

Robin Roberts Quotes

*Thinking, Believe, Cancer, People, Stronger, Behinds, Answers, Best Is Yet To
Come, Grateful, Tragedy, Fearful, Optimism, Order, Myth, Wall, Littles, Self
Esteem, Doctors, Growing, Latter*

It's about focusing on the fight and not the fright.

~Robin Roberts

Life provides losses and heartbreak for all of us-but the greatest tragedy is to have the experience and miss the meaning.

~Robin Roberts

You have to CHANGE the way you THINK in order to CHANGE the way you FEEL

~Robin Roberts

Optimism is a muscle that gets stronger with use.

~Robin Roberts

Life is not so much what you accomplish as what you overcome.

~Robin Roberts

I want people to know there are infinite possibilities in life to be grateful for. I love that people feel comfortable coming up to me and telling me stories about things they have gone through.

~Robin Roberts

When fear knocks, to let faith answer the door.

~Robin Roberts

It takes courage to believe the best is yet to come!

~Robin Roberts

Venture outside your comfort zone. To stop growing is to stop living.

~Robin Roberts

I think there's a myth that people feel, that people of success are never fearful, that we're never challenged, that we have some supernova - no, we're like everybody else.

~Robin Roberts

You have to be willing to put yourself in position for good things to happen

~Robin Roberts

Find the meaning behind whatever it is you're going through because everybody's got something.

~Robin Roberts

Being optimistic is like a muscle that gets stronger with use. Makes it easier when the tough times arrive. You have to change the way you think in order to change the way you feel.

~Robin Roberts

I am stronger than I thought I was. My favorite phrase has been 'This too shall pass.' I now understand it really well.

~Robin Roberts

The tragedy is not so much the experience that you're having. The tragedy is that we don't take the time to understand the meaning and purpose behind what we're going through.

~Robin Roberts

I have never been happier or healthier than I am right now.

~Robin Roberts

Oh well, the truth hurts, doesn't it?

~Robin Roberts

I was brought up with the 3 Ds: Determination, Discipline and Da Lord.

~Robin Roberts

I've taken my cue from people here and from viewers, especially

survivors-who said, 'When it's time to literally flip your wig, you'll know.'

~Robin Roberts

Dreams are vague and far away. Goals are tangible and achievable.

~Robin Roberts

Everything's the same; I'm living with cancer and it's not going to stop me. But until you really test yourself and challenge yourself, I don't think you quite know.

~Robin Roberts

We are all a little bit stronger than we think we are.

~Robin Roberts

You can be fearful or fearless...I chose the latter

~Robin Roberts

At one point, we were all fearful. But as you get older, it's the things you don't do that you regret, more so than the things you do. When fear knocks, answer.

~Robin Roberts

When my mother makes out her income tax return every year, under occupation she writes, eroding my daughter's self-esteem.

~Robin Roberts

I cannot believe how fine I am with being bald.

~Robin Roberts

My mama told me in college, 'I love you, and you're God's child, but natural beauty will only take you so far.'

~Robin Roberts

“You don't have to be in shape to bowl. It's the only sport where

there's a way to signal for a cocktail waitress.Â”

~Robin Roberts

I love a doctor who can respect that somebody else is on your team, and that's God.

~Robin Roberts

As I like to say, take the shot, even if your knees are shaking.

~Robin Roberts

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