

# Shonda Rhimes Quotes

*People, Thinking, Dream, Inspiring, Inspirational, Mean, Long, World, Stories,  
Mother, Pain, Strong Women, Ideas, Television, Believe, Watches, Kids,  
Imagination, Brilliant, Drawing*

You can waste your lives drawing lines. Or you can live your life crossing them.

~Shonda Rhimes

The best stories are often true...The narrative of human life is most beautiful when told truthfully and without boundaries.

~Shonda Rhimes

Perfect is boring and dreams are not real. Just... do. So you think, "I wish I could travel." Great. Sell your crappy car, buy a ticket to Bangkok, and go. Right now. I'm serious.

~Shonda Rhimes

I think a lot of people dream. And while they are busy dreaming, the really happy people, the really successful people, the really interesting, engaged, powerful people, are busy doing.

~Shonda Rhimes

The only limit to success is your own imagination.

~Shonda Rhimes

The expected is what keeps us steady. It's the unexpected that changes our lives forever.

~Shonda Rhimes

Cynicism is a choice. Optimism is a better choice.

~Shonda Rhimes

Nobody got anything great by playing it safe.

~Shonda Rhimes

Ditch the dream and be a doer.

~Shonda Rhimes

Boundaries don't keep other people out, they fence you in.

~Shonda Rhimes

Mother is a verb, not a noun.

~Shonda Rhimes

When people show you who they are, believe them. I carry that with me a lot. It has served me well.

~Shonda Rhimes

Mother is not a title. Mother is a verb. It is not who you are. It's what you do.

~Shonda Rhimes

Most of the women I saw on TV didn't seem like people I actually knew. They felt like ideas of what women are.

~Shonda Rhimes

I actually like being alone. I spend most evenings reading and taking long baths.

~Shonda Rhimes

I don't understand why people don't understand that the world of TV should look like the world outside of TV.

~Shonda Rhimes

You are not alone. You are seen. I am with you. You are not alone.

~Shonda Rhimes

Making it through the ceiling to the other side was simply a matter of running on a path created by every other woman's footprints.

~Shonda Rhimes

I remember saying, very almost jokingly, I'm going to take over the

world through television, that's my plan. And I said it to my agent, and I said it to my friends, and I said it to myself.

~Shonda Rhimes

A hashtag is not helping... A hashtag is not a movement. A hashtag does not make you Dr. King. A hashtag does not change anything. It's a hashtag.

~Shonda Rhimes

My parents created a world in which the only barrier to your success is your own imagination.

~Shonda Rhimes

I've learned this is a very long marriage doing a television show. I like the people that I work with to be people I enjoy, so you want to cast people who are as excited and enthusiastic as you are.

~Shonda Rhimes

When you help make people healthier, it makes the nation healthier, it makes the world healthier, it makes the economy healthier.

~Shonda Rhimes

I happen to like debating, and I like to debate like a lawyer, and I can argue any points to death, and I will.

~Shonda Rhimes

Whenever you see me somewhere succeeding in one area of my life, that almost certainly means I am failing in another area of my life.

~Shonda Rhimes

You can't tell stories and really walk in someone's shoes and not have a love for them, even if they're doing horrible things.

~Shonda Rhimes

There is no longer one way to consume TV. Some shows you want to watch live, some shows you only discover through streaming, some shows you just feel you need to DVR.

~Shonda Rhimes

Nobody ever asks a man how he gets stuff done. Nobody asks a man how he finds balance.

~Shonda Rhimes

I cannot keep track and lots of great shows go unnoticed.

~Shonda Rhimes

Calling a show a 'guilty pleasure' is like saying 'I'm embarrassed to say I watch it but I can't stop.' That's not a compliment.

~Shonda Rhimes

I think it's sad, and weird, and strange that [race in casting] is still a thing. It's 2013. Somebody else needs to get their act together.

~Shonda Rhimes

I was 4 and dictating stories into a tape recorder, and my mom typed them up.

~Shonda Rhimes

I am terrible with examples. I can never think of them when anybody asks for an example.

~Shonda Rhimes

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