Song, Writing, Pain, Trying, Feelings, World, Conflict, Something Better,
Instinct, Up Early, Problem, Games, Naked, Creative, Morning, Piano, Leap Of
Faith, Hopeless, Brain, Lessons

So for those of you falling in love, Keep it kind, keep it good, keep it right. Throw yourself in the midst of danger, But keep one eye open at night.

~Rachael Yamagata

My own brain. When I get it out of the way, I'm fine.

~Rachael Yamagata

Love could solve everything.

~Rachael Yamagata

I once heard someone doing a karaoke version of my song. That was pretty funny.

~Rachael Yamagata

My breaking heart and I agree, that you and I could never be, so with my best...my very best, I set you free

~Rachael Yamagata

There's something about [pain] that excites me. If I'm feeling really awful about something, it's because I haven't experienced it before. There's something I need to learn from it.

~Rachael Yamagata

I'm a big believer that there's a reason for everything. I'm a hopeless optimist.

~Rachael Yamagata

Follow your instincts, and handle all with respect and diplomacy.

~Rachael Yamagata

Everyone is more than what you see on the cover; we all run deep and have our story.

~Rachael Yamagata

I wish you health, and more than wealth, I wish you love

~Rachael Yamagata

I used to find places in high school and college, empty rooms or spaces with pianos. Instead of going to a party, I'd play alone for hours. It became my buddy.

~Rachael Yamagata

Writing and performing are to me what water and movement are to sharks.

~Rachael Yamagata

Hopefully, my tears are worth something to the outside world.

~Rachael Yamagata

I treasure my mornings. I get up early and ignore everything work-related for the first few hours. It's just me and my coffee addiction.

~Rachael Yamagata

I immediately target sadness and conflict and disruption in life.

~Rachael Yamagata

What tries to break us is endlessly fascinating to me. Joy is a whole different game to express.

~Rachael Yamagata

I do have faith that something better is always coming for you.

~Rachael Yamagata

I'm addicted to the dynamics of relationships whether they be in love, work, between strangers on the streets, or in the world in general.

~Rachael Yamagata

People who know my music think I'm the most depressed girl on the planet.

~Rachael Yamagata

Flute was actually my first instrument. I had a year of lessons and then stopped after feeling like I was going to faint all of the time.

~Rachael Yamagata

I wrote my first song when I was twelve on the piano.

~Rachael Yamagata

Conflict is a great thing to start with. For me as a songwriter, I am constantly trying to solve problems.

~Rachael Yamagata

I can sit and dissect for hours, and then write 50 songs about. I always find that inspiring.

~Rachael Yamagata

I don't really usually write sort of a cheerleader-type lyric.

~Rachael Yamagata

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