

# Sarah Kane Quotes

*Mind, Dancing, People, Wish, Beautiful, Here I Am, Years, Feelings, Cry,  
Glasses, And Love, Mistake, Loss, Rope, Play, Dog, Meaningful, Chickens,  
Sassy, Talking*

No boy is worth crying over, and the one who is won't make you cry.

~Sarah Kane

Once you have perceived that life is very cruel, the only response is to live with as much humanity, humour and freedom as you can.

~Sarah Kane

To create something beautiful about despair or out of a feeling of despair is for me the most hopeful life affirming thing a person can do

~Sarah Kane

Only love can save me and love has destroyed me.

~Sarah Kane

I feel like I'm eighty years old. I'm tired of life and my mind wants to die.

~Sarah Kane

If you died it would be like my bones had been removed. No one would know why, but I would collapse.

~Sarah Kane

No one survives life.

~Sarah Kane

They will love me for that which destroys me.

~Sarah Kane

She's talking about herself in the third person because the idea of being who she is, of acknowledging that she is herself, is more than her pride can take.

~Sarah Kane

the chicken's still dancing the chicken won't stop

~Sarah Kane

Have you made any plans? Take an overdose, slash my wrists then hang myself. All those things together? It couldn't possibly be misconstrued as a cry for help.

~Sarah Kane

There is an objective reality in which my body and mind are one. But I am not here and never have been.

~Sarah Kane

I love you still, Against my will.

~Sarah Kane

Please. Don't switch off my mind by attempting to straighten me out. Listen and understand, and when you feel contempt don't express it, at least not verbally, at least not to me.

~Sarah Kane

I don't have music, Christ I wish I had music but all I have is words.

~Sarah Kane

Here I am and there is my body dancing on glass  
In accident time  
where there are no accidents  
You have no choice the choice comes  
after

~Sarah Kane

Comedy is easy. First, people have to fall down. Next, include someone a little hefty. It's a hoot.

~Sarah Kane

There's not a drug on earth can make life meaningful

~Sarah Kane

Death is my lover and he wants to move in.

~Sarah Kane

Of course I loved you, you saved my life. I wish you hadn't I wish you hadn't I wish you'd left me alone.

~Sarah Kane

It is myself I have never met whose face is pasted on the underside of my mind

~Sarah Kane

You get mixed messages because I have mixed feelings.

~Sarah Kane

Here I am and there is my body dancing on glass.

~Sarah Kane

Your hair is an act of God.

~Sarah Kane

Embrace beautiful lies - the chronic insanity of the sane

~Sarah Kane

Sleep with a dog and rise full of fleas.

~Sarah Kane

What I sometimes mistake for ecstasy is simply the absence of grief.

~Sarah Kane

I crave white on white and black, but my thoughts race in glorious technicolour, prodding me awake, whipping away the warm blanket of invisibility every time it sears to smother my mind in nothing.

~Sarah Kane

I'm here, got no choice. But you, you should be telling people.

~Sarah Kane

I am an emotional plagiarist, stealing other people's pain, subsuming it into my own until I can't remember whose it is any more.

~Sarah Kane

I am the beast at the end of the rope.

~Sarah Kane

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