

# Ruth St. Denis

## Quotes

*Dance, Denial, Dancing, Art, Long, Stars, World, Space, Ballet, Should,  
Feelings, Years, Able, Receiving, Vision, Spiritual, Moving, Creative, Voice,  
Song*

I see dance being used as communication between body and soul, to express what it too deep to find for words.

~Ruth St. Denis

I believe that my whole creative life stemmed from this magic hour under the stars on that hilltop.

~Ruth St. Denis

You and I are but specks of that rhythmic urge which is Brahma, which is Allah, which is God.

~Ruth St. Denis

I have lived so long because in those moments when I am dancing, I am beyond time and space.

~Ruth St. Denis

Right here where you and I stand, we shall behold a true and radiant world. In that world, we shall dance only our divine essence.

~Ruth St. Denis

We have the capacity to receive messages from the stars and the songs of the night winds.

~Ruth St. Denis

It is this mission of the dancer to contribute to the betterment of all mankind.

~Ruth St. Denis

I want to dance always, to be good and not evil, and when it is all over not to have the feeling that I might have done better.

~Ruth St. Denis

As we rise higher in the understanding of ourselves, the national and racial dissonances will be forgotten in the universal rhythms of Truth

and Love

~Ruth St. Denis

I see the dance being used as a means of express what is too deep,  
too fine for words.

~Ruth St. Denis

We should realize in a vivid and revolutionary sense that we are not in  
our bodies but our bodies are in us.

~Ruth St. Denis

The Gods have meant That I should dance And by the Gods I will!

~Ruth St. Denis

It is not a question of who dances but of who or what does not dance.

~Ruth St. Denis

We can scale the heights of mountains and see the world rayed out  
before us, but we fail to recognize that which is before us

~Ruth St. Denis

Remembering that man is indeed the microcosm, the universe in  
miniature, the Divine Dance of the future should be able to convey with  
its slightest gestures some significance of the universe.

~Ruth St. Denis

We can hear the silent voice of the spiritual universe within our own  
hearts.

~Ruth St. Denis

But in reality we are accompanied by the whole dancing universe.

~Ruth St. Denis

I have the financial morals of a goldfish, I can resist everything but

temptation.

~Ruth St. Denis

How in the end can one possibly hold anyone responsible for our own underdeveloped visions, or undeveloped strength of character?

~Ruth St. Denis

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