

# Sally Schneider

## Quotes

*People, Book, Vegetables, Kitchen, Thinking, Writing, Captains, Fun, Path,  
Calling, Food, Keys, Stuff, Real, Might, Complaining, Cooking, Eating, Weight,  
Kind*

Confit is the ultimate comfort food, and trendy or not, it is dazzling stuff.

~Sally Schneider

Using lots of fresh foods, fruits and vegetables, helps to keep the menu buoyant - I don't know if that's the right word, but it keeps a balance of freshness and health.

~Sally Schneider

I also think it's very important to consider how the food will feel to the person eating it.

~Sally Schneider

To write a book about improvisation is partly a contradiction in terms. Improvisation is spontaneous. It's in the moment.

~Sally Schneider

Generally a chef's book is like a calling card or a portfolio to display their personal work.

~Sally Schneider

I was working in restaurants as a captain and as a waiter.

~Sally Schneider

But all that being said about modulation, if you're serving people delicious food, they won't complain.

~Sally Schneider

I'm a serious eater and a seriously hungry person, so I set out on that path to figure it out for myself, and of course it really resonated with other people.

~Sally Schneider

A lot of people who want to cook with less fat are surprised by that. You

can cook vegetables in a little water in a covered pan and then throw the fat into the residual liquid to coat them.

~Sally Schneider

You don't have to stick with these recipes. They're guides. As I say, they're a way in. Have fun with them. It's an easier way to cook in a busy life, once you get the hang of it.

~Sally Schneider

I was aiming for the cooks that I've talked to by teaching an online course and by traveling, listening to people who are really busy and harried but want to be cooking.

~Sally Schneider

Often for hors d'oeuvres, I serve room temperature vegetables, something like that, so that the main course might be quite rich but the first course has balanced it out.

~Sally Schneider

I had all kinds of food issues, including health concerns and weight concerns.

~Sally Schneider

I realized I didn't want to be a photographer. I gave it up, but I still worked that job in the restaurant and I found myself constantly hanging out in the kitchen.

~Sally Schneider

I often write into recipes techniques that I learned in the restaurant kitchen. There are ways of organizing your prep and so on that are immensely useful. Those are woven into all the recipes I do.

~Sally Schneider

### **Related Links:**

- People Quotes
- Book Quotes
- Vegetables Quotes
- Kitchen Quotes
- Thinking Quotes
- Writing Quotes
- Captains Quotes
- Fun Quotes
- Path Quotes
- Calling Quotes
- Food Quotes
- Keys Quotes
- Stuff Quotes
- Real Quotes
- Might Quotes
- Complaining Quotes
- Cooking Quotes
- Eating Quotes
- Weight Quotes
- Kind Quotes