Character, People, Thinking, Moving, Years, Play, Book, School, Actors, Guy, Running, Journey, Ifs, New York, Way, Intention, Emotional, Playing Someone, Doe, Advice

I'm proud of Lord of the Rings. I think it's a once in a lifetime role, and a once in a lifetime film. It was made with so much care and passion and meticulous detail and everybody was so behind it.

~Sean Bean

Listen to people and treat people as you find them. There's an inherent goodness in most people. Don't pre-judge people - that was me Mam's advice anyway.

~Sean Bean

I sometimes find that playing the bad guy, or villains, or psychopaths tend to be much more psychologically rewarding. And you can really push it, you can push the limits, and get away with it.

~Sean Bean

If you have a very good concept of your character, you can snap into it.

My family thought the fascination with acting was just another fad.

~Sean Bean

Lord of the Rings was just so much enjoyment. It was over about the space of a year that I was filming. It's one of the most enjoyable things I've ever done, so emotional.

~Sean Bean

I'd been trying for a while to get parts that weren't just the English bad guy, so it was quite refreshing to be playing someone who was a compassionate, decent guy.

~Sean Bean

I'm still Sean that me mates went to school with, not Sean the film star. And that's the way I prefer to be.

~Sean Bean

It was such an interesting character and the film really explored his friendship with Bond and how it all went wrong, so it was a very personal journey for both characters.

~Sean Bean

To be honest, you have to do a big Hollywood film to get enough money to do a good independent film!

~Sean Bean

Everyone was very deeply involved in the world of 'The Lord of the Rings'. From the wardrobe department to lighting, all were fascinated with the story. This is something that does not happen usually.

~Sean Bean

I had no intention of being an actor. I was quite good at it. I was pretty capable at other things but never any good at anything.

~Sean Bean

I think that you always have something left, that you take something of the character with you.

~Sean Bean

I always prefer to work intensively on something and then move on to something else. I prefer not to get stuck in something that takes five or six years of my life.

~Sean Bean

Usually you tend to glean much more information about your character from what other people say about you, rather than how it's described in the books.

~Sean Bean

Every actor wants to find a piece of work that's innovative and powerful and moving.

~Sean Bean

I like to keep myself in shape. I run and do weights when I go to the gym.

~Sean Bean

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