

Sarah Polley

Quotes

*Thinking, World, Want, Film, Moments, People, Writing, Beautiful, School, Fun,
Together, Doe, Trying, Scary, Ideas, Years, Our World, Twenties, Real, Dawn*

I always look for an intense experience, an intense ride. There is nothing better than a good zombie movie where you run crazy and blow at monsters! It was a physical shoot and I enjoyed it.

~Sarah Polley

Plus, doing a zombie movie is quite liberating. It's fun not to take myself seriously all the time.

~Sarah Polley

My mom died of cancer when I was really young. I'm not someone who tries to work out their own stuff with a role, but I think that happened despite my best efforts to keep myself separate from it.

~Sarah Polley

Being a human being is all about experiencing all of the wonders of the world and therefore as an actress, I'm open to any opportunity that may enrich my horizon.

~Sarah Polley

I think it's a universal thing in every family, that people have their own specific versions of pivotal events or even small memories.

~Sarah Polley

It's amazing how the world does actually go on in the middle of things that should stop it for us.

~Sarah Polley

I still feel that a movie has to attempt to say something - even if it fails miserably. But I've sort of given up on believing that I'm going to change the world with every film I choose to act in.

~Sarah Polley

I want my world to get bigger and not end up in a small corner.

~Sarah Polley

I think that we need to get along together if we want to survive in the twenty-first century.

~Sarah Polley

There is no point trying to figure out who is guilty or not at un-balancing the planet. I think we need to figure out and solve the problems together and not isolate from each other.

~Sarah Polley

Some of the funniest moments I've ever experienced have been in the midst of tragic situations in my life.

~Sarah Polley

It's not that I don't want to become famous or that I'm obsessed by my work as an actress, but it's all about not limiting myself, such as putting myself in a little jail that I can escape from.

~Sarah Polley

I'm never sure what's coming next, but I'm an open minded person and I welcome any challenge.

~Sarah Polley

So I decided to make a film about our need to tell stories, to own our stories, to understand them, and to have them heard.

~Sarah Polley

I do tend to take time off. A year and a half ago I went to film school, and before that I had taken years off at a time to be involved politically or this or that.

~Sarah Polley

I enjoy doing my more intimate and less commercial pictures and also I enjoy directing.

~Sarah Polley

Lately I did a film called All I Want for Christmas and it was well received. This gave me a new point of view and a new respect for my work as an actress.

~Sarah Polley

I think that cynicism can often be mistaken for wisdom.

~Sarah Polley

I feel like we want women to be simpler, less complex, so we project a lot of versions of simplicity onto them to fit that.

~Sarah Polley

I'm a control freak and I like to be overprepared, and I'm overly organized and I'm not in the moment a lot of the time.

~Sarah Polley

In fact, there's an entire universe out there that's pretty much indifferent to struggles that big, no matter how serious they've been in your life.

~Sarah Polley

With being a mother, I feel like you choose how you spend your time so much more carefully - which is a good thing.

~Sarah Polley

All of my short films are about marriages, and I think that this probably comes from some kind of unconscious fascination with my parents' story and what they went through.

~Sarah Polley

I think that the idea of family is a very powerful and influential and disjointed thing that will always captivate me.

~Sarah Polley

Playing roles that are intense and damaged has always come more

easily to me than doing comedies or lighter stuff - that would be taking a huge risk for me.

~Sarah Polley

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