

Ricki-Lee Coulter

Quotes

*People, Rocks, Body, Media, Beautiful, Kids, Curves, Average, Numbers,
Workaholic, Age, Inspired, Band, Role Models, Want, Love Is, Unhealthy, Bad
Day, Boxes, Frustrated*

I see myself as a bit of a traveller. I am a workaholic.

~Ricki-Lee Coulter

I'm not ashamed of showing my curves to the world. Bodies are beautiful when they're full and healthy and fit. I've always had curves and I'll always be proud of them.

~Ricki-Lee Coulter

I feel liberated, empowered, inspired and motivated. Fear holds you back from achieving what you want in life.

~Ricki-Lee Coulter

I don't live my life seeking validation from people on social media.

~Ricki-Lee Coulter

Who doesn't know the easy, breezy, beautiful Covergirl line? I'm so excited to be the face of the brand in Australia and help all girls find and rock their inner Covergirl!

~Ricki-Lee Coulter

I've been all different shapes and sizes in my lifetime. I started wearing shapewear as a teenager after I did 'Australian Idol.' I had a little tummy, and I was always really quite conscious of that.

~Ricki-Lee Coulter

I love my body because it's what I've been given. Being too thin is just as unhealthy as being obese.

~Ricki-Lee Coulter

You can, of course, be a sexy, strong female and be a good role model.

~Ricki-Lee Coulter

I come from a family of tall, curvy women. I developed in my body and

my shape far earlier, so from a young age I accepted it. I embraced it and saw it as an advantage.

~Ricki-Lee Coulter

I get really frustrated with people who turn their noses up at talent shows like 'The Voice' and 'X-Factor.'

~Ricki-Lee Coulter

People like to put you in a little box, and that's where they are comfortable with you being.

~Ricki-Lee Coulter

I love kids, and I'm great with them, but I also love being able to give them back.

~Ricki-Lee Coulter

Australia is so entrenched in rock'n'roll and bands, and that's just the way Australia is.

~Ricki-Lee Coulter

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