

# Pierre de Coubertin

## Quotes

*Sports, Games, Effort, Men, Olympic Spirit, Olympics, Generations, Winning, Leadership, People, Individual, Humanity, Mind, Religious, Things In Life, Fighting, White, Life, World, Thinking*

The most important thing in the Olympic Games is not winning but taking part; the essential thing in life is not conquering but fighting well.

~Pierre de Coubertin

The heart of our problem is the selfishness in our heart. The human spirit soars with hope when lifted by an encouraging word. The important thing in life is not the triumph but the struggle.

~Pierre de Coubertin

The Olympic Spirit is neither the property of one race nor of one age.

~Pierre de Coubertin

A better world could be brought about only by better individuals.

~Pierre de Coubertin

Olympism seeks to create a way of life based on the joy found in effort, the educational value of a good example and respect for universal fundamental ethical principles.

~Pierre de Coubertin

For each individual, sport is a possible source for inner improvement

~Pierre de Coubertin

Olympism... exalting and combining in a balanced whole the qualities of body, mind and will.

~Pierre de Coubertin

The important thing in life is not victory but combat; it is not to have vanquished but to have fought well.

~Pierre de Coubertin

Winning medals wasn't the point of the Olympics. It's the participating that counts.

~Pierre de Coubertin

The essential thing in life is not so much conquering as fighting well.

~Pierre de Coubertin

All sports for all people.

~Pierre de Coubertin

The six colors, including the white background, represent the colors of all the world's flags ... this is a true international emblem.

~Pierre de Coubertin

The strength of Olympism comes to it from that which is simply human, hence worldwide is its essence.

~Pierre de Coubertin

The Olympic Games are for the world and all nations must be admitted to them.

~Pierre de Coubertin

The Olympic Games were created for the exhaltation of the individual athlete.

~Pierre de Coubertin

Racial distinctions should not play a role in sport.

~Pierre de Coubertin

Swifter, higher, stronger.

~Pierre de Coubertin

Olympism is not a system - it is a state of mind. This state of mind has emerged from a double cult: that of effort and that of Eurythmy - a taste of excess and a taste of measure combined.

~Pierre de Coubertin

Festival of the impassioned efforts and manifold ambitions of all forms

of youthful activity of every generation springing from the threshold of life.

~Pierre de Coubertin

Sport is part of every man and woman's heritage and its absence can never be compensated for.

~Pierre de Coubertin

The important thing in life is not the triumph but the struggle.

~Pierre de Coubertin

Holding an Olympic Games means evoking history.

~Pierre de Coubertin

The Olympic Games are the quadrennial celebration of the springtime of humanity.

~Pierre de Coubertin

The important thing is that all stages from adolescent to mature man, work is done to spread the sporting spirit.

~Pierre de Coubertin

The essential thing is not to have conquered but to have fought well.

~Pierre de Coubertin

A country can truly call itself sporting when the majority of its people feel a personal need for sport.

~Pierre de Coubertin

Sport must be accessible to working class youth.

~Pierre de Coubertin

In no way can sport be considered a luxury object.

~Pierre de Coubertin

In the Olympic Oath, I ask for only one thing: sporting loyalty.

~Pierre de Coubertin

Success comprises in itself the seeds of its own decline and sport is not spared by this law.

~Pierre de Coubertin

The Olympic Movement gives the world an ideal which reckons with the reality of life, and includes a possibility to guide this reality toward the great Olympic Idea.

~Pierre de Coubertin

Sport must be the heritage of all men and of all social classes.

~Pierre de Coubertin

Olympism is a doctrine of the fraternity between the body and the soul.

~Pierre de Coubertin

All sports must be treated on the basis of equality.

~Pierre de Coubertin

I therefore think that I was right in trying from the outset of the Olympic revival to rekindle a religious awareness.

~Pierre de Coubertin

Sport is the habitual and voluntary cultivation of intensive physical effort.

~Pierre de Coubertin

The Olympic Games are not just ordinary world championships but a quadrennial festival of universal youth. . . celebrated by each succeeding generation as it arrives on the threshold of adulthood.

~Pierre de Coubertin

For me sport was a religion... with religious sentiment.

~Pierre de Coubertin

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