

# Shane Koyczan Quotes

*Beautiful, Dream, Art, Pain, Letting Go, Heart, Thinking, Flower, Ideas, Hurt,  
Mirrors, People, Clouds, Discovery, Voice, Pieces, I Hate You, Dots, Way, Love  
You*

I accept that today may be imperfect... I accept that I may be as well. What I don't accept is that imperfection should be the crutch I use to excuse myself from participating in joy.

~Shane Koyczan

I sit before flowers hoping they will train me in the art of opening up I stand on mountain tops believing that avalanches will teach me to let go I know nothing but I am here to learn.

~Shane Koyczan

The tiniest dream that you make happen is worth more than the biggest dream that you never attempt.

~Shane Koyczan

I will love myself despite the ease with which I lean toward the opposite.

~Shane Koyczan

Look at an avalanche, and see that we are at our most powerful when we let go. Look at a flower, and see that we are at our most beautiful when we open up.

~Shane Koyczan

Don't tell me you're not beautiful. You're the kind of beautiful the blind would see if we could figure out some way to give them three seconds of sight.

~Shane Koyczan

If your heart is broken, make art with the pieces.

~Shane Koyczan

We come from the mentality, that rarely sees the horror in symmetry or the beauty in non-conformity

~Shane Koyczan

Our lives will only ever always continue to be a balancing act that has less to do with pain and more to do with beauty.

~Shane Koyczan

I have loved this life. I smile because I have tiny dreams that play hopscotch at the corners of my mouth. And every time I breathe they float, every time I laugh, they fly kites.

~Shane Koyczan

If you can't see anything beautiful about yourself, get a better mirror.

~Shane Koyczan

A question like "do you love me?" was an itch our doctors told us not to scratch.

~Shane Koyczan

Maybe the best we can hope for is that those we leave behind find comfort in knowing, that we're born out of love, and not science. That biology explains the how, but love explains the why

~Shane Koyczan

Don't let your luggage define your travels, each life unravels differently.

~Shane Koyczan

We're all shipwrecked on this idea that everything has to be explained.

~Shane Koyczan

I've been shot down so many times, I get altitude sickness just from standing up for myself.

~Shane Koyczan

To discover the thing you're brilliant at you first have to endure realizing all the things you're average at.

~Shane Koyczan

This is my voice. There are many like it, but this one is mine.

~Shane Koyczan

I don't want to turn any of this into poetry / but / you're so beautiful /  
flowers turn their heads to smell you

~Shane Koyczan

That's what we were toldâ€”stand up for yourself. But that's hard to do if  
you don't know who you are.

~Shane Koyczan

We grew up learning to cheer on the underdog because we see  
ourselves in them.

~Shane Koyczan

Don't tell me that [broken heartstrings] hurt less than a broken bone,  
that an ingrown life is something surgeons can cut away, that there's no  
way for it to metastasize - it does.

~Shane Koyczan

Sometimes becoming drug free has less to do with addiction and more  
to do with sanity.

~Shane Koyczan

Look directly into every mirror. Realize our reflection is the first  
sentence to a story, and our story starts: We were here.

~Shane Koyczan

I accept any challenge, so challenge me

~Shane Koyczan

My heart is a protest that I let rally against my ribs.

~Shane Koyczan

You see, the deaf have an intimacy with silence. It's there in their dreams.

~Shane Koyczan

Effort is the siamese twin of success

~Shane Koyczan

You, me, this city, this country, we will always have a choice. When you stand up to be counted, tell the world, THIS IS MY VOICE. There are many like it, but this one is mine.

~Shane Koyczan

But we are more than genteel or civilized/ we are an idea in the process of being realized.

~Shane Koyczan

Scrape the grey sky clean, realize that every dark cloud is a smokescreen meant to blind us from the truth

~Shane Koyczan

I was never meant to be this thing.

~Shane Koyczan

I sit before flowers â€”hoping they will train me in the art â€”of opening up

~Shane Koyczan

Having seen TED from a distance, I always thought if ever there was a place for someone like me, the outcasts, people who maintained who they are despite being told what they were, it was TED.

~Shane Koyczan

My experiences with violence in schools still echo throughout my life but standing to face the problem has helped me in immeasurable ways.

~Shane Koyczan

I make a good living doing what I do.

~Shane Koyczan

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