

Rashad Evans

Quotes

*Fighting, Mma, Thinking, Trying, Students, Different, Wrestling, People, Trials,
Tough, Memories, Adversity, Fun, Athlete, Somewhere Else, Hard Times,
Sports, Chips, I Can, Celebration*

You never know yourself until the chips are down. True strength is not measured when your at your strongest, but when you're at your weakest.

~Rashad Evans

All the trials and tribulations have paid off. In life, you have setbacks...When you're in your valley, that's when you're tested the most -not when you're at your peak.

~Rashad Evans

To live is to fight. We just fight in different arenas.

~Rashad Evans

We are all fighters, every single person who walks this earth is a fighter, everything that lives. To live is to fight. And we just fight in different arenas.

~Rashad Evans

To me, to live is to fight. It's about persevering. It's about testing yourself. It's about not becoming complacent.

~Rashad Evans

I am a student of whoever I can learn from.

~Rashad Evans

If I go as hard as I can in practice, make sure it's a lot harder than than a fight, then the fight's going to be easy.

~Rashad Evans

My main job is to go and have fun. When I do that, everything just seems to fall into place.

~Rashad Evans

I don't fight to prove that I'm tough, I know I'm tough. I fight because it's

inside of me.

~Rashad Evans

Being a great fighter is having a perfect balance of having that toughness, skill, as well as that mental capability to be able to out-think you opponent.

~Rashad Evans

Life is a celebration! I try to enjoy it as much as possible.

~Rashad Evans

One day these will just be memories that I have so I try to enjoy it as much as possible

~Rashad Evans

As an athlete you have to be coachable. And being coachable is a humbling thing.

~Rashad Evans

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