

# Sean Astin

## Quotes

*Running, Thinking, Kids, Perfect, People, Taken, Moments, Distance, Journey, Play, Four, Kind, Long, Two, Training, Credit, Real, Moderation, Hurt, Special*

I think people enjoy reading about money, but the people who are in charge of giving me guidance tell me not to talk about it in interviews. Why not? That's what everybody thinks about.

~Sean Astin

I think I've begun to take for granted how easily information can swirl around me.

~Sean Astin

My career is very easy to interpret. It's about working. I'm a working actor, so that's how I see myself.

~Sean Astin

The filmmakers who I'm pining to work for aren't ringing my phone off the hook.

~Sean Astin

I'm like the universe; either expanding or contracting at any given moment. The most that I had put on was about 35, 36 pounds, and I've taken all of that off.

~Sean Astin

A perfect run has nothing to do with distance. It's when your stride feels comfortable.

~Sean Astin

The hybrid I have now is one of the least expensive cars I've ever had. I had a BMW 318i convertible once, the ultimate driving machine.

~Sean Astin

I don't want to play the fat guy or the friend for the rest of my life

~Sean Astin

Every day you've got running shoes on, it's a good day.

~Sean Astin

It's just fun to be on a movie set and looking to find the comedy in sweet, simple family moments.

~Sean Astin

A doable goal for me is to finish a marathon under four hours. I'm doing all the training, but the hardest part is eating right.

~Sean Astin

My dad was a Buddhist when I was young. So, at a point when I begging become Catholic he was saying "no" and imparting Buddhist precepts.

~Sean Astin

The jealousy I feel towards Orlando Bloom exists on many levels.

~Sean Astin

It's in our own lives, every single day, whether we recognize it as funny at the moment or not.

~Sean Astin

When you're a kid, you just have no concept of anything other than what you're doing.

~Sean Astin

I kind of peak at how far I can push my body, and then I run out of determination for the habit and start easing off. It's really just a lack of focus and discipline.

~Sean Astin

I was about 14, and my friend's stepdad asked me to do a 10K with him because his son - who was more into basketball - didn't want to. It was amazing, and I still remember the time I got: 48:23.

~Sean Astin

My diet is always terrible, unfortunately. I don't know moderation.

~Sean Astin

It's shocking how sophisticated little kids can be, when it comes to behaving in a professional manner, and that's a credit to their parents.

~Sean Astin

I definitely loved going on stage, I loved the nervous feeling and the performance and the doing-ness of it. It always felt kind of natural and inevitable and logical.

~Sean Astin

There is nothing as special as watching greatness.

~Sean Astin

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