

Sean Stephenson Quotes

*Positivity, Believe, Dream, People, New Life, Expression, Creating, Ownership,
Excuse, Love, Happiness, Signals, Stay Positive, Mean, Coincidence, Pain,
Fear, Feel Good, Communication, Social*

Find people who love you unconditionally, surround yourself with them, and bring them the same level of intensity.

~Sean Stephenson

If someone tells you, "You can't" they really mean, "I can't."

~Sean Stephenson

Doubt is a virus that attacks our self-esteem, productivity and confidence. Faith that you and your life are perfectly unfolding is the strongest vaccine.

~Sean Stephenson

Communication is merely an exchange of information, but connection is an exchange of our humanity.

~Sean Stephenson

Pain is inevitable, it eventually touches us all. Suffering is optional.

~Sean Stephenson

Fears are a complete waste of your time. Nine times out of ten, whatever you're afraid of is not dangerous or life threatening. In fact, it's probably not even real.

~Sean Stephenson

Never believe a prediction that does not empower you.

~Sean Stephenson

I love everyone. Why? The moment I dislike someone, they own me. They own my energy, thoughts, feelings, etc.

~Sean Stephenson

If you have a heartbeat, there's still time for your dreams.

~Sean Stephenson

Until you take ownership for your life, you will always be chasing happiness.

~Sean Stephenson

You make a new life by making new choices.

~Sean Stephenson

Choose the words you say to yourself wisely; they are creating your reality.

~Sean Stephenson

I truly believe that our major social ills would disappear if we just spent our lives perfecting the art of connecting with each other.

~Sean Stephenson

When I hear excuses muttered from another, I'm reminded to stop repeating those of my own.

~Sean Stephenson

When you smile at people, its a signal to what you are bringing to their life.

~Sean Stephenson

It's no coincidence that good words make us feel good and that hurtful or angry words make us feel bad. There is a 100 percent correlation between the words we choose and how we feel.

~Sean Stephenson

Until you believe you have options, you'll continue to feel stuck.

~Sean Stephenson

Anything is possible if you get off your 'BUT' and STAND!

~Sean Stephenson

Psychical confidence is the external expression of our internal state of confidence. In simpler terms, it is how confidence looks and sounds.

~Sean Stephenson

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