Football, Thinking, People, Player, Fun, Play, Who I Am, Ifs, Want, Long, Nice, Athlete, Trying, Moving, Kind, Games, Desire, Team, Real, Way

If you want to surf, move to Hawaii. If you like to shop, move to New York. If you like acting and Hollywood, move to California. But if you like college football, move to Texas.

~Ricky Williams

Maybe I'm stupid or whatever, but to me if I got a concussion, if I could see straight and I could carry a football then I'm not telling anybody.

~Ricky Williams

There is no need to smear my name or to defame my character for the sake of news.

~Ricky Williams

My helmet is off; I'm not afraid anymore.

~Ricky Williams

I wouldn't eat a chicken if it dropped dead in front of me holding up a sign that said, Eat Me.

~Ricky Williams

There's more to life than success, and if you can try to be more well-rounded, you'll be able to enjoy your success more. It won't own you or control you.

~Ricky Williams

Growing up with two sisters, you either play by yourself or play Barbie with them. I played by myself.

~Ricky Williams

One thing I've learned about life is that if you really let go, it's just a joy ride.

~Ricky Williams

I think Ricky Williams had his time in the limelight. And I think it was

good for what it was worth, and that was that.

~Ricky Williams

I do feel like a loner but I think it's because I look at things differently than other people.

~Ricky Williams

I got high, and forgot I wasn't supposed to get high.

~Ricky Williams

I want to really start focusing on what I want to accomplish and what it is I want to achieve, but not micromanaging this or that and focusing on the little things.

~Ricky Williams

Greatness is the willingness to choose in the midst of intensity.

~Ricky Williams

The money is what made me miserable. I want to be free of that stress.

~Ricky Williams

I'm nice because, when I was growing up, so many people weren't nice to me, and I remember how that felt. And I don't want to make anyone else feel like that. I value nice.

~Ricky Williams

People are hungry because they're eating empty foods. Mine are full, and so am I.

~Ricky Williams

I don't think I'll ever be able to stay in one place for more than a year or two. It's not in my nature.

I don't care what people think about me because I know I am more than all the pain and strife they hold inside.

~Ricky Williams

I've never been in trouble with the police.

~Ricky Williams

I think it's very easy for people to stereotype athletes, good and bad.

~Ricky Williams

I realized a while back that I have an innate ability to be compassionate, and I saw that the strength of compassion is something that healers have and healers use.'

~Ricky Williams

I feel no need and have no desire to give any attention to other people's opinion of me.

~Ricky Williams

I want people to think they can't die until they see me play.

~Ricky Williams

Well, I don't think I've necessarily ever been a passionate football player or a passionate person.

~Ricky Williams

The people that I see on the street, they treat me more as a human being and not just an icon or a football player.

~Ricky Williams

If you identify yourself as a great football player, anytime anyone challenges that, you're going to have some kind of problem.

I've had a lot of clouds in my life since I got into pro football -- too many -- but now I feel like I can see really clearly for the first time. And I can see the Super Bowl from here.

~Ricky Williams

Texas was such a welcoming place, and with its unbelievable history and tradition, it's extra special to be a part of that.

~Ricky Williams

It's something that I had been pushing down my whole life. The search for meaning, I guess, the whispering of the soul.

~Ricky Williams

I really do love football.

~Ricky Williams

I've let a lot of things go, and obviously football is one of them. I think the hardest thing to let go is your self-image. That's what I'm working on now.

~Ricky Williams

Nine in the box... that's a football term.

~Ricky Williams

I look very foolish. To a lot of people I look foolish in what I'm doing and I understand that. The only thing that matters is how I feel and if I let how they feel affect me it'll change how I feel.

~Ricky Williams

When you make that crossover from life to real life, when you're not treated as a child anymore but as a man, and you are no longer given the benefit of the doubt, it takes some courage to face that.

Anytime you play a team sport, the success of the team really makes everything better. It's nice.

~Ricky Williams

I am an honest, God-fearing man who is intensely dedicated to being the best person I can be on and off the football field.

~Ricky Williams

Everywhere I go, people hear Ricky Williams and the next thing they think is marijuana or wasted talent.

~Ricky Williams

There's nothing I miss about anything in the whole wide world. The idea of missing something means you're not living in the moment. Every moment is good for something.

~Ricky Williams

I'm halfway intelligent. I'll figure something out.

~Ricky Williams

I am more mature. I'm a better football player. I just feel like this is my time.

~Ricky Williams

If you replace the word God in the Bible with the word Truth, it reads exactly right.

~Ricky Williams

I don't feel like my speed or my power or my desire to play this game has diminished at all.

~Ricky Williams

One of my biggest problems is that I'm always so influenced by what other people are thinking about me.

~Ricky Williams

Human beings aren't supposed to be controlled and told what to do.

~Ricky Williams

I had a lot of friends in high school and in college, and we had a good time.

~Ricky Williams

At the core, we're all spiritual beings.

~Ricky Williams

After I won the Heisman Trophy, it just was OK, I'm supposed to go to the NFL and so that's what I did. I didn't really have any expectations and I didn't really understand how things worked.

~Ricky Williams

I've always been attracted to things that are taboo. I've never been afraid to go to that dark place.

~Ricky Williams

Football is my job, not my life, but it's a job I'm going to give my all for as long as I'm in it.

~Ricky Williams

Coaches want so many things from a back. It's hard to find someone like Edgerrin James or Marshall Faulk, someone you can trust to block, catch and be physical. But I can do all those things.

~Ricky Williams

What I would tell young players is that as you get older, the best thing you can do is try to have other interests and have opportunities.

I've gotten to a point, where I realize that happiness doesn't come from the outside.

~Ricky Williams

I think I have a tendency to look at things subjectively rather than objectively when I reflect on my experience.

~Ricky Williams

Sometimes success will get in the way of maturity - at least temporarily.

~Ricky Williams

I don't believe in regret.

~Ricky Williams

If I was doing something for the money, I'd be quite miserable.

~Ricky Williams

Well, I am now convinced there is no kind of fear or anxiety anyone has to live with.

~Ricky Williams

It's funny, people say 'Welcome back' when I haven't gone anywhere.

~Ricky Williams

If I can walk, I'll play.

~Ricky Williams

It's good to do things slow in the bush. It makes you appreciate everything a lot more.

~Ricky Williams

I had this notion that everyone was staring at me and judging everything about me, from my appearance to the way I talk and

#### everything.

~Ricky Williams

Now that I have conquered social anxiety disorder, I find pleasure in fans approaching me.

~Ricky Williams

Tomorrow doesn't really exist.

~Ricky Williams

When I retired, I felt that I lived more in that year than I had the previous 27 years of my life.

~Ricky Williams

As an athlete, you figure you work your whole life to have what you have, and to be able to show the world what you have and how proud you are of it, that's always fun.

~Ricky Williams

I like to live in places that are kind of off in the cuts so people can't really find me even if they wanted to.

~Ricky Williams

The moment I started treating my social anxiety disorder, I started feeling better.

~Ricky Williams

I have no room in my life for any form of negativity or nonacceptance.

~Ricky Williams

A team takes on the personality of the head coach.

~Ricky Williams

The NFL has been an amazing page in this chapter of my life. I pray

that all successive adventures offer me the same potential for growth, success and most importantly fun.

~Ricky Williams

I think sometimes when it comes to sports, and especially relationships between players and coaches, that people lose track, lose a sense of reality.

~Ricky Williams

In therapy, I see myself in the mirror differently.

~Ricky Williams

I'm a huge gamer, everything from PC to Xbox to PS2.

~Ricky Williams

I want to thank all my fans, teammates, coaches and supporters for the strength they've given me to overcome so much.

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