

Ronda Rousey

Quotes

Mma, People, Fighting, Girl, Thinking, Sports, Trying, Jobs, World, Way, Art, Beats, Naked, Order, Looks, Athlete, Scared, Easy, Long, Want

Some people like to call me cocky or arrogant, but I just think 'how dare you assume I should think less of myself'

~Ronda Rousey

One of my mom's best lines is... You're not training to be the best in the world, you're training to be the best in the world on your worst day.

~Ronda Rousey

Judo taught me that I am capable of anything... I can mentally push past anything and be victorious.

~Ronda Rousey

You have to have fear in order to have courage.

~Ronda Rousey

Life is a fight from the minute you take your first breath to the moment you exhale your last.

~Ronda Rousey

I'm scared of failure all the time. But not scared enough to stop trying.

~Ronda Rousey

Don't doubt, don't stop... The only 2 things that can stop you is to stop working and start doubting.

~Ronda Rousey

You have to fight because you can't count on anyone else fighting for you. And you have to fight for people who can't fight for themselves. To get anything of real value, you have to fight for it.

~Ronda Rousey

The confusing thing is we now live in a society where it's not illegal to be an asshole, but it's illegal to slap one.

~Ronda Rousey

One thing that I learned from judo... Maximum efficiency and minimum effort.

~Ronda Rousey

I train to be the best in the world on my worst day

~Ronda Rousey

It's your purpose to leave the world better than how you found it.

~Ronda Rousey

If you work hard the fight's easy. If you don't work hard then the fight's hard.

~Ronda Rousey

I feel like when I fight it's an art, and Art isn't supposed to be 'nice', it isn't supposed to be liked. It's supposed to make you feel something.

~Ronda Rousey

No one has the right to beat you.

~Ronda Rousey

Everything happens for a reason.

~Ronda Rousey

That's why I love fighting, because I get to have a big battle every couple months to make up for the little battles I have to forfeit every day

~Ronda Rousey

A loss leads to victory, being fired leads to a dream job..I find comfort in believing that good things can grow out of tragedy.

~Ronda Rousey

Sports are a metaphor for life.

~Ronda Rousey

There have always been people who have written me off. They're not going away. I use that to motivate me. I'm driven to show them just how wrong they are.

~Ronda Rousey

If you're fighting with emotion instead of structure... it's always going to be a mistake.

~Ronda Rousey

A belt does nothing but hold your gi together. A belt has assigned significance, a belt is someone else saying you're good, you don't need other people saying that you're good in order to be good.

~Ronda Rousey

Skinny girls look good in clothes, but fit chicks look good naked

~Ronda Rousey

Easy lives make boring people and things have definitely not been easy.

~Ronda Rousey

The Sports Illustrated swimsuit issue really sets the social standard for what people expect the perfect woman's body to look like, and a lot of those bodies usually look the same.

~Ronda Rousey

That I happened to fall into a career that no other girls wanted isn't surprising to me. I wanted something that didn't exist, so I had to create it.

~Ronda Rousey

No one is easy until you actually beat them.

~Ronda Rousey

I'm the most dangerous unarmed women in the world, I've prepared my entire life to be that way.

~Ronda Rousey

I thought that I was mutant somehow. I eventually realized that I have a very natural look, and that's what God gave me, and I'm proud of it. It was kind of a way for me to get past that as well.

~Ronda Rousey

I'm living such a lucky and blessed life and I'm trying my best to deserve it.

~Ronda Rousey

To be a fighter, you have to be passionate. I have so much passion, it's hard to hold it all in. That passion escapes as tears from my eyes, sweat from my pores, blood from my veins.

~Ronda Rousey

I am vulnerable; that's why I fight.

~Ronda Rousey

I've coached doing judo, but I've never coached MMA. I'll have my own coach with me to help me along the way and I can't really fail with him by my side, but I'm a little nervous.

~Ronda Rousey

I never aspired to be 2nd. I was taught... you can do whatever you want in this world, so why not be the best in the world?

~Ronda Rousey

I don't want little girls to have the same ambitions as me. But I want them to know that it's okay to be ambitious.

~Ronda Rousey

Being an athlete, you try to get protein.

~Ronda Rousey

After I did the swimsuit issue, I knew that I wanted to do it again.

~Ronda Rousey

The whole 'bad girl' thing allows me to mess up sometimes. And I have freedom to say more of what I want to.

~Ronda Rousey

My father would say, 'Ronnie, you're going to be someone special. Whatever it is that you want to do, you're going to be the best in the world at it.'

~Ronda Rousey

The thing that gets me up in the morning is that I'm really not ready to see someone that I know I can beat holding my belt.

~Ronda Rousey

My one fear is failure and that's one fear I have to face all the time. Yes, it's uncomfortable to be scared but I'm finally comfortable being uncomfortable.

~Ronda Rousey

I kind of like to think of myself as the bad girl Olympian that would get kicked out of the Miss America pageant.

~Ronda Rousey

Complimenting yourself is the funnest form of manifestation.

~Ronda Rousey

Fear of failure is always a driver but the thirst for more is a good one

too... So I think you need a little bit of both.

~Ronda Rousey

I'm a courageous person because I'm a scared person.

~Ronda Rousey

There was a long time I had no job security, no options and no education.

~Ronda Rousey

Even before I was a fighter, I was a daddy's girl.

~Ronda Rousey

Strong and healthy is the new sexy.

~Ronda Rousey

Reality TV is set up to make people entertaining. A good person with values and principles is not good television.

~Ronda Rousey

It was a very bold step for Sports Illustrated, and a lot of people are taking notice. I want it to be so normal that people don't even notice anymore.

~Ronda Rousey

The way that I like to fight is I like to paint myself into a corner and so the only way is for me to win.

~Ronda Rousey

Look at my face. Does it look like I can take a good hit?

~Ronda Rousey

At home, I watch fights and documentaries - that's it. If it's not about the birth and death of stars, 'Frozen Planet,' or someone getting punched in

the face, I'm probably not watching it.

~Ronda Rousey

My first injury ever was a broken toe, and my mother made me run laps around the mat for the rest of the night. She said she wanted me to know that even if I was hurt, I was still fine.

~Ronda Rousey

I'm going to beat Alexis Davis then take a nap

~Ronda Rousey

As an athlete you're taught to be selfish. When I'm training, it's usually all about me.

~Ronda Rousey

I knew that I liked what I was doing, that it was what I wanted to do for a living, and that the profession didn't really exist so much. So I had to create it.?

~Ronda Rousey

I think that Floyd Mayweather is the best boxer that's ever lived; like actual technical boxer.

~Ronda Rousey

For girls it raises your testosterone, so I try to have as much sex as possible before I fight.

~Ronda Rousey

I got a lot of body paint on me in a short period of time. I would definitely do it again because Joann Gair is so brilliant, but I would definitely need, like, a good long break for it.

~Ronda Rousey

Where is women's sports prominently displayed with the men? Tennis

is the only thing I can think of.

~Ronda Rousey

I try not to get caught up on how cool I am. That way nothing ever gets done. I'm always thinking about what I haven't done.

~Ronda Rousey

I've never had anything cold and wet touching my butt hole before. That was quite the experience!

~Ronda Rousey

I'm going to retire undefeated. I'll take everybody out one-by-one then go on my merry way

~Ronda Rousey

Sports Illustrated is very serious about their covers. They'll never say, like, 'Oh you got it.'

~Ronda Rousey

When you shoot nude, you always find a way to, like, cover yourself up in a way. So you really don't feel like you're truly naked because you're still covering yourself.

~Ronda Rousey

The bigger my chest is, the more it gets in the way. It just creates space. It makes me much more efficient if I don't have so much in the way between me and my opponent.

~Ronda Rousey

If there's a camera on me or off me, it's roughly the same, just a lot less energy.

~Ronda Rousey

I respect Georges St. Pierre as a businessman and an athlete. I don't

have anything against him personally. But he's not the kind of fighter I like watching.

~Ronda Rousey

I'm not a full model like those other girls. Mostly I was surprised that I could hang.

~Ronda Rousey

I really think that 'Sports Illustrated' is a big step in the "healthy is the new skinny" movement.

~Ronda Rousey

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