Thinking, People, Mind, Character, Actors, Self, Ideas, Acting, Real, Directors, Way, Compassion, Buddhist, World, Reality, Play, Kindness, Light, Who I Am, Father

The reality is, we can change. We can change ourselves. We can change our minds. We can change our hearts. And therefore the universe changes.

~Richard Gere

I don't regret anything. Everything happens for a reason-it's part of the healing process. Life is a healing process.

~Richard Gere

Always walk towards open doors. And if they slam shut in your face, kick that sucker in and keep going.

~Richard Gere

I can't remember that I was ever looking for anything. I was waiting for something to touch me. It's like, I'll be open to it, and see if it moves me. There has to be a "falling in love" moment.

~Richard Gere

In saving Tibet, you save the possibility that we are all brothers, sisters.

~Richard Gere

Everyone responds to kindness.

~Richard Gere

There are times when telling lies are not a bad thing. It can be a compassionate thing. But to make it benign, you have to be aware of your compassionate reasons for telling that lie.

~Richard Gere

I'm younger than I once was. Internally. Less self-conscious. Less insecure.

People get offended by animal rights campaigns. It's ludicrous. It's not as bad as mass animal death in a factory.

~Richard Gere

I don't think that bravery is about skin. Bravery is about a willingness to show emotional need.

~Richard Gere

Meditation is such a more substantial reality than what we normally take to be reality.

~Richard Gere

I know who I am. No one else knows who I am. If I was a giraffe, and someone said I was a snake, I'd think, no, actually I'm a giraffe.

~Richard Gere

You've all heard some rumors about me over the years. I guess this is the moment to do it. My name is Richard Gere and I am a I*sbian.

~Richard Gere

I would rather be loved than have money and all that other stuff.

~Richard Gere

If you have a built-in level of respect and trust and openness to essentially be yourself, it allows for a deeper uncensored communication [with your partner].

~Richard Gere

I have made plenty of mistakes. The key to life is to learn from them. I have been a little too introspective, but I think that stemmed from insecurity or shyness. I took a long time to grow up.

~Richard Gere

I don't mean to toot my own horn, but if Jesus Christ lived in Chicago

today, and he had come to me and he had five thousand dollars, let's just say things would have turned out differently.

~Richard Gere

I can't say I have control over my emotions; I don't know my mind. I'm lost like everyone else. I'm certainly not a leader.

~Richard Gere

When someone has a strong intuitive connection, Buddhism suggests that it's because of karma, some past connection.

~Richard Gere

To read your own mind is to look at your self and read your soul. Hatred becomes love and that is the path I am working on

~Richard Gere

What we all have in common is an appreciation of kindness and compassion; all the religions have this. We all lean towards love.

~Richard Gere

There is nothing real about film. Nothing. Even the light particles that project the film can't be proven to exist. Nothing is there.

~Richard Gere

The secret of my success is my hairspray.

~Richard Gere

When His Holiness won the Nobel Peace Prize, there was a quantum leap. He is not seen as solely a Tibetan anymore; he belongs to the world.

~Richard Gere

All of our energy should be in sacrifice and services. Suffering, at least.

The Dalai Lama said that he thinks mother's love is the best symbol for love and compassion, because it is totally disinterested.

~Richard Gere

If you can see the terrorists as a relative who's dangerously sick and we have to give them medicine and the medicine is love and compassion. There's nothing better.

~Richard Gere

There is a way of looking at an awful place from a certain angle that allows it to take on a beauty because it is what it is.

~Richard Gere

When you get up in the morning, set your motivations.

~Richard Gere

I've lived in New York when I've had nothing, and I've lived in New York when I had money, and New York changes radically depending on how much money you have. It's the texture of life.

~Richard Gere

My first encounter with Buddhist dharma would be in my early 20s. Like most young men, I was not particularly happy.

~Richard Gere

I'm not that tough; I'm not that smart. I need life telling me who I am, showing me my mind constantly. I wouldn't see it in a cave.

~Richard Gere

Even in comedies, you've got to feel safe for things to just happen in a way that is natural and free, and recognizable as human.

~Richard Gere

I've got a lot of opportunities, a lot of love in my life, a lot of things going

for me. Still, it's not complete. I know this is not the whole thing. There's much more.

~Richard Gere

Mindfulness is a quality that's always there. It's an illusion that there's a meditation and post-meditation period, which I always find amusing, because you're either mindful or you're not.

~Richard Gere

I have no sense of time, and I'm a dreamer.

~Richard Gere

Maybe the Dalai Lama is the only person who is totally honest, and even with him, he's skillful not to hurt anybody. He's skillful.

~Richard Gere

Anything that's expanding the mind and heart is happiness. But it's not a goal.

~Richard Gere

I meditate. Daily practice is essential to my life.

~Richard Gere

I think life is self-examination. Certainly the voyage that one takes.

~Richard Gere

I cry every chance I get.

~Richard Gere

The drive for happiness is vital; it's what keeps us in motion.

~Richard Gere

Tibetan Buddhism had an enormous impact on me.

We've had too many World AIDS Days.

~Richard Gere

Sharon Stone. She is one of the most dedicated people I know, but also highly unedited.

~Richard Gere

I would say that the West is very young, it's very corrupt. We're not very wise. And I think we're hopeful that there is a place that is ancient and wise and open and filled with light.

~Richard Gere

I do think that good actors can do any part. It doesn't mean that they are the best ones to do it.

~Richard Gere

I'm less needy about needing to express myself through acting. I have many different lives outside of this that are extremely fulfilling.

~Richard Gere

I tend to be a bit of a dreamer.

~Richard Gere

I've always maintained that all characters and all personalities are in all of us. The whole thing is available. You're not this or that, no one is.

~Richard Gere

From a Buddhist point of view, emotions are not real. As an actor, I manufacture emotions. They're a sense of play. But real life is the same. We're just not aware of it.

~Richard Gere

I don't know any of us who are in relationships that are totally honest - it doesn't exist.

~Richard Gere

I can see the character in a photograph, in the way a guy stands or holds his hands, the way he buckles his belt. I fantasize a lot looking at photographs. I'm sure that doesn't work for many people.

~Richard Gere

Sometimes I'm kind of spacey. I'm like Ferdinand the bull, sniffing the daisy, not aware of time, of what's going on in the real world.

~Richard Gere

I'm a 50 year-old guy and I'm not in shape like I was when I was 30.

~Richard Gere

It was important for me to have a partner who was ballsy.

~Richard Gere

Relationships are like sharks. They've got to keep going into deeper, colder water, sometimes scarier, darker territories ... to stay alive.

~Richard Gere

When I started acting, it was really the way for me to be able to communicate.

~Richard Gere

Certainly there have been better actors than me who have had no careers. Why? I don't know.

~Richard Gere

Western Buddhists in many ways are much serious Buddhists than Tibetans are.

~Richard Gere

On a movie set that works, you have your father figure, the director, you

have your siblings, your other actors.

~Richard Gere

Billions of people don't practice a religion at all.

~Richard Gere

My life is pretty simple and normal.

~Richard Gere

Why is it when we have 10 million people in this country who say 'No', we still have a president who says 'Yes.' In a democracy, something's wrong here.

~Richard Gere

I had a friend in the neighborhood whose father had Playboy magazines, and we would go over and look at them. I remember cutting out pictures and hiding them in my room.

~Richard Gere

In the process of developing a character, you do, in fact, start to take him on as a personality. It's part of my job.

~Richard Gere

If the United States marches into Iraq without the backing of the United Nations, that will be done entirely without the backing of the American people.

~Richard Gere

Movie acting is primarily listening. If you're really engaged, that's all a movie audience wants to see is you processing what's happening in your world.

~Richard Gere

I've stayed good friends with most of my girlfriends.

~Richard Gere

If the work is going well and it's something that has value with some meaning to it, it gives back a lot.

~Richard Gere

I think movies probably are a mirror in some way so we can see ourselves in them.

~Richard Gere

If people lose their land, they have nothing. You lose your land - you lose your culture, you lose self.

~Richard Gere

If you have any question in your mind, don't do it. If you go in thinking it's going to fix something that's wrong, don't do it.

~Richard Gere

I haven't worked with people who are jealous or competitive. That's a particularly deadly attitude to have when you're working on a film.

~Richard Gere

[on editing of the films] There is always a question of time, and the director. I've worked with a lot of directors who don't mind my involvement. They appreciated it.

~Richard Gere

Everyone seems to think they know what acting techniques are. Techniques just help you get to a certain place, but if the thing is happening just by itself you don't need those techniques.

~Richard Gere

It's human nature - we want to believe our children, our families, our President!

~Richard Gere

Food is the only beautiful thing that truly nourishes.

~Richard Gere

When you work as an actor, you've got to feel safe even in what appears to be the simplest things.

~Richard Gere

I think people do want to relate their entertainment to what's going on in their lives. Not everything.

~Richard Gere

I have a lot of beautiful friends.

~Richard Gere

People have a different idea of how movies are made than they really are.

~Richard Gere

There's really one character for every actor. The voyage is to find that one character.

~Richard Gere

Any political situation has many sides... We intellectualize the whole situation any way... We make our intellectual decisions based on our cultural background and how we live.

~Richard Gere

It's rare that a good writer will sit down and write a good script. Writers are greedy too, and they don't want to work without getting paid. But quality will find its way out.

I'm rarely in a situation where, if you have a good idea, it's not embraced. That's stupid. And I don't work with stupid people.

~Richard Gere

In a way, one gets stability from being able to order the rational mind.

~Richard Gere

I think that as human beings we tend to compartmentalize, and we have a selective morality based on the situation we're in.

~Richard Gere

A lot of making a movie is the comfort level of the people. It's just feeling open. We need to get along. We have to know something about each other.

~Richard Gere

(Sometimes when) someone's directing for the first time, they're afraid to include everyone - they have to prove they're the director.

~Richard Gere

Shooting in New York can be a problem... I had to walk through a crowd, come in the front door, and play the scene.

~Richard Gere

I do my work as an actor, but another part of my work goes to the piece as a whole. I can be fairly detached looking at my work and be brutal on myself.

~Richard Gere

America has never paid any attention to other people, so it's absurd for Bush to say that it's all in the best interests of the Iraqi people.

~Richard Gere

Julia [Roberts]. She's got two kids and animals, and I think she's a night

nibbler. There'd be crumbs everywhere.

~Richard Gere

Things come out of nowhere, and you start evaluating the director, the cast, and all those other things going into it.

~Richard Gere

I've had an interesting life.

~Richard Gere

There are some problems on this planet that seem to be intractable.

~Richard Gere

I have to admit, a manicured look works for me.

~Richard Gere

People don't understand what happiness is, so they have an idea of what will make them happy, but it never does.

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