

# Robin Farina

## Quotes

*Sports, Thinking, Cycling, People, Coaching, Goal, Succeed, Helping, Athlete,  
Challenges, Determination, Everyday, Communication, Natural, States,  
Persons, Racing, Attitude, Tick, Natural Things*

It seems everyday I find a new road, a new person that can help my cycling better and help me understand more things. I compare cycling to life often.

~Robin Farina

I love watching people improve it is a natural thing for me to do.

~Robin Farina

I love to see people succeed in their goals.

~Robin Farina

I think racing is a sport that either your in or your out. Its either you are with the pack or you are off the pack.

~Robin Farina

There are tons of ways women can get into the sport easily. I think it is not as intimidating as many people think it is.

~Robin Farina

As much as I love coaching the masters, junior cycling is obviously the future of our sport.

~Robin Farina

You really have to get to know the person's mental state. You have to understand what drives them and what motivates them.

~Robin Farina

I love the communication aspect with my athletes. I like the one on one time with my athletes but really its about making them better athletes and finding out what makes them tick.

~Robin Farina

Seeing someone have a goal and I if can help them to succeed then it is a big draw for me.

~Robin Farina

I try to find more education in the sport while helping people who are trying to be better at whatever they are trying to achieve. That is probably the thing I love most about coaching.

~Robin Farina

Cycling is a sport of amazing athletes. Its been a privilege and a honor for me to be in this sport and to have a chance to race at the highest level.

~Robin Farina

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