

Ray Dalio

Quotes

Life, People, Thinking, Believe, Growth, Mistake, Reality, Successful, Giving, Moving, Meditation, Media, Eye, Pain, Thoughtful, Real, Two, Way, Decision, Mean

More than anything else, what differentiates people who live up to their potential from those who don't is a willingness to look at themselves and others objectively

~Ray Dalio

Be wary of the arrogant intellectual who comments from the stands without having played on the field.

~Ray Dalio

Nature gave us pain as a messaging device to tell us that we are approaching, or that we have exceeded, our limits in some way.

~Ray Dalio

There is nothing to fear from truth....Being truthful is essential to being an independent thinker and obtaining greater understanding of what is right.

~Ray Dalio

To be successful, we need everyone to think independently and work through disagreement to decide what's best.

~Ray Dalio

Meditation more than anything in my life was the biggest ingredient of whatever success I've had.

~Ray Dalio

Principles are what allow you to live a life consistent with those values. Principles connect your values to your actions.

~Ray Dalio

If you don't own Gold, you know neither history nor economics.

~Ray Dalio

The more you think you know, the more closed-minded you'll be.

~Ray Dalio

To make money in the markets, you have to think independently and be humble.

~Ray Dalio

If you have the power to see things through somebody else's eyes, it's like going from black and white to color or two dimensions to three dimensions.

~Ray Dalio

Don't worry about looking good - worry about achieving your goals.

~Ray Dalio

I believe that one of the best ways of getting at truth is reflecting with others who have opposing views and who share your interest in finding the truth rather than being proven right

~Ray Dalio

To test if you are worrying too much about looking good, observe how you feel when you find out you've made a mistake or don't know something.

~Ray Dalio

Look at what caused people to make a lot of money and you will see that usually it is in proportion to their production of what the society wanted.

~Ray Dalio

I believe that the biggest problem that humanity faces is an ego sensitivity to finding out whether one is right or wrong and identifying what one's strengths and weaknesses are.

~Ray Dalio

Successful people ask for the criticism of others and consider its merit.

~Ray Dalio

I think meditation has been the single biggest reason for whatever success I've had

~Ray Dalio

When you're centered, your emotions are not hijacking you.

~Ray Dalio

Radical transparency fosters goodness in so many ways for the same reasons that bad things are more likely to take place behind closed doors.

~Ray Dalio

People who confuse what they wish were true with what is really true create distorted pictures of reality that make it impossible for them to make the best choices.

~Ray Dalio

He who lives by the crystal ball will eat shattered glass.

~Ray Dalio

There are two main drivers of asset class returns - inflation and growth.

~Ray Dalio

If inflation-adjusted interest rates decline in a given country, its currency is likely to decline.

~Ray Dalio

The big question is: When will the term structure of interest rates change? That's the question to be worried about.

~Ray Dalio

An economy is not a complicated thing; it just has a lot of moving parts.

~Ray Dalio

It's more important to do big things well than to do small things perfectly.

~Ray Dalio

There is an excellent correlation between giving society what it wants and making money, and almost no correlation between the desire to make money and how much money one makes.

~Ray Dalio

There are far more good answers "out there" than there are in you.

~Ray Dalio

I can be stressed, or tired, and I can go into a meditation and it all just flows off of me. I'll come out of it refreshed and centered and that's how I'll feel and it'll carry through the day.

~Ray Dalio

In return, society rewards those who give it what it wants. That is why how much money people have earned is a rough measure of how much they gave society what it wanted.

~Ray Dalio

Some people who are creative are not reliable and vice versa; some see big pictures while others see details, etc. All of them are important to have on well-orchestrated teams.

~Ray Dalio

When two intelligent parties disagree, that's when the potential for learning and moving ahead begins.

~Ray Dalio

Treat your life like a game.

~Ray Dalio

Everyone has to decide for themselves what works for them and their organization.

~Ray Dalio

Demand is best measured in terms of spending. You know, I think in traditional economics, it's a mistake to measure it in terms of the quantity of goods.

~Ray Dalio

When growth is slower than expected, stocks go down. When inflation is higher than expected, bonds go down. When inflation's lower than expected, bonds go up.

~Ray Dalio

There is slow growth, but it is positive slow growth. At the same time, ratios of debt-to-incomes go down. That's a beautiful deleveraging.

~Ray Dalio

Almost everything is like a machine.

~Ray Dalio

You should have a strategic asset allocation mix that assumes that you don't know what the future is going to hold.

~Ray Dalio

Meditation, more than any other factor, has been the reason for what success I've had.

~Ray Dalio

There is giant untapped potential in disagreement, especially if the disagreement is between two or more thoughtful people

~Ray Dalio

Watch out for people who think it's embarrassing not to know.

~Ray Dalio

In China anything less than 6% growth is a recession meaning that it also causes financial problems and it's disruptive and it's a problem.

~Ray Dalio

I don't get caught up in the moment.

~Ray Dalio

I believe that for the most part, achieving success - whatever that is for you - is mostly a matter of personal choice and that, initially, making the right choices can be difficult.

~Ray Dalio

What matters most is that the people you work with share your values.

~Ray Dalio

I believe that understanding what is good is obtained by looking at the way the world works and figuring out how to operate in harmony with it to help it evolve.

~Ray Dalio

Know what your people are like, and make sure they do their jobs excellently.

~Ray Dalio

Pull in your belt, spend less, and reduce debt.

~Ray Dalio

Constantly probe the people who report to you, and encourage them to probe you.

~Ray Dalio

Like the saying goes, don't believe everything you read.

~Ray Dalio

It all comes down to interest rates. As an investor, all you're doing is putting up a lump-sum payment for a future cash flow.

~Ray Dalio

I've learned that each mistake was probably a reflection of something that I was (or others were) doing wrong, so if I could figure out what that was, I could learn how to be more effective.

~Ray Dalio

When you think that it's too hard, remember that in the long run, doing the things that will make you successful is a lot easier than being unsuccessful

~Ray Dalio

There is a strong tendency to get used to and accept very bad things that would be shocking if seen with fresh eyes.

~Ray Dalio

I also believe that everyone needs to think independently and make their own decisions on what makes the most sense.

~Ray Dalio

Life is like a giant smorgasbord of more delicious alternatives than you can ever hope to taste. So you have to reject having some things you want in order to get other things you want more.

~Ray Dalio

I don't think there is such a thing as the perfect system.

~Ray Dalio

I think the industry can probably self-correct without regulation, but I don't believe an individual outlet can regulate itself.

~Ray Dalio

When people get at each other's throat, the rich and the poor and the Left and the Right and so on, and you have a basic breakdown, that becomes very threatening.

~Ray Dalio

I pay about a third in taxes, I give away about a third, and I follow the law.

~Ray Dalio

I'd like to be clear that a number of people find me intolerable, and they don't hesitate to say so - which they and I cherish.

~Ray Dalio

I'm just saying that if you understand how the economic machine works, it just works like a machine. There are cause-effect relationships.

~Ray Dalio

Some people have subject matter expertise in one thing. Some people tend to be creative but not reliable, and others are reliable but not creative. Everybody has different dimensions.

~Ray Dalio

Nature is a machine. The family is a machine. The life cycle is like a machine.

~Ray Dalio

We wouldn't be successful if we didn't have independent thinkers who can argue and then resolve their arguments.

~Ray Dalio

I'm scared of one man, one vote because it suggests that everybody has an equal ability at making decisions, and I think that's dangerous.

~Ray Dalio

I think it is in the nature of individuals and individual entities not to self-correct.

~Ray Dalio

Though how nature works is way beyond man's ability to comprehend, I have found that observing how nature works offers innumerable lessons that can help us understand the realities that affect us.

~Ray Dalio

I notice a difference from the moment I meditate.

~Ray Dalio

The world is still in deleveraging.

~Ray Dalio

The economy is like a machine.

~Ray Dalio

If it didn't happen in your life before, then you're not paying attention you don't think it's possible. But almost all important events never happen in your life before.

~Ray Dalio

I was about twenty and the Beatles were meditating and I heard about it and they had a center in New York and I came to the center and I learned about it.

~Ray Dalio

I think so many people are reactive... they see things in a short term way they're right up against it.

~Ray Dalio

Forget about what the technology is. Just understand the motivation behind it.

~Ray Dalio

You have to put yourself in my shoes as a person who believes in radical truth and in being radically transparent, not in seeing things through somebody else's eyes.

~Ray Dalio

We don't have ways of resolving the arguments in idea meritocratic way.

~Ray Dalio

I think the media argues all the time with itself.

~Ray Dalio

I think the basic problem is that everybody thinks they know what the truth is, and sometimes they're even distorting the truth to make their arguments.

~Ray Dalio

Each person assesses each other person's credibility on different dimensions, because people are strong and weak in different things.

~Ray Dalio

I'm scared of people with power making the decision.

~Ray Dalio

Some people seek to understand, and some people seek to portray what they want to portray.

~Ray Dalio

The media has the power to create an entrenched perception of reality that's incorrect.

~Ray Dalio

That's what I mean by radical truth. I mean accepting reality.

~Ray Dalio

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