Sports, Thinking, Careers, Baseball, Used, Periods, People, Play, Games, My Family, Mistake, Years, Steroid, Country, Kids, Team, Hard Work, Player, Defense, Home

It was a hard time. It was something I would love to erase from my memory.

~Rafael Palmeiro

I have never intentionally used steroids. Never. Ever. Period.

~Rafael Palmeiro

I have never used steroids. Period.

~Rafael Palmeiro

Let me start by telling you this: I have never used steroids. Period. I don't know how to say it any more clearly than that. Never.

~Rafael Palmeiro

I hope that people learn from my mistake and I hope that the fans forgive me.

~Rafael Palmeiro

The other deals with my life and my livelihood and my family and all that I stand for.

~Rafael Palmeiro

Well, you know, I left Cuba as a kid when I was 6 years old back in 1971.

~Rafael Palmeiro

My parents didn't agree with what was going on, you know, with the communists coming in, Fidel Castro. I didn't see the reason why I needed to go back there and be a part of that exhibition

~Rafael Palmeiro

I love baseball, and the door remains open.

~Rafael Palmeiro

There's a lot of history in Boston and a lot of history, obviously, in New York with all the championships.

~Rafael Palmeiro

But as far as I'm concerned, I can still play defense.

~Rafael Palmeiro

When I testified in front of Congress, I know that I was testifying under oath and I told the truth.

~Rafael Palmeiro

Yes, but I - you know, it's been such a long time, I'm sure that I've got cousins and uncles that I've never met before, you know, that I've left behind.

~Rafael Palmeiro

I wish that they could have more freedoms to be able to come and play. I know that the only way that they can get out is by, you know, defecting to another country or whatever, or getting on a boat

~Rafael Palmeiro

I still feel like I can play defense at first base at a very high level ~Rafael Palmeiro

They try to say this era was a tainted era. But so many great players played in the last 15 to 20 years. This is going to be the best era in the history of the game in my opinion

~Rafael Palmeiro

Baseball gets better for whatever reason.

~Rafael Palmeiro

I respect the Hall of Fame, and if they think that I'm worthy enough, I would be very honored. And if they don't, I gave it all that I had to this

## game.

~Rafael Palmeiro

The tragedy of all of this is that it happened to me and it shouldn't have happened. It ruined my life and my career. That's the tragedy of this.

~Rafael Palmeiro

To snap my fingers and let it go away. Even if it takes the 3,000th hit with it, just let it all go away

~Rafael Palmeiro

I hope that people look at my whole career and appreciate that I've given everything that I've got.

~Rafael Palmeiro

I don't think anybody ever saw anybody taking anything.

~Rafael Palmeiro

You know, my family stood for something that they believed in, and I wasn't about to turn my back on them.

~Rafael Palmeiro

I don't know who took what. That is pretty private with an individual.

~Rafael Palmeiro

You know, when you first come up, and you get called up to the big leagues, all you want to do is just, you just want to have a career, a nice career. You want to make a living at it

~Rafael Palmeiro

We're (Juan Gonzalez) like brothers. I'm sure he was very happy to see me get it done, and it's not very long from his day, so hopefully I'll see that and we'll be on the same team.

~Rafael Palmeiro

My life was on the line here and my career and everything I worked for, it was hanging by a thread

~Rafael Palmeiro

Three thousand, it's just a number. It's just a game

~Rafael Palmeiro

I'm not going to say what was being used in the clubhouse; whatever happens in the clubhouse stays in the clubhouse. But it was not like it was in your face

~Rafael Palmeiro

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