

Sarah Shahi

Quotes

*Thinking, Growing Up, Sexy, Mean, Girl, Cheerleading, Play, Way, Cheerleader,
Sunday, Pieces, I Can, Sides, Grandfather, Workout, Smart, Chicks, Hate,
Location, Dream*

It doesn't matter what people say or what the rules say or what you're supposed to do, you go after what's in your heart.

~Sarah Shahi

I think it's important to love what you do and have a good time with it. I go to work every day and have a blast.

~Sarah Shahi

I can take a newspaper and make it a lethal weapon.

~Sarah Shahi

I'm a girl in boy's clothing. I like to get a little rough. I prefer mud to makeup. That's me in a nutshell.

~Sarah Shahi

So my views on equality are pretty obvious. I mean I did play a highly complex lesbian techno DJ on TV, but I know it's not always easy to come out and tell the world where you stand.

~Sarah Shahi

I like a man who can come out and say he's nervous on the first date. I think that would be really cute.

~Sarah Shahi

I never thought I would be one of those wacky chicks who say, 'I loved my labor,' but I loved every part of it. It was the best day of my life.

~Sarah Shahi

NFL cheerleading is harder than most people think. They train up to six hours every day with games on Sundays. They gave me a great work ethic.

~Sarah Shahi

I love guns. I love shooting guns.

~Sarah Shahi

I really got into 'The Walking Dead.' That was genius. And I have to say, my husband is on 'Shameless,' and I think it's a brilliant show.

~Sarah Shahi

I was captain of the volleyball team and the basketball team, and I ran track.

~Sarah Shahi

When I finish a workout, I feel pretty sexy. Even though I'm sweaty and I don't smell like a rose, I feel strong. It does a lot for me mentally and physically.

~Sarah Shahi

I know it sounds weird, but my definition of 'sexy' has changed as I've gotten older. And being smart and informed makes me feel sexier than any outfit.

~Sarah Shahi

I'm a tomboy myself and have always been incredibly athletic.

~Sarah Shahi

I actually got more attention from one episode of 'The Sopranos' than I did from two years of 'The L Word.'

~Sarah Shahi

Cheerleading was my way in. It was one of the most rigorous audition processes ever. It definitely groomed me for Hollywood.

~Sarah Shahi

I'm not one to be messed with. I can be bad when it needs to happen.

~Sarah Shahi

I did a lot of theater growing up, and in college I was in the musical 'Chicago.'

~Sarah Shahi

I'm used to a lot of love scenes. I'm used to something that requires me to kick up my heels and wink-wink, flirt-flirt with a twirl of my skirt.

~Sarah Shahi

As a parent, you experience the most of everything. The most love, the most fear, the most hurt and the most tired, the most of every emotion.

~Sarah Shahi

It's fun to work on location because you get the look and feel of everything, but it's nice to be on a stage because you can control the elements.

~Sarah Shahi

My great-great-grandfather was a shah back in the 1800s. Unfortunately, I don't have any gold coins or jewels to show for it.

~Sarah Shahi

Just because we are women doesn't mean the only roles we can play are that of the finger-shaking girlfriend.

~Sarah Shahi

I'm attracted to playing characters that have flaws.

~Sarah Shahi

I'm a wife and a mother. I don't want to be immature; I have to be ready at all times.

~Sarah Shahi

I don't really like 'acting' - I like things to feel as natural as possible.

~Sarah Shahi

I feel that as the world becomes more and more multicultural, it's a good tool to be able to speak another language.

~Sarah Shahi

I hate girls who complain, 'Oh, guys are looking at me!' But I love it when guys check me out. It just feels great.

~Sarah Shahi

I have an incredibly dark, mysterious, witchy side and another side that's very bubbly and cheerleader-esque.

~Sarah Shahi

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