

Sarah Kay Quotes

*Writing, Thinking, People, Trying, Hands, Important, Way, Art, Daughter,
Believe, Mean, Should Have, School, Motivation, Mom, Inspiration, Strategy,
Giving, Space, Beautiful*

Because there's nothing more beautiful than the way the ocean refuses to stop kissing the shoreline, no matter how many times it's sent away.

~Sarah Kay

This world is made out of sugar. It can crumble so easily but don't be afraid to stick your tongue out and taste it.

~Sarah Kay

If I should have a daughter, instead of "Mom," she's going to call me "Point B," because that way she knows that no matter what happens, at least she can always find her way to me.

~Sarah Kay

It does not matter how strong your gravity is, we were always meant to fly.

~Sarah Kay

Most days it feels as if the world is whirling around me and I am standing still. In slow motion, I watch the colors blur; people and faces all become a massive wash.

~Sarah Kay

Remember that good things come in threes and so do bad things and always apologize when you've done something wrong but don't you ever apologize for the way your eyes refuse to stop shining.

~Sarah Kay

There are parts of me I only recognize from photographs.

~Sarah Kay

Not all poetry wants to be storytelling. And not all storytelling wants to be poetry. But great storytellers and great poets share something in common: They had something to say, and did.

~Sarah Kay

Forgive yourself for the decisions you have made, the ones you still call mistakes when you tuck them in at night.

~Sarah Kay

You can only fit so many words in a postcard, only so many in a phone call, only so many into space before you forget that words are sometimes used for things other than filling emptiness.

~Sarah Kay

I think there is a human instinct to tell stories, no matter who you are or where you live.

~Sarah Kay

You are not made of metaphors, Not apologies, not excuses.

~Sarah Kay

I use poetry to help me work through what I don't understand, but I show up to each new poem with a backpack full of everywhere else that I've been.

~Sarah Kay

Hands learn more than minds do, hands learn how to hold other hands.

~Sarah Kay

Fingers interlocked like a beautiful accordion of flesh or a zipper of prayer

~Sarah Kay

It's really hard for me to remember all of the places that I've been but I can remember all of the delicious meals that I've ever eaten. I love traveling by way or stomach...and finding quiet time.

~Sarah Kay

If I should have a daughterâ€¦ I'm gonna paint the solar system on the backs of her hands so she has to learn the entire universe before she can say â€œoh I know that like the back of my hand.

~Sarah Kay

Ever hear that expression, "it was the best of times, it was the worst of times"? That's what high school was like for me. Both of those - all the time.

~Sarah Kay

Some people read palms to tell your future, but I read hands to tell your past. Each scar makes a story worth telling. Each callused palm, each cracked knuckle is a missed punch or years in a factory.

~Sarah Kay

My self-confidence can be measured out in teaspoons mixed into my poetry, and it still always tastes funny in my mouth.

~Sarah Kay

I want [my daughter] to look at the world through the underside of a glass-bottom boat, to look through a microscope at the galaxies that exist on the pinpoint of a human mind.

~Sarah Kay

If I should have a daughter, instead of "Mom," she's going to call me "Point B."

~Sarah Kay

Ever since I was little, I've loved making hand-made cards and presents and arts & crafts for people.

~Sarah Kay

Poetry makes people nervous. Especially in schools.

~Sarah Kay

It's not just the adage 'write what you know,' it's about gathering up all of the knowledge and experience you've collected up to now to help you dive into the things you don't know.

~Sarah Kay

Nothing is as universal as some good scatological humor. Even if it means having to be a little silly or cheeky, I think it is worth it.

~Sarah Kay

Every moment I choose to write about is one I have deemed important enough to dwell inside of and share with others. I am holding this moment up to the light and saying, "Wow, will you look at that?"

~Sarah Kay

One of my highest priorities as an educator is to be as inclusive as possible.

~Sarah Kay

Poetry is like a puzzle-solving strategy for me. I like to poem my way through tricky questions and ideas. That's about the only consistent thread through my poem-creation process.

~Sarah Kay

I want to welcome folks to poetry, especially those who may have previously felt unwelcome; I want to celebrate everyone who is trying to make sense of this world through poetry the way I try to.

~Sarah Kay

I fell in love with poetry through storytelling, so my poetry tends to be fairly narrative. I like characters, I like having a beginning, middle, and ending, though not necessarily in that order.

~Sarah Kay

When words become a poem, it makes sense to me, but I don't know

how to explain to someone why the words are the way they are. It's just the logic of the poem to me.

~Sarah Kay

Artistry is important. Skill, hard work, rewriting, editing, and careful, careful craft: All of these are necessary. These are what separate the beginners from experienced artists.

~Sarah Kay

I write poems to figure things out

~Sarah Kay

You can be an artist, work hard for your work and also share while trying to create community with other artists.

~Sarah Kay

I do like celebrating women, I do like celebrating different lifestyles and choices and people and it makes me happy when others find my work empowering.

~Sarah Kay

Part of what I try to do in schools is take poetry off of a pedestal and make it a little more accessible and approachable.

~Sarah Kay

The first spoken word poem I ever wrote was when I was 14 and I wrote it because I was accidentally signed up for a teen poetry slam. Because I loved poetry I said that I'd try it out.

~Sarah Kay

I write poetry to figure things out. Any time I'm trying to wrap my head around something, poetry is like a puzzle-solving strategy for me.

~Sarah Kay

It is equally important to listen as it is to speak.

~Sarah Kay

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