

Shirley MacLaine

Quotes

*Thinking, People, Real, Dance, Self, Journey, Heart, Pain, Actors, Important,
Way, Would Be, Fear, Inspirational, Believe, Want, Art, World, Movie, Play*

I don't need anyone to rectify my existence. The most profound relationship we will ever have is the one with ourselves.

~Shirley MacLaine

I think of life itself now as a wonderful play that I've written for myself, and so my purpose is to have the utmost fun playing my part.

~Shirley MacLaine

And I think we'll be able to prove scientifically that other talents such as intuitive, psychic, clairvoyant and audiovoyant are very real.

~Shirley MacLaine

It's useless to hold a person to anything he says while he's in love, drunk, or running for office.

~Shirley MacLaine

You know when you eat too many sweets and get diabetes? Papparazzi are the diabetes of materialistic culture.

~Shirley MacLaine

Fear makes strangers of people who would be friends.

~Shirley MacLaine

Dwelling on the negative simply contributes to its power.

~Shirley MacLaine

We are not victims of the world we see, we are victims of the way we see the world.

~Shirley MacLaine

A person who knows how to laugh at himself will never ceased to be amused.

~Shirley MacLaine

Crystals amplify the consciousness.

~Shirley MacLaine

Don't be afraid to go out on a limb. It's where all the fruit is.

~Shirley MacLaine

All life is a boomerang. We receive what we give.

~Shirley MacLaine

I think in the end we all know that our best friend is ourselves. We are born alone and we die alone. That's the journey.

~Shirley MacLaine

To release others from the expectations we have of them is to really love them.

~Shirley MacLaine

Friendship is not linear. It moves in all directions, teaching us about ourselves and about each other.

~Shirley MacLaine

The best way to get husbands to do something is to suggest that perhaps they are too old to do it.

~Shirley MacLaine

I've made so many movies playing a hooker that they don't pay me in the regular way anymore. They leave it on the dresser.

~Shirley MacLaine

...One individual is his or her own best teacher, and no other idol or false image should be worshiped or adored because the God we are all seeking lies inside oneself, not outside.

~Shirley MacLaine

If you're comfortable with yourself-which everyone can get to, to some extent-that's when you start getting into who is your real self.

~Shirley MacLaine

I want women to be liberated and still be able to have a nice ass and shake it.

~Shirley MacLaine

Never trust a man when he's in love, drunk, or running for office.

~Shirley MacLaine

Sex is hardly ever just about sex.

~Shirley MacLaine

You have to surrender to the energy above and below.

~Shirley MacLaine

Anything is possible if you believe you deserve it.

~Shirley MacLaine

All you really need in life is some fresh water, a good hat, and a really good pair of shoes.

~Shirley MacLaine

I think people will become more and more aware that we are all more than we seem.

~Shirley MacLaine

Dance is an art that imprints on the soul. It is with you every moment, it expresses itself in everything you do.

~Shirley MacLaine

If they would teach us from the time we're little to meditate and get in touch with all that our souls know, we wouldn't fight so much.

~Shirley MacLaine

I hoped that the trip would be the best of all journeys: a journey into ourselves.

~Shirley MacLaine

Maybe the tragedy of the human race was that we had forgotten that we are each divine.

~Shirley MacLaine

You are the architect of your personal experience.

~Shirley MacLaine

I have a great life, to tell you the truth.

~Shirley MacLaine

The more I traveled the more I realized that fear makes strangers of people who should be friends.

~Shirley MacLaine

When times are bad, people like to lose themselves in the sheer glamour of another period: beautiful wardrobes, magnificent meals served in elegant settings.

~Shirley MacLaine

I was always a character actress and never a sex symbol. Even when I was the leading lady, I was a character actor.

~Shirley MacLaine

I think it's much more important to know the truth than it is to make money on it.

~Shirley MacLaine

I think we have to do something about the environment and how we are

polluting the planet.

~Shirley MacLaine

Art is about energy positive and negative. All art has the power to heal because it helps us see who we are, and what we resist.

~Shirley MacLaine

New York is the perfect town for getting over a disappointment, a loss, or a broken heart.

~Shirley MacLaine

I have never seen myself as leading for others. What's important is that I know who I am. Not completely. But I'm coming around third base.

~Shirley MacLaine

I think the hill one has to trudge in order to understand a man's baggage is more of a trek than I'd like to take right now.

~Shirley MacLaine

Prayer is speaking to God. Meditation is listening to God. Trust tranquility.

~Shirley MacLaine

For me, the safest place is out on a limb.

~Shirley MacLaine

Someday change will be accepted as life itself.

~Shirley MacLaine

bonding through dependence never works, whereas bonding through freedom always does.

~Shirley MacLaine

There's no journey worth taking except the journey through one's self.

That's the most important journey you take. I found that out as I went around the world many times: I was learning about me.

~Shirley MacLaine

Why do people have to love people anyway?

~Shirley MacLaine

People think I'm nuts.

~Shirley MacLaine

God bless that potential that we all have for making anything possible if we think we deserve it. I deserve this.

~Shirley MacLaine

Listen to sounds beyond silence.

~Shirley MacLaine

There are stars who are proficiently paranoid enough to hide what they really think. I can't.

~Shirley MacLaine

I realized that if what we call human nature can be changed, then absolutely anything is possible. From that moment my life changed.

~Shirley MacLaine

He's a real gentleman. I bet he takes the dishes out of the sink before he pees in it.

~Shirley MacLaine

The pain of leaving those you grow to love is only the prelude to understanding yourself and others.

~Shirley MacLaine

Once you get your own family clear in your head, whatever your

problems are with it. You're better prepared for being an adult in the world.

~Shirley MacLaine

You have to be talentedly insecure in order to be a good actress. And then it's the director's job to make you more miserable and get a good take.

~Shirley MacLaine

The spirit is something to be enjoyed. It is not a harsh discipline. And I think people should take some time everyday for some kind of moving meditation, like Qigong or Tai Chi.

~Shirley MacLaine

My gift is that I'm not beautiful. My career was never about looks. It's about health and being in good shape.

~Shirley MacLaine

Someday perhaps change will occur when times are ready for it instead of always when it is too late. Someday change will be accepted as life itself.

~Shirley MacLaine

I could be whatever I wanted to be if I trusted that music, that song, that vibration of God that was inside of me.

~Shirley MacLaine

You can't lie when you dance. It's so direct. You do what is in you. It is impossible to dance out of the side of your mouth.

~Shirley MacLaine

Some people think I look like a sweet potato, I consider myself a spud with a heart of gold.

~Shirley MacLaine

... when things get rough, a breakthrough is just on the other side of the pain.

~Shirley MacLaine

Technology has outstripped our knowledge of self.

~Shirley MacLaine

I have to do two things at once or I get tired.

~Shirley MacLaine

Celebrate what is possible. Your beliefs will create your reality.

~Shirley MacLaine

I love the idea that I'm the oldest one in the room because I can get away with anything!

~Shirley MacLaine

Remember what people used to say about meditation? Now everyone is doing it.

~Shirley MacLaine

It's real important to enjoy your turn.

~Shirley MacLaine

When you walk 10 hours, 11 hours a day by yourself, you are doing a walking meditation.

~Shirley MacLaine

I thought playing an angel would be very good for my image.

~Shirley MacLaine

If we can genuinely honor our mother and father we are not only at peace with ourselves but we can then give birth to our future.

~Shirley MacLaine

Nothing should be permanent except struggle with the dark side within ourselves.

~Shirley MacLaine

I've always thought I was looking for myself whenever I traveled. Like a journey anywhere was really a journey through myself.

~Shirley MacLaine

One can become as intellectually arrogant about spirituality as about empirical science.

~Shirley MacLaine

I don't do like diva trips and stuff.

~Shirley MacLaine

I can't give up my own identity.

~Shirley MacLaine

I think male actors get confused by their own vanity.

~Shirley MacLaine

Until mankind realizes that there is, in truth, no good, and there is, in truth, no evil-there will be no peace.

~Shirley MacLaine

Perhaps the longest journey is the journey within.

~Shirley MacLaine

I have a lot of friends who come and stay, and we talk about the world.

~Shirley MacLaine

You think you have a handle on God, the Universe, and the Great White Light until you go home for Thanksgiving. In an hour, you realize how far you've got to go and who is the real turkey.

~Shirley MacLaine

no one ever really leaves Hollywood. No one really leaves unless they are called away by God. Even then, the impulse would be to come back again and make a movie about the experience.

~Shirley MacLaine

The more sex becomes a non-issue in people's lives, the happier they are.

~Shirley MacLaine

Sometimes people who have their lives played out in public don't feel they have the privacy to continually journey within. I did, and that's why I have longevity.

~Shirley MacLaine

The uninvestigated life is not worth living. I don't want to live that way.

~Shirley MacLaine

We cannot divorce what we are producing from what we are. We create technology out of the vision we have of ourselves. If we are blind in our conception of ourselves we will create a blind technology.

~Shirley MacLaine

To dance at all is to confront oneself. It is the art of honesty.

~Shirley MacLaine

Being a dancer meant you nearly always thought about food.

~Shirley MacLaine

We humans should never forget our capacity to connect with the collective spirit of animals. Their energy is essential to our future growth.

~Shirley MacLaine

Being old is such a treat!

~Shirley MacLaine

I don't think you go out of style when you're living in the present most of the time. And I think that is what I do.

~Shirley MacLaine

My first few weeks in New York were an initiation into the kingdom of guts.

~Shirley MacLaine

For if the talent or individuality is there, it should be expressed. If it doesn't find its way out into the air, it can be turned inward and gnaw like the fox at the Spartan boy's belly.

~Shirley MacLaine

We've had so many lifetimes of different cultures and different religions and different points of view and different wars and different loves and different children.

~Shirley MacLaine

Acupuncturists Chiropractors Massage Therapists Dentists
and more!

~Shirley MacLaine

I can't advise any of the young ones, because I don't know what their background was, but I would suggest that anyone who wants to be famous more than anything - there's a problem.

~Shirley MacLaine

I was afraid I would get the Oscar for 'Irma La Douce' because it was popular. But I didn't want to because I didn't really think it was that good.

~Shirley MacLaine

You know, I think I had my first past life recall when I was 7.

~Shirley MacLaine

Aging people are underserved in this culture - big time. I want to stay healthy so I can serve that community and be a voice.

~Shirley MacLaine

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