

Salma Hayek Quotes

*Thinking, People, Mother, Children, Believe, Giving, Men, Trying, Girl, Nice,
Mexican, Want, Latin, Daughter, Character, Mexico, Fun, Important, Moving,
Inspirational*

I say that the most liberating thing about beauty is realizing that you are the beholder.

~Salma Hayek

No woman has to be a victim of physical abuse. Women have to feel like they are not alone.

~Salma Hayek

Life is tough; and if you have the ability to laugh at it, you have the ability to enjoy it.

~Salma Hayek

I think it's not a femme fatale when someone is not doing it to manipulate men or be like a black widow. She loves him. She does it out of love. She wants him so badly to stay with her.

~Salma Hayek

I proved to myself that if I believe in something and set my mind to it I could actually accomplish it.

~Salma Hayek

I keep waiting to meet a man who has more balls than I do.

~Salma Hayek

Sometimes evolving doesn't mean transforming; sometimes it just means owning what is there.

~Salma Hayek

Life is about creating new opportunities, not waiting for them to come to you.

~Salma Hayek

Your empathy for other mothers is such a natural instinct and it's such a beautiful thing that we all connect, and we should all help each other.

~Salma Hayek

What is important is to believe in something so strongly that you're never discouraged.

~Salma Hayek

You can be a thousand different women. It's your choice which one you want to be. It's about freedom and sovereignty. You celebrate who you are. You say, 'This is my kingdom.'

~Salma Hayek

This is not love. It is a crime... You can't look the other way just because you have not experienced domestic violence with your own flesh.

~Salma Hayek

In fighting for women, we fight for humanity. We fight for the future - for everyone.

~Salma Hayek

There has never been a female director who has won an Oscar. There has only been one woman who won at the Cannes Film Festival.

~Salma Hayek

When you are passionate about life, it keeps you young. Sometimes I wake up at 4:00 am just to see how my roses look.

~Salma Hayek

I have tried my whole life to represent my Mexican roots with honor and pride.

~Salma Hayek

Every woman who thinks she is the only victim of violence has to know that there are many more.

~Salma Hayek

It doesn't matter what you have faith in, just that you have faith.

~Salma Hayek

Every unwanted animal ends up on my farm: alpacas and horses and dogs and cats and chickens and ducks and parrots and fish and guinea pigs.

~Salma Hayek

I believe that change keeps you young.

~Salma Hayek

People always underestimate me. But if you stick around long enough, act out of conviction, and try to be honorable in everything you do, good things will come to you.

~Salma Hayek

I know the only reason that I haven't gotten many good parts is because I am Latin - and they tell it to my face a lot of times.

~Salma Hayek

Botox, trust me I've been tempted - but I resist! Think about what happens to your muscles - and your skin - if you're sick and don't move for a few days.

~Salma Hayek

I'm not a skinny girl. I push it. I'm at the limit of chubbiness at all times, but I'm happy at all times.

~Salma Hayek

Somehow I am really relaxed within the chaos of having a baby - and anyone who's a mother knows it's very hard to relax, because there is so much to do and worry about!

~Salma Hayek

I work hard, I make my own living and I love it. I like having financial independence.

~Salma Hayek

Life is about chasing after the things you think are truly worth it, even if they don't happen, I'd rather have nothing but know I didn't settle for something I didn't want!

~Salma Hayek

I'll tell you, there is nothing better in life than being a late bloomer. I believe that success can happen at any time and at any age.

~Salma Hayek

I became obsessed with all these women who die never feeling they did anything extraordinary with their lives.

~Salma Hayek

If you give me any problem in America I can trace it down to domestic violence. It is the cradle of most of the problems, economic, psychological, educational.

~Salma Hayek

Some men have a silly theory about beautiful women - that somewhere along the line they'll turn into a monster. That movie gave them a chance to watch it happen.

~Salma Hayek

It's very easy to feel someone's pain when you love them.

~Salma Hayek

I just love life. I'm excited about things in life. I think that if you're excited about life, you are excited about waking up and doing things

with your life every day.

~Salma Hayek

Producing is hell, writing is frustrating, acting is really satisfying, directing is heaven.

~Salma Hayek

I directed a movie and now, I'm going to do the editing.

~Salma Hayek

And I highly recommend for all the women in the world, even if they're 71, you can never take for granted that he loves you. It's always good to flirt with him. It's a great sport.

~Salma Hayek

I also have a film coming up called Breaking Up, and my part in that was not written for a Latina, and my character is not particularly pretty or sexy or exotic.

~Salma Hayek

I have a farm and I love it there. There's really nothing to do, but even watching the chickens, its fun.

~Salma Hayek

You want to do movies that your children can watch, and that your children can have fun at and enjoy the experience of shooting.

~Salma Hayek

My driving abilities from Mexico have helped me get through Hollywood.

~Salma Hayek

I really do love Diana Ross; I grew up listening to her records. I grew up in a little town in Mexico, so while we got the music, we never got the

experience of watching her.

~Salma Hayek

Beauty products always cheer me up and give me hope. If it makes you feel pretty, why not?

~Salma Hayek

If I go on a diet and work out, I'm always in a bad mood. I'd rather be a little heavier but nice.

~Salma Hayek

...you have to understand that motherhood has to be your priority. It's important work.

~Salma Hayek

I didn't think marriage worked. I thought everybody who was married was secretly miserable - that it was something they just put up with for their children.

~Salma Hayek

I'm a country girl. I have to be in nature, so my daughter is exposed to it a lot.

~Salma Hayek

Everybody has a weakness. Mine is food.

~Salma Hayek

As a woman, you should be more at ease with your sexuality when you are in your 40s...You are more self-assured about that part. And that's the way it should be.

~Salma Hayek

If you look at any other group of people suffering injustice, women are always in the worst situation within that group.

~Salma Hayek

Life, I've got lots of friends. I don't complain.

~Salma Hayek

My heart has been stolen too - but I've gone and got it back every single time!

~Salma Hayek

I do have a Mexican accent, but that doesn't mean that I'm a Latin vamp.

~Salma Hayek

How I would describe my characters is absolutely different from how I would describe myself.

~Salma Hayek

I've stolen a couple of hearts and they are in my private collection!

~Salma Hayek

I aim for a lifetime full of movies.

~Salma Hayek

There is a subconscious way of taking violence as a way of expression, as a normality, and it has a lot of effects in the youth in the way they absorb education and what they hope to get out of life.

~Salma Hayek

I'm saving my sick days for when I'm feeling better.

~Salma Hayek

I have a small house so I borrow everything except art, that's what I love.

~Salma Hayek

I've never had anything done on my face. I've never had dermabrasion or peels or injections of any kind, nothing.

~Salma Hayek

I think if I was not in love, I would probably let myself go faster. Love gives me the vanity to continue.

~Salma Hayek

I always look forward to seeing a man who has more brains than me.

~Salma Hayek

I think it's nice for women to try to be sexy for their man.

~Salma Hayek

I have always been an active part of my community.

~Salma Hayek

The thought of somebody pulling and cutting around my face gives me stomach ache. Plastic surgery would be so painful. What if it doesn't look good? What if they made a mistake? I couldn't do it.

~Salma Hayek

I have a ranch, which is my favorite place in the world.

~Salma Hayek

My new movie, *Fools Rush In*, is a romantic comedy and the girl I play in that is very warm, very sweet.

~Salma Hayek

I'm suspicious of people who talk about their feelings to the whole world

~Salma Hayek

What once was an expression of who I was - acting - also became my

hiding place.

~Salma Hayek

Leave it to the Catholics to destroy existence.

~Salma Hayek

I will not have Botox. You know why? Because I eat! I eat the fat, I eat the vegetable, I eat everything. If you exercise and you don't eat enough, it takes its toll on the skin.

~Salma Hayek

Sometimes when we try to get outside of ourselves, to be like someone else, you miss out on so many beautiful things that you don't know that you are because you're looking at someone else.

~Salma Hayek

It sounds trite to go after men who are nice but when you've been hurt a lot it becomes appealing.

~Salma Hayek

Find your own style. Don't spend your savings trying to be someone else. You're not more important, smarter, or prettier because you wear a designer dress.

~Salma Hayek

There is an Arabic writer who wrote philosophy and poetry and who brought all religions and all the world together.

~Salma Hayek

I might not be famous one day. But I'd still be happy.

~Salma Hayek

I have one friend that I've had since I was born, and she's from Coatzacoalcos. She's not really impressed or interested in the actor's

life. My family isn't really either.

~Salma Hayek

Hollywood has definitely grown, in embracing the inclusion of Latinos in the world, because, for some time, we didn't exist. We were not part of any stories.

~Salma Hayek

Make yourself smell nice. I even wear perfume sometimes when I'm alone.

~Salma Hayek

Try to figure out who you really are and not who you want other people to think you are.

~Salma Hayek

It's more fun to play a good character with a good director and good actors around you. That's what makes it fun, and the more variety, the better.

~Salma Hayek

I can learn my lines fine. It's just reading them in the first place that is the problem.

~Salma Hayek

Don't try to dress like me or wear your hair like mine. Find your own style.

~Salma Hayek

I was an illegal immigrant.

~Salma Hayek

I grew up in Mexico, not the U.S., and the fact is that there just aren't any parts for Latin actresses. I have to persuade people that my accent

won't be a problem, but an asset.

~Salma Hayek

Before I had my child, animals were my life. I slept with four dogs in my bed.

~Salma Hayek

At one point in my life, I was very involved with social causes. I'm still involved, but now I have a family and it's important to me.

~Salma Hayek

I love to cook for my husband and daughter. I enjoy going to the market for fresh vegetables.

~Salma Hayek

When I started acting, I was told over and over again, 'You're no good.' But I said to myself, 'You've got to keep it up.'

~Salma Hayek

What works in a relationship of very public people is not making the relationship public - keeping it as personal as it can be. It's the only way it is real.

~Salma Hayek

I like being a mother. For some people, it's so much work that it can be a burden. But it's not for me, maybe because I had my daughter, Valentina, later on in life, at 41.

~Salma Hayek

There were many times when I had to emotionally come to terms with the fact that maybe I wasn't ever going to get married. And I started getting comfortable with that.

~Salma Hayek

It breaks my heart because there are some parts I know I would have the right spirit for, and I just don't get them because I have an accent.

~Salma Hayek

I don't ever want to have to depend on anyone completely.

~Salma Hayek

The truth is, I just don't have the drive to be the prettiest and the thinnest. I can be happy for other people for their beauty.

~Salma Hayek

I think it's important that kids have responsibilities and understand the value of things, but I think it's great I get to travel the world with my daughter.

~Salma Hayek

When I feel stressed, I turn to food for comfort, but I don't like to diet and I'm not good at it.

~Salma Hayek

My accent was horrible. In Mexico, nobody says, 'You speak English with a good accent.' You either speak English, or you don't: As long as you can communicate, no one cares.

~Salma Hayek

I think that a lot of women that know they're going to be part of history somehow decide to have a character to be remembered by.

~Salma Hayek

If I've been indulging in rich foods, a cleanse is a wonderful way to hit the reset button.

~Salma Hayek

If it wasn't because of my high heels, I would still be in Coatzacoalcos

with 10 children.

~Salma Hayek

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