Men, Inspirational, Life, Philosophical, Mind, Gratitude, Motivational,
Forgiveness, Brave, Acceptance, Fortune, Want, Blessed, Loving Yourself,
Believe, Fear Not, Sweat, Great Things, Money, Turns

We are more often frightened than hurt; and we suffer more from imagination than from reality.

~Seneca the Elder

We should every night call ourselves to an account: What infirmity have I mastered today? What passions opposed! What temptation resisted? What virtue acquired?

~Seneca the Elder

There is no person so severely punished, as those who subject themselves to the whip of their own remorse.

~Seneca the Elder

What you think about yourself is much more important than what others think of you.

~Seneca the Elder

It is a great thing to know the season for speech and the season for silence.

~Seneca the Elder

The courts of kings are full of people, but empty of friends.

~Seneca the Elder

Failure changes for the better, success for the worse.

~Seneca the Elder

You can end love more easily than you can moderate it.

~Seneca the Elder

No evil propensity of the human heart is so powerful that it may not be subdued by discipline.

Let us train our minds to desire what the situation demands.

~Seneca the Elder

The mind is slow to unlearn what it learnt early.

~Seneca the Elder

Let us be brave in the face of adversity.

~Seneca the Elder

Nothing is our except time.

~Seneca the Elder

A quarrel is quickly settled when deserted by one party; there is no battle unless there be two.

~Seneca the Elder

To keep oneself safe does not mean to bury oneself.

~Seneca the Elder

The road to learning by precept is long, but by example short and effective.

~Seneca the Elder

Unhappy is the man, though he rule the world, who doesn't consider himself supremely blessed.

~Seneca the Elder

If a man does not know what port he is steering for, no wind is favorable to him.

~Seneca the Elder

It is wrong not to give a hand to the fallen. This right is common to the whole human race.

If you wish to fear nothing, consider that everything is to be feared.

~Seneca the Elder

What is the proper limit for wealth? It is, first, to have what is necessary; and, second, to have what is enough.

~Seneca the Elder

Add each day something to fortify you against poverty and death.

~Seneca the Elder

For the great benefits of our being- our life, health, and reason-we look upon ourselves.

~Seneca the Elder

Malice drinks one-half of its own poison.

~Seneca the Elder

It is the sign of a great mind to dislike greatness, and prefer things in measure to things in excess.

~Seneca the Elder

All art is an imitation of nature.

~Seneca the Elder

No man will swim ashore and take his baggage with him.

~Seneca the Elder

If you want to be loved, love.

~Seneca the Elder

The conditions of conquest are always easy. We have but to toil awhile, endure awhile, believe always, and never turn back

A happy life is one which is in accordance with its own nature.

~Seneca the Elder

I shall never be ashamed of citing a bad author if the line is good.

~Seneca the Elder

The sun also shines on the wicked.

~Seneca the Elder

Courage is a scorner of things which inspire fear.

~Seneca the Elder

Courage leads starward, fear toward death.

~Seneca the Elder

No evil is without its compensation ... it is not the loss itself, but the estimate of the loss, that troubles us.

~Seneca the Elder

Know this, that he that is a friend to himself, is a friend to all men.

~Seneca the Elder

No one is better born than another, unless they are born with better abilities and a more amiable disposition.

~Seneca the Elder

There's some end at last for the man who follows a path; mere rambling is interminable.

~Seneca the Elder

The great soul surrenders itself to fate.

~Seneca the Elder

He who looks for advantage out of friendship strips it all of its nobility.

~Seneca the Elder

It is not death we fear, but the thought of it.

~Seneca the Elder

When in fear, it is safest to force the attack.

~Seneca the Elder

Fortune reveres the brave, and overwhelms the cowardly.

~Seneca the Elder

It is for the superfluous things of life that men sweat.

~Seneca the Elder

It is not manly to turn one's back on fortune.

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