

# Rachel McAdams

## Quotes

*Thinking, People, Character, Running, Growing Up, Actors, Way, Real, World, Art, Kids, Important, Book, Fun, Doctors, House, Strange, Home, Guy, Mean*

I've discovered as I've grown up that life is far more complicated than you think it is when you're a kid. It isn't just a straightforward fairytale.

~Rachel McAdams

I drink maple syrup. Then I'm hyper so I just run around like crazy and work it all off.

~Rachel McAdams

I'm not an amazing cook, but I can follow a recipe.

~Rachel McAdams

I personally think you can have a really rich and full life with no abs. Abs are for wimps.

~Rachel McAdams

I have a certain curiosity for life that drives me and propels me forward.

~Rachel McAdams

I've been given lots of great advice, in my life. As an actor, just being as honest and as present as you can be.

~Rachel McAdams

Running through airports with pounds of luggage - that's a good workout.

~Rachel McAdams

I can be quite surprised by what makes me cry, but it's usually spiritual things.

~Rachel McAdams

You know when you find a great dress, you've gotta hold on to it.

~Rachel McAdams

We were there [ in the newsroom] through the elections [2008] so it was

quite a frenzy going on. The other thing I learn is that journalists are very messy.

~Rachel McAdams

I loved superhero stuff. So comfortable, I got to wear like orthopedic running shoes every day.

~Rachel McAdams

I do have a side of me that would just love to be stuck in the woods and have to stick it out and be really resourceful.

~Rachel McAdams

A friend of mine had this great theory about the Teletubbies, that it's preparing us for being mindless. And getting us ready for living in an underground world. That's why the scenery is so flat.

~Rachel McAdams

I would like to be invisible because I'd love to go into people's houses and see their interior decorating.

~Rachel McAdams

Chemistry is so important in a great kiss. You can act your way through anything, but it's hard with a kiss.

~Rachel McAdams

During a movie, chemistry is so important, and yet they just assume actors can fake their way through it. That doesn't always work.

~Rachel McAdams

You really don't have a life when you're working. I always think "oh, I'm gonna see everybody on my days off. I'm gonna read so many books and see so many films" and then three months go by.

~Rachel McAdams

I was a little jealous of the levitation cloak but I was happy to be comfortable [on Doctor Strange set].

~Rachel McAdams

I'm a little funny when it comes to blood and guts and stuff like that.

~Rachel McAdams

Often with film, I find that you're just really getting to know a person. They're just starting to sink in, and then you wrap the film.

~Rachel McAdams

The physical part of comedy is as hard as a lot of action movies. It scares me, but in a way that I like.

~Rachel McAdams

I've always liked dressing up. And I love a high heel - the higher the better. I just feel funny in flats.

~Rachel McAdams

There's no one who's ever been significantly in my life for whom I don't have a sort of tenderness because they helped to shape who I am.

~Rachel McAdams

I find it's a very positive movement and something you can do every day in little ways. Our philosophy on the website ([www.greenissexy.org](http://www.greenissexy.org)) is not to have green guilt, do what you can.

~Rachel McAdams

I've had heartbreaking auditions where they don't even look at you. You're out before you're in.

~Rachel McAdams

I'm very silly as a person, but quality silliness on-screen has more of an art to it. Harrison Ford, whom I was in Morning Glory with, has

mastered that dry funny better than anyone.

~Rachel McAdams

New York is so full of the best unemployed actors on the planet.

~Rachel McAdams

I loved being a part of [Dr. Strange] it so of course you know I would be more than happy to go forward with it. But you know, who knows.

~Rachel McAdams

I hadn't read the Dr. Strange comics growing up.

~Rachel McAdams

It was just great to be in such great hands [of the Marvel Universe].

~Rachel McAdams

I would fly around a lot. I would fly around the world.

~Rachel McAdams

I guess I'm an actor - just human behaviour's just fascinating to me. I mean, I'd like to be.

~Rachel McAdams

Russell Crowe is very committed at getting it right but at the same time, he likes to have fun.

~Rachel McAdams

Russell Crowe likes to tell jokes, which I can't. I can't remember a joke to save my life. I don't have a brain for it.

~Rachel McAdams

I think I kind of grew up with that a little bit and have great admiration for people who do [medical practice] for a living and who are real empaths. So I suppose I drew on - , from my mom a bit.

~Rachel McAdams

My mom's a nurse so I'd kind of grown up with, around medicine which is probably why I became an actress instead.

~Rachel McAdams

I didn't get my first pilot that I screen-tested for, and I really thought it was the end of the world. But it's fine, you know, you move on to something else.

~Rachel McAdams

Would I rather be dental floss or a toothbrush? is that a question? Um, I would actually rather be floss, I think, if I was using me. Because I don't really floss enough.

~Rachel McAdams

I always wish I could go back and see the people that I love as children.

~Rachel McAdams

I really like having a life outside work. I sometimes wish I did more career stuff and was in that Hollywood scene a bit more. But Toronto's my home.

~Rachel McAdams

If I hurt someone, if I were to accidentally poke someone's eye out, I would laugh. And then I'd say, 'I'm sorry, I really do feel bad,' but then I'm on the floor rolling.

~Rachel McAdams

I do think having a mother as a nurse who's a very kind of compass - , she's so compassionate and she really unfortunately would take her work home with her sometimes.

~Rachel McAdams

You know, I have some issues. But I just love to play different characters all the time, and I try not to repeat myself too much.

~Rachel McAdams

My mother never put an emphasis on looks. She let us grow up on our own time line. She never forced any beauty regimen into my world.

~Rachel McAdams

You know, like high heels are not - , you know the older you get the harder it is to wear them.

~Rachel McAdams

I'm waiting for them to make 'Thundercats'. I would love to be Cheetara.

~Rachel McAdams

Growing up I had a real disconnect with the planet.

~Rachel McAdams

I think they [Judy Blume comics] are so different from the Dr. Strange ones are so different from the other, from the other comics which is nice.

~Rachel McAdams

I was kind of reading you know Judy Blume and stuff like that. But yeah, but I've since educated myself.

~Rachel McAdams

The Washington Post was interesting because it's such a politically minded newspaper.

~Rachel McAdams

I think people are wise to keep love and work separate.

~Rachel McAdams

I learn that you can work really hard and still have a great time. That is part of Russell Crowe philosophy.

~Rachel McAdams

I feel like I'm going backwards, actually, as I get older. I'm regressing. I feel more and more like a kid, which is kind of a fun feeling.

~Rachel McAdams

You have to be really open to your acting partners and believe in the story.

~Rachel McAdams

Selfishly I'd like to have invisibility because I've always wanted to go into other people's houses and see what they look like and just watch them interact.

~Rachel McAdams



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