People, Thinking, Beautiful, Ideas, Self, Drug, Funny, Children, Consciousness, Mean, Littles, World, Spiritual, Animal, Vegetarian, Needs, Different, Lying, Believe, Addiction

By puberty I learned that nothing worth having could be easily attained and to succeed one must be single minded.

~Russell Brand

I like threesomes with two women, not because I'm a cynical sexual predator. Oh no! But because I'm a romantic. I'm looking for "The One." And I'll find her more quickly if I audition two at a time.

~Russell Brand

As long as we prioritize material truths over spiritual truths we will live in tyranny because we are living an illusion

~Russell Brand

You must not feel persecuted and examined. Liberate yourself from the idea that people are watching you.

~Russell Brand

I get fixated when I'm bleeding -- I can see why they went in for blood-letting in the medieval times because it makes you feel a bit better. When I cut myself, the drama of it calms me down.

~Russell Brand

The bad-boy label is just an assumption.

~Russell Brand

The revolution that's required isn't a revolution of radical ideas, but the implementation of ideas we already have.

~Russell Brand

I recognize that I have the ability to be selfish, but I also recognize that you can't be happy if you only care about yourself at the expense of other people.

Strength does not have to be belligerent and loud.

~Russell Brand

If people have some sort of yearning, dissatisfaction or some itching irritability, then it might because they aren't looking in the right direction for a solution. They aren't looking within.

~Russell Brand

I thought I was promiscuous, but it turns out I was just thorough.

~Russell Brand

I keep hearing in my head "you are the Messiah, you are the Messiah." I think there's something wrong with my headphones.

~Russell Brand

I'm not better than you; I'm just different than you in a way that's better.

~Russell Brand

The only Revolution that can really change the world is the one in your own consciousness, and mine has already begun.

~Russell Brand

Our social and economic systems are so devoid of humanity and love.

~Russell Brand

I missed him, of course, but sometimes close friendships have a tidal beat that pulls you towards different shores though the ocean that connects you remains.

~Russell Brand

How we treat the vulnerable is how we define ourselves as a species.

~Russell Brand

Be led by your talent, not by your self-loathing; those other things you

just have to manage.

~Russell Brand

Life's never a postcard of life, is it? It never feels like how you'd want it to look.

~Russell Brand

The right to free speech is important but it isn't as important as 'we're all human beings together, let's find solutions together.'

~Russell Brand

I don't see why someone should lose their life just so you can have a snack.

~Russell Brand

Even as a junkie I stayed true [to vegetarianism] - 'I shall have heroin, but I shan't have a hamburger.' What a sexy little paradox.

~Russell Brand

I couldn't possibly have sex with someone with such a slender grasp on grammar!

~Russell Brand

If you have no brothers and sisters it defines you for life; even when you're thirty you refer to yourself as an only child.

~Russell Brand

Rebel children, I urge you, fight the turgid slick of conformity with which they seek to smother your glory.

~Russell Brand

Apathy is a rational reaction to a system that no longer represents, hears or addresses the vast majority of people.

Socialism isn't a dirty word; it just means sharing. Really, it's just the bureaucratic arm of Christianity.

~Russell Brand

I want to change the world, and do something valuable and beautiful. I want people to remember me before I'm dead, and then more afterwards.

~Russell Brand

I'm buying things for people I don't even know. I'm like Willy Wonka, but more manipulative. Imagine if Willy Wonka had a devious goal.

~Russell Brand

It's highly psychological, and very beautiful, and overwhelming, and real, and trippy!

~Russell Brand

All penguins are the same below the surface, which I think is as perfect an analogy as we're likely to get for the futility of racism.

~Russell Brand

Consciousness exists beyond your head, between our heads, and it can manifest harmony.

~Russell Brand

If you've got any concern at all about animal welfare, you've got to not eat meat.

~Russell Brand

Total revolution of consciousness and our entire social, political and economic system is what interests me, but that's not on the ballot.

~Russell Brand

In England, we have such good manners that if someone says

something impolite, the police will get involved.

~Russell Brand

People don't realize that the future is just now, but later.

~Russell Brand

There was [really] little difference between someone acting throwing french fries in your face and someone throwing french fries in your face.

~Russell Brand

The world isn't made of atoms, it's made of stories.

~Russell Brand

Question all information when you receive it. You might not even trust me Look at me, I've got a blanket over me head.

~Russell Brand

The priority of any addict is to anaesthetise the pain of living to ease the passage of day with some purchased relief.

~Russell Brand

Addiction is a serious desease; it will end with jail, mental institutions or death.

~Russell Brand

I don't get my authority from this preexisting paradigm which is quite narrow and only serves a few people. I look elsewhere for alternatives that might be of service to humanity.

~Russell Brand

As a person I'm a little more doubtful, introspective and analytical.

Sometimes, as a comedian, a line will come to you, that is so beautiful, so perfect, that you think: I did not create this line. This line belongs to all of us. Surely this is a line of God

~Russell Brand

I used to binge-eat and make myself throw up. I was a fat kid. Obviously I didn't quite master the bulimia.

~Russell Brand

Every moment is a fresh new beginning... a wonderful inauguration of the great cosmic journey through the Universe. We can do whatever we want. We can change reality at any moment.

~Russell Brand

People have always said, are you gay? I've had a lot of that. But it's just not in me. I really like women a lot; I'm repulsed by men sexually.

~Russell Brand

People who say the system works work for the system.

~Russell Brand

Love is the one thing we're capable of perceiving that transcends time and space.

~Russell Brand

I think what's actually happened is print media is becoming obsolete, and this is like the floundering corpse of a dying media. It is just twitching.

~Russell Brand

You're a musician, it is important that you suffer!

~Russell Brand

See all these buildings, Russell? All these buildings were once a

drawing on a piece of paper, and before that they were an idea in someone's head. Any idea that you have, you can make manifest.

~Russell Brand

Normally, I'm good at first dates, 'cause that's the only date I ever have, so I know how to control it and be confident.

~Russell Brand

I'm quite a neurotic thinker, quite an adrenalized person. But after meditation, I felt this beautiful serenity and selfless connection.

~Russell Brand

Nigel Farage and Sean Hannity is like a super group of idiots.

~Russell Brand

Tumbling into a dark, Lewis Carroll labyrinth of filth, pursuing a white rabbit of smut!

~Russell Brand

And I don't think we should be continuing to propagate the idea that famous people are magical or special because it makes people feel like their lives ain't no good.

~Russell Brand

People don't throw your bags out of windows because of lies; they throw them out because of the truth.

~Russell Brand

I'm into yoga, I meditate all the time, I'm vegetarian.

~Russell Brand

We continue to be spilled on by consumerism even though we know it doesn't make us happy.

It is 10 years since I used drugs or drank alcohol and my life has improved immeasurably. I have a job, a house, a cat, good friendships and generally a bright outlook.

~Russell Brand

I also do a lot of Kundalini yoga.

~Russell Brand

Drugs and alcohol are not my problem, reality is my problem, drugs and alcohol are my solution.

~Russell Brand

I think all of us are living in denial of our spiritual nature as we continue to participate in the material world even though we know we're destroying the planet we live on.

~Russell Brand

As a producer, you've got to be involved in helping out with solving problems.

~Russell Brand

Managing wildlife? It's wild! It don't need managing, leave it alone.

~Russell Brand

When you fall in love you recognise you're not the most important person in the world, and your focus becomes another person.

~Russell Brand

Turns out it was mostly a lie. But, at least for a short while, it was a beautiful one.

~Russell Brand

Life is not a theme park, and if it is, the theme is death.

My life is just a series of embarrassing incidents strung together by telling people about those embarrassing incidents.

~Russell Brand

When I was growing up, I thought I'd be a lot happier if I was famous and successful and if I had money.

~Russell Brand

What was alien was being ordinary, being humdrum, being trapped into appeasing...having to crush and stifle my opinions, not being allowed to be brilliant, tricking myself into mediocrity.

~Russell Brand

I didn't take a job on Fox News because I'm interested in progress. I'm interested in shouting and pointing and simplifying things!

~Russell Brand

A buddy of mine was addicted to heroin and he told me that people who say quitting cigarettes is harder than quitting heroin are wrong.

~Russell Brand

As a performer, I'm very, very confident in what I do.

~Russell Brand

The more people who have access to this vital information the better society will be.

~Russell Brand

Thus another friendship was dashed on the cruel rocks amid the storm of my self-destruction.

~Russell Brand

The economy is just a metaphorical device, it's not real. That's why it's got the word con in it.

~Russell Brand

If you strip away self-effacement, charm and the spirit of mischief-qualities that make determination and ambition tolerable-you're left with a right ar**hole.

~Russell Brand

The need to find out what will happen if I don't relent or moderate my actions has been a constant source of difficulty and discomfort in my life.

~Russell Brand

A personality for the incredibly beautiful can be a pointless cargo.

~Russell Brand

I struggle in these situations not to let my madness govern me, and to let the positive aspects of my character define my life.

~Russell Brand

Fear travels fast. Love travels a little more slowly. Rationale takes a little more consideration.

~Russell Brand

Don't listen to me. I'm a maniac, but the voice in your head, ask it "Is it right to kill 200 million animals simply for fun?". What did it say? Right. There you go.

~Russell Brand

If your body is 90% water what have you got to drink water all the time for? Why can't you just have some crisps?

~Russell Brand

I'm a vegetarian. I believe that we're all equal. I ain't got no right to kill. Say a fly comes in my house, I tolerate that little a**hole.

~Russell Brand

The best thing you can do is fall in love. My life has been changed by falling in love.

~Russell Brand

It's no wonder Bob Geldof knows so much about famine - he's been dining out on I Don't Like Mondays for 30 years.

~Russell Brand

I'm famous now. But now that I've got fame and some of the other things I thought would make me happy - it ain't worked

~Russell Brand

If anybody needs any help with anything, I'm prepared to help.

~Russell Brand

It doesn't take an incredible manner of analysis to reveal that our primary desires are incessantly stimulated to keep us basic consumers.

~Russell Brand

No one shuts their laptop after looking at pornography and says, 'What a productive time I just spent connecting with the world!'

~Russell Brand

If you're a drug addict, often you're stealing - I've gotten done for shoplifting a few times.

~Russell Brand

Consciousness does affect matter.

~Russell Brand

The way I've been with drink and drugs suggests I have a tendency to

get addicted to things.

~Russell Brand

The greatest poverty one can have is to be poor in one's heart and for falling in love, he is truly happy. He discovers purpose.

~Russell Brand

Everyone has their own mantra.

~Russell Brand

If you're a drug addict, then you've always got drugs, so you're a criminal. So you're gonna get into problems.

~Russell Brand

Imagine the wisdom to be passed down from the classical Buddhist texts.

~Russell Brand

Eventually, I think you find a spiritual and emotional connection with someone, and I think it unifies you with everyone else. I think if you love one person, it makes you love everyone.

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