

Rachele Brooke Smith

Quotes

People, Believe, Art, Dream, Helping Others, Want, Artist, Inspire, Basketball, Kind, Skills, Thinking, Grew Up, Hero, School, Challenges, Obesity, Auditions, Fun, Dieting

Never allow yourself to break, and always remain unbreakable.

~Rachele Brooke Smith

I don't think people realize that what we eat and your stress levels impact the way that you look. Not just your body, but your face and your overall well-being.

~Rachele Brooke Smith

Every new skill you learn, every adventure you go on, every new thing you try, it only makes you a better artist.

~Rachele Brooke Smith

I never wear matching socks. It's kind of a thing that I have!

~Rachele Brooke Smith

I also think there's something about dance, music and the arts that transcends all other types of communication and expression.

~Rachele Brooke Smith

I feel so blessed to get to live out my dreams, and I want to help others live theirs.

~Rachele Brooke Smith

As an actress, you get to basically be your character.

~Rachele Brooke Smith

There are so many people I look up to and I try to watch some sort of video or interview every day, with an artist who does inspire me.

~Rachele Brooke Smith

I have always been interested in giving back, and I wouldn't want to know a life without giving.

~Rachele Brooke Smith

Ever since I was young, I have wanted to help others live happy, healthy, fulfilling lives.

~Rachele Brooke Smith

I know for a fact that I am not as fulfilled, happy or passionate about life if I have not spent time helping others.

~Rachele Brooke Smith

I believe that we live in a "return to sender universe" - what you send out is exactly what you will get back.

~Rachele Brooke Smith

I want to create amazing art and content that inspires people to want to be the best versions of themselves everyday, and never let anyone (even themselves) hold them back.

~Rachele Brooke Smith

I love to make people laugh, and do things that are surprising and different.

~Rachele Brooke Smith

I really grew up more of a people pleaser and I just wanted to make people happy, and maybe didn't always say exactly how I was feeling.

~Rachele Brooke Smith

I am very active on Instagram and love connecting with people there.

~Rachele Brooke Smith

I really do believe that inner beauty is so much more than any kind of outer beauty.

~Rachele Brooke Smith

I love life and people, so I guess I want to help anyone I can live the fullest, most wonderful life possible.

~Rachele Brooke Smith

I don't believe in dieting, but I do believe in the lifestyle that you want to live.

~Rachele Brooke Smith

A lot of people have so many issues like depression, obesity or chronic illness that has to do with gut health.

~Rachele Brooke Smith

I would love to play more nerd roles, as well as action hero roles.

~Rachele Brooke Smith

I love to just be super nerdy.

~Rachele Brooke Smith

I love having a little bit of bronzer of some sort and I love looking golden.

~Rachele Brooke Smith

I would always wear basketball jerseys and have my hair in a ponytail.

~Rachele Brooke Smith

I'm definitely somewhat of a tomboy. I grew up a pretty big tomboy actually, and was really obsessed with basketball.

~Rachele Brooke Smith

Now when I get auditions, I choose to believe that I am an amazing actor.

~Rachele Brooke Smith

I wanted to act, dance and perform more than anything, and I wanted to do it for the rest of my life.

~Rachele Brooke Smith

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