

Ralph Marston Quotes

*Way, Inspirational, Life, Moving, Thinking, Real, Dream, Motivational,
Challenges, Success, Giving, Opportunity, Effort, Gratitude, Purpose, World,
Focus, Feelings, Light, Shining*

Be someone who listens, and you will be heard. Be someone who cares, and you will be loved. Be someone who gives, and you will be blessed. Be someone who comforts, and you will know peace.

~Ralph Marston

What you do today can improve all your tomorrows.

~Ralph Marston

Achievement does not require extraordinary ability. Achievement comes from ordinary abilities applied with extraordinary persistence.

~Ralph Marston

Let go of your attachment to being right, and suddenly your mind is more open. You're able to benefit from the unique viewpoints of others, without being crippled by your own judgment.

~Ralph Marston

Happiness is a choice, not a result. Nothing will make you happy until you choose to be happy.

~Ralph Marston

Life does not owe you anything, because life has already given you everything.

~Ralph Marston

You've done it before and you can do it now. See the positive possibilities. Redirect the substantial energy of your frustration and turn it into positive, effective, unstoppable determination.

~Ralph Marston

Spread the seeds of encouragement far and wide, and delight in the bountiful harvest that they will surely bring.

~Ralph Marston

Don't make excuses for why you can't get it done. Focus on all the reasons why you must make it happen.

~Ralph Marston

Don't let the silly little dramas of each day get you down. For you are here to do great things.

~Ralph Marston

Don't lower your expectations to meet your performance. Raise your level of performance to meet your expectations. Expect the best of yourself, and then do what is necessary to make it a reality.

~Ralph Marston

Today is plenty; right now is enough. Tomorrow will come in good time. Until it does, live the depth of now.

~Ralph Marston

Problems, weaknesses, setbacks, regrets and mistakes teach you if you're willing to learn, or they punish you if you're not.

~Ralph Marston

Remember why you started, remember where you're headed, think of how great it will be to get there, and keep going.

~Ralph Marston

You were born to be real, not to be perfect. You are here to be you, not to live someone else's life.

~Ralph Marston

It doesn't matter how much you want. What really matters is how much you want it.

~Ralph Marston

The keys to patience are acceptance and faith. Accept things as they

are, and look realistically at the world around you. Have faith in yourself and in the direction you have chosen.

~Ralph Marston

Instead of being intimidated by the limitations, be inspired to find new ways around them.

~Ralph Marston

Greatness comes from living with purpose and passion.

~Ralph Marston

Welcome those big, sticky, complicated problems. In them are your most powerful opportunities.

~Ralph Marston

Your life is magnificent not because someone says it is, but because you choose to see it as such

~Ralph Marston

When the path becomes difficult, that's no reason to give up. In fact, it means you're making real progress.

~Ralph Marston

Every day you spend drifting away from your goals is a waste not only of that day, but also of the additional day it takes to regain lost ground.

~Ralph Marston

When your reasons to move forward outweigh your excuses for staying put, you will move forward.

~Ralph Marston

The direction of your focus is the direction your life will move. Let yourself move toward what is good, valuable, strong and true

~Ralph Marston

Carrying a grudge is difficult work that brings nothing of value. Forgive, and be free.

~Ralph Marston

There are plenty of difficult obstacles in your path. Don't allow yourself to become one of them.

~Ralph Marston

Don't waste time on excuses. Just get it done.

~Ralph Marston

Being positive does not mean ignoring the negative. Being positive means overcoming the negative.

~Ralph Marston

The value of an ambitious goal is not measured by what it will bring to you. The worth of a goal is measured by what it will make of you in the process of following and attaining it.

~Ralph Marston

Excellence is not a skill. It is an attitude.

~Ralph Marston

The best way to handle good fortune is to do something positive and useful with it. The best way to handle misfortune is exactly the same.

~Ralph Marston

If you so choose, every mistake can lead to greater understanding and effectiveness. If you so choose, every frustration can help you to be more patient and more persistent.

~Ralph Marston

There are very real obstacles and challenges to any course of action. And there's no need to add to them, by making up obstacles of your

own. Unchain yourself from the bondage of your own thinking.

~Ralph Marston

Truly appreciate life, and you'll find that you have more of it. [at least it will feel like it!]

~Ralph Marston

Rest when you're weary. Refresh and renew yourself, your body, your mind, your spirit. Then get back to work.

~Ralph Marston

If the challenge seems a bit too overwhelming, that's the one you want. Take it on & let it pull you up.

~Ralph Marston

Being positive in a negative situation is not naive. It's leadership.

~Ralph Marston

Being truly thankful makes you infinitely more resourceful. By sincerely appreciating what you have, you find new and valuable ways to make use of it.

~Ralph Marston

Truly appreciate those around you, and you'll soon find many others around you.

~Ralph Marston

Instead of jumping at the chance to be offended, choose to be amused. Rather than filling your thoughts with resentment, fill your heart with forgiveness.

~Ralph Marston

When you find yourself ready to complain about what you don't have, stop for a moment to consider what incredible things you do have. And

resolve to make the most of it all.

~Ralph Marston

Turn your attention for a while away from the worries and anxieties.
Remind yourself of all your many blessings.

~Ralph Marston

You have created your fears. And you can choose to lay them to rest.
You have created your dreams. And you can choose to bring them fully
to life.

~Ralph Marston

In every kind of endeavor, there are ample opportunities for extra effort.
Grab those opportunities, embrace that extra effort and transform
ordinary mediocrity into bright and shining excellence.

~Ralph Marston

Never assume that you're stuck with the way things are. Life changes,
and so can you.

~Ralph Marston

Success requires both urgency and patience. Be urgent about making
the effort, and patient about seeing the results.

~Ralph Marston

Doubt is merely a thought. When experience proves it wrong, it will
quickly go away.

~Ralph Marston

Be appreciative of what's right with your life. In your gratitude is power
to make it even better

~Ralph Marston

What a joy it is that the road ahead is an uphill climb. For where it leads

is all the way to the top.

~Ralph Marston

Stop needing and start having. Stop wanting and start being.

~Ralph Marston

Let the fear go, and live your life with the power of love.

~Ralph Marston

To believe in what you're doing is not just important. It is everything!

~Ralph Marston

If something goes wrong, don't whine about it. Have a spine about it. Adjust, adapt, and move forward.

~Ralph Marston

Expect the best of yourself, and then do what is necessary to make it a reality.

~Ralph Marston

It doesn't matter how much you want. What really matters is how much you want it. The extent and complexity of the problem does not matter as much as does the willingness to solve it.

~Ralph Marston

You are here, and there is nothing to fear. Count your blessings and before you're finished counting, you'll have even more

~Ralph Marston

Imagine the possibilities!

~Ralph Marston

The strongest leaders do not command, they empower

~Ralph Marston

If you so choose, each day can be filled with even more joy than the one before. If you so choose, even the most seemingly random events can work in your favor.

~Ralph Marston

What you hold in your heart, you will see in your world.

~Ralph Marston

If you focus on the obstacles, then you give them more power.

~Ralph Marston

Beset by a difficult problem? Now is your chance to shine. Pick yourself up, get to work and get triumphantly through it.

~Ralph Marston

Even in the most difficult situation there is always, somehow, a way to triumph

~Ralph Marston

Be thankful for it all. And beyond your many blessings, will be many, many more.

~Ralph Marston

A world of abundance surrounds you, if only you will step up and claim it. Make life happen through you rather than letting it happen to you. It will make all the difference in the world.

~Ralph Marston

Perfection in any endeavor is an aiming point. Let the desire for it push you, but don't let the absence of it stop you.

~Ralph Marston

Lasting achievement, whatever the endeavor, comes from a commitment to excellence every step of the way.

~Ralph Marston

Live what you love, and love what you live. Anything less is a painful and frustrating waste of your precious time.

~Ralph Marston

Winners win not because they're allowed to, but because they decide to.

~Ralph Marston

Your goals, minus your doubts, equal your reality.

~Ralph Marston

Do what is right, and you'll have no lasting regrets. Do what is right, and put yourself on the side of truth, goodness, and the best of life.

~Ralph Marston

Concern yourself more with accepting responsibility than with assigning blame. Let the possibilities inspire you more than the obstacles discourage you.

~Ralph Marston

Live your days on the positive side of life, in tune with your most treasured values. And in each moment you'll have much to live for.

~Ralph Marston

Humility reminds you that in order to receive value, you must create value in equal measure.

~Ralph Marston

It's difficult to follow your dream. It's a tragedy not to.

~Ralph Marston

Let each moment be guided by positive purpose. And let your whole life

express the beauty of who you truly are.

~Ralph Marston

Step confidently forward in the precisely the direction that is the most challenging to you. Because in that same direction, you'll also find what is most rewarding to you.

~Ralph Marston

Choose to live in a place where your eyes are always open to the positive possibilities.

~Ralph Marston

Look, really look, at how beautiful this day is. Let go of the worries and anxieties and judgments, and see the beauty.

~Ralph Marston

Care, because it is what you do. Care, and be vibrantly alive.

~Ralph Marston

Choose to fully and graciously live life as it comes. The richest rewards by far are the ones to which you most sincerely give of yourself.

~Ralph Marston

The most effective strategy for successful living is really no strategy at all. It is, rather, to be real, to be honest, to be authentic, to be you.

~Ralph Marston

The quality of your commitments will determine the course of your life.

~Ralph Marston

Though the universe is delightfully complex, life, at its heart, is not particularly complicated. Live true to who you are and though it won't always be easy, you'll live well.

~Ralph Marston

Feelings are determined by how one chooses to respond to various situations and events.

~Ralph Marston

Live each moment from your own inspiration, not from your desire to look good in the eyes of others.

~Ralph Marston

When you're not afraid to fail, you'll most certainly have the confidence to succeed.

~Ralph Marston

Even when there seems to be nothing else, there is hope.

~Ralph Marston

Patience expands your options. If you insist on immediate gratification, your choices are severely limited.

~Ralph Marston

What you are longing for is longing for you.

~Ralph Marston

Let go of your attachment to being right, and suddenly your mind is more open.

~Ralph Marston

One of the greatest motivators is desire. If the desire is strong enough you will do whatever it takes to achieve. Just connect your actions with your true desires.

~Ralph Marston

Success in any endeavor depends on the degree to which it is an expression of your true self.

~Ralph Marston

Every moment spent in negativity is paid for with something truly priceless. That something is life.

~Ralph Marston

When one approach is not working to reach the desired goal, that's not a reason to abandon the goal. Instead, it is time to devise another approach.

~Ralph Marston

If you so choose, the challenges can make you stronger. If you so choose, the disappointments can make you more determined.

~Ralph Marston

Dare to dream big dreams. For those are the dreams that have the power to push your whole world forward.

~Ralph Marston

What you do makes you better at what you think. What you think makes you more effective at what you do.

~Ralph Marston

Make the decision to love this day, this place, this moment, this special experience of life with the people around you. And there will be so very much to love.

~Ralph Marston

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