

Ruben Papian Quotes

*Self, Emotion, Thinking, Elements, Want, Long, Spiritual, Slavery, Recipes,
Universe, Soul, Way, Happiness, Love Again, Missing, Possibility, Destiny, Who
We Are, Play, Life Is*

When we ask for heaven, we are asking for stasis. A form of comfort that will last for eternity. Yes, that is what we all want, the way we understand happiness.

~Ruben Papian

Emotions can create problems that do not exist. It's fine to be justifiably angry. But, it's not okay to let that anger fester long enough to become bitterness.

~Ruben Papian

Our time in this life is limited. And how we respect that time will create a greater possibility for fulfillment.

~Ruben Papian

Our emotions are the way we experience the world. They are never wrong. It is only the conscious mind mismanaging that gets in the way.

~Ruben Papian

The continual mismanagement is what keeps us from enjoying the full pallet of emotions that truly enrich us. .

~Ruben Papian

Time is the great doctor of your life. You have to respect the doctor. The devouring self is the patient. Listen to the doctor.

~Ruben Papian

Think of destiny more like potentiality because of an element called - free will.

~Ruben Papian

Egoistical opinion that a man is the king of nature was created by the man himself, so he can justify his wrong decisions.

~Ruben Papian

What does the universe want from us? It wants us to be alive. It wants us to fully partake in life. The universe thrives on the music we create.

~Ruben Papian

When there are no conflicts in you, between material wealth and spiritual life, you have found yourself.

~Ruben Papian

Self-awareness can't be built on looking at our pluses and minuses before we look at the most basic essence of what we are.

~Ruben Papian

We come to this book because something is missing in our souls. This book will take you through the steps that you stumbled over in all your other attempts. And it will bring more than you asked for.

~Ruben Papian

The slavery of identity comes from our refusal to face ourselves. So we must begin the exploration to self-awareness. Where do we start?

~Ruben Papian

Emotions. Swelling waves that we are so often powerless to navigate. Is there some meaning to them? Of course, you just have to learn how to properly manage them.

~Ruben Papian

We can use doubt to self-analyze. A measure of doubt can help us to attain self-honesty. But, like too much water, too much doubt will also destroy us.

~Ruben Papian

There is another component that makes us who we are. It is a fantasy comprising all of our actions and thoughts. It's called an opinion. And we will die for our opinion.

~Ruben Papian

The agony of love destroyed often leaves us swearing never to love again.

~Ruben Papian

Faith is the amplifier that will allow the universe to hear and resonate with your music.

~Ruben Papian

It's not that the universe wants you to be abundant; it is offering you the opportunity to take part in its abundance.

~Ruben Papian

Everything is a consequence of Something. The element of coincidence doesn't exist. We only think it exists because we cannot keep up with all processes that happen around us.

~Ruben Papian

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