetuates such abuse.

~Philip Zimbardo

To be a hero you have to learn to be a deviant "because you're always going against the conformity of the group.

~Philip Zimbardo

The world is, was, will always be filled with good and evil, because good and evil is the yin and yang of the human condition.

~Philip Zimbardo

If you want to change a person, you've got to change the situation.

~Philip Zimbardo

Heroes are those who can somehow resist the power of the situation and act out of noble motives, or behave in ways that do not demean others when they easily can.

~Philip Zimbardo

Evil is knowing better, but willingly doing worse.

~Philip Zimbardo

If you put good apples into a bad situation, you'll get bad apples.

~Philip Zimbardo

Our time is brief, and it will pass no matter what we do. So let us have purpose in spending it. Let us spend it so that our time matters to each of us, and matters to all those whose lives we touch.

~Philip Zimbardo

At North Hollywood High School, I was shunned by everyone. I would sit down in the cafeteria, and students would get up from the table and walk away. They thought I was from the Mafia...

~Philip Zimbardo

The greatest gift that you can give to others and to yourself is time. Embrace the gift of time whether you give it or receive it.

~Philip Zimbardo

Time matters because we are finite, because time is the medium in which we live our lives.

~Philip Zimbardo

I've always been curious about the psychology of the person behind the mask. When someone is anonymous, it opens the door to all kinds of antisocial behavior, as seen by the Ku Klux Klan.

~Philip Zimbardo

Situational variables can exert powerful influences over human behavior, more so that we recognize or acknowledge.

~Philip Zimbardo

Prejudice and discrimination have always been a big part of my life. When I was 6, I got beat up and called dirty Jew boy because they

thought I looked Jewish.

~Philip Zimbardo

Depending on whom you ask, time is money, time is love, time is work, time is play, time is enjoying friends, time is raising children, and time is much more. Time is what you make of it.

~Philip Zimbardo

The Devil's strategy for our times is to trivialize human existence and isolate us from one another while creating the delusion that the reasons are time pressures, work demands or economic anxieties.

~Philip Zimbardo

Human behavior is incredibly pliable, plastic.

~Philip Zimbardo

After doing psychology for half a century, my passion for all of it is greater than ever.

~Philip Zimbardo

Sticks and stones can break your bones, but names can kill you.

~Philip Zimbardo

While no one can change events that occurred in the past, everyone can change attitudes and beliefs about them.

~Philip Zimbardo

Careers in virtually all academic disciplines are fostered by being a superstar who knows more about one subject than anyone else in the world.

~Philip Zimbardo

The level of shyness has gone up dramatically in the last decade. I think shyness is an index of social pathology rather than a pathology of

the individual.

~Philip Zimbardo

Being hurt personally triggered a curiosity about how such beliefs are formed.

~Philip Zimbardo

There are no limits to what I would do to make my classes exciting, interesting, unpredictable.

~Philip Zimbardo

The Stanford prison experiment came out of class exercises in which I encouraged students to understand the dynamics of prison life.

~Philip Zimbardo

That human behavior is more influenced by things outside of us than inside. The situation is the external environment. The inner environment is genes, moral history, religious training.

~Philip Zimbardo

Societal expectations matter little; personal expectations matter tremendously.

~Philip Zimbardo

Research shows that the decisions of a group as a whole are more thoughtful and creative when there is minority dissent than when it is absent.

~Philip Zimbardo

The line between good and evil is movable and it's permeable.

~Philip Zimbardo

Time perspective is one of the most powerful influences on all of human behavior. We're trying to show how people become biased to being

exclusively past-, present- or future-oriented.

~Philip Zimbardo

Ideas for my first experiments in human aggression came from discussions we had in a research seminar about William Golding's 'Lord of the Flies.'

~Philip Zimbardo

I started studying shyness in adults in 1972. Shyness operates at so many different levels. Out of that research came the Stanford shyness clinic in 1977.

~Philip Zimbardo

I've always been curious about the psychology of the person behind the mask.

~Philip Zimbardo

Bullies are often people who are shy and can't make friends easily, so, as the theme of the movie 'A Bronx Tale' tells us, it is better to be feared if you can't be loved.

~Philip Zimbardo

It was God who created hell as a place to store evil. He didn't do a good job of keeping it there though.

~Philip Zimbardo

One can't live mindfully without being enmeshed in psychological processes that are around us.

~Philip Zimbardo

Bullying is an evil because it not only destroys the life of the kid who's bullied, but also makes everyone in the class who knows this is going on feel guilty for not doing anything.

~Philip Zimbardo

Companies that model best practices, that model the most upstanding principles, end up as the most profitable. It's not a trade of profits versus principles.

~Philip Zimbardo

Mama, humanity is my business.

~Philip Zimbardo

Heroism is the antidote to evil.

~Philip Zimbardo

Time is the backdrop of our lives and the very fabric of the cosmos.

~Philip Zimbardo

What happens when good people are put into an evil place? Do they triumph or does the situation dominate their past history and morality?

~Philip Zimbardo

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