Ruth Westheimer Quotes

Sex, People, Men, Morning, Thinking, Jewish Tradition, Red, Bad Day, Sensual, Worry, Increase, Life, Fantasy, Night, Violence, Animal, Should Have, Able, Criticize, Commitment You can either give in to negative feelings or fight them, and I'm of the belief that you should fight them.

~Ruth Westheimer

The time has come when women should pay for a gigolo. Why should only rich men have young, beautiful women? Rich women should have young, beautiful men.

~Ruth Westheimer

When it comes to sex, the most important six inches are the ones between the ears.

~Ruth Westheimer

My favorite animal is the turtle. The reason is that in order for the turtle to move, it has to stick its neck out.

~Ruth Westheimer

A lesson taught with humor is a lesson retained.

~Ruth Westheimer

Our way is not soft grass, it's a mountain path with lots of rocks. But it goes upwards, forward, toward the sun.

~Ruth Westheimer

Talking from morning to night about sex has helped my skiing, because I talk about movement, about looking good, about taking risks.

~Ruth Westheimer

Remember, attraction is only one part of a relationship. Loyalty, commitment, responsibility and maturity make up the rest.

~Ruth Westheimer

I am worried that the next generation will not be able to have a real conversation.

~Ruth Westheimer

Skiers make the best lovers because they don't sit in front of a television like couch potatoes. They take a risk and they wiggle their behinds. They also meet new people on the ski lift.

~Ruth Westheimer

Sex is not a sin. Many people have complained that this is taking all the fun out of sex.

~Ruth Westheimer

I don't like to see teenage men wearing very tight jeans. The sight of an erection belongs in the privacy of the bedroom, living room, or kitchen floor.

~Ruth Westheimer

Don't share your fantasies unless you're sure your partner really wants to hear them.

~Ruth Westheimer

Sex is still the most interesting subject under the sun. People will say my wife is too tired or my husband is too tired, and I listen and I say 'go for help.'

~Ruth Westheimer

It is a catastrophe, all of this virtual being together. I think there are people who get hooked on the internet. If they need to look at explicitly sexual material to be aroused there is a problem.

~Ruth Westheimer

Don't stint on foreplay - or afterplay. Be inventive!

~Ruth Westheimer

Boredom is the biggest problem. The same position. Same day of the

week. It becomes boring when you don't bring any added flowers home.

~Ruth Westheimer

Testosterone levels are highest in the morning.

~Ruth Westheimer

For some people, 'ten feet tall' is just a metaphor. For me, it's more than twice my height!

~Ruth Westheimer

Don't criticize in the sack. Discuss constructively later.

~Ruth Westheimer

I want people to see me or read about me and think about sex.

~Ruth Westheimer

It's pornography for me only when it involves violence or children. ~Ruth Westheimer

There is no scientific proof that any food increases sexual drive.

~Ruth Westheimer

For some strange reason I can put five bullets into that red thing in the middle of the target.

~Ruth Westheimer

Tel Aviv, with its young Olim community, is the sexiest thing on the entire planet.

~Ruth Westheimer

Part of my success is because I'm very old-fashioned.

~Ruth Westheimer

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