

Sophia Bush Quotes

*Thinking, People, Girl, Men, School, Believe, Kids, Sleep, Want, Two, Looks,
Actors, Doctors, Home, Character, Shoes, Movie, Mom, Issues, Inspirational*

Life throws some curveballs at you and you go where it takes you.

~Sophia Bush

Marriage is not about age; it's about finding the right person.

~Sophia Bush

Your body tells you what it needs, and if you sleep past your alarm on a Saturday morning, it's probably because you need the sleep.

~Sophia Bush

When you realize who the good people are in your life, you're so lucky.

~Sophia Bush

To be happy, it first takes being comfortable being in your own shoes. The rest can work up from there.

~Sophia Bush

Beauty has nothing to do with the size you wear. It has to do with what's in your heart.

~Sophia Bush

What matters is a good person, a good soul, someone who genuinely gives good attention to the relationships in their lives.

~Sophia Bush

I love boxing. There's something fierce about using your body's force that way.

~Sophia Bush

I'm such a sucker for love and I believe in it and I always want it to win.

~Sophia Bush

I enjoy getting riled up, and nothing's gonna do that for you like a good scary movie.

~Sophia Bush

My girlfriends are my life, but I'm also one of those girls who can hang out with the guys.

~Sophia Bush

I'm a bit of a worrier, to an extreme. I'll crack a joke, then worry if I've offended someone - even when they're laughing. I have a guilt complex, always worrying.

~Sophia Bush

I think it's easy for people to assume that fame is equal to glory, but it can be a very isolating experience.

~Sophia Bush

I think the sexiest thing on anybody is intelligence. I respect somebody who has a brain and wants to use it more than a pretty face and status.

~Sophia Bush

We've all known a John Tucker. We've either known one, dated one or our best friend has dated one. I think a lot of men at one point or another have been a John Tucker.

~Sophia Bush

I get to experiment with a lot of looks with my character so that's really fun for me. It's like getting to paint a new canvas everyday.

~Sophia Bush

Fashion is in my blood. Growing up, I was always clacking around the house in my mother's shoes.

~Sophia Bush

People just deserve to be treated with kindness.

~Sophia Bush

Me, I'd prefer to have a good reputation rather than getting press for being scandalous, getting drunk in public, staying out late and so on.

~Sophia Bush

When you use God as an excuse to hate people and you use God as an excuse to cut people down, first of all, I think it's insulting to God.

~Sophia Bush

It's a very weird thing to know where you want to be in life and all of a sudden to actually have taken some real steps is a very strange feeling. I've really done something that I'm proud of.

~Sophia Bush

No matter what you are, you're a mess." That's what the world tells us. "Every other woman is your competition. You feel bad about yourself and every other woman think she's perfect.

~Sophia Bush

I wanted to be a doctor when I was a kid, but I started doing theater in high school because it was a requirement. At first, I was completely irritated. But I ended up loving it.

~Sophia Bush

I think the greatest thing that we can do is take care of each other.

~Sophia Bush

I like all of the mental, psychological thriller movies too. I enjoy horror movies across the board.

~Sophia Bush

I think the best beauty trick is to take good care of your skin. Wash your face at night, wear sunscreen, and hydrate.

~Sophia Bush

I've always been the long-term relationship, go-home-and-meet-mom girl.

~Sophia Bush

People care about my personal life. But really I'm dorky! I drink beer and go to football games. And ya know, sit in my house in a t-shirt on the weekends and play with my dog!

~Sophia Bush

The only two men I have time for are Barack Obama and my trainer.

~Sophia Bush

I believe in the joyous power of an unscheduled dance break.

~Sophia Bush

It devastates me now that I have been reduced to a Hollywood statistic - another joke marriage.

~Sophia Bush

I think it's healthy when fitness experts encourage fitness rather than getting a certain body shape.

~Sophia Bush

I love to box. I once took a kickboxing class in college and got totally hooked.

~Sophia Bush

Being green saves you money. Being green saves you green.

~Sophia Bush

My dream job is to be the Robin to Anderson Cooper's Batman.

~Sophia Bush

As a strong woman, there are things I would never put up with.

~Sophia Bush

Getting wasted is only OK when you're young enough to not know better.

~Sophia Bush

I believe all men, all women, regardless of race, gender, socioeconomic background, you deserve the same rights.

~Sophia Bush

I don't think you can really, truly be the partner you want to be until you know on an absolute level that you are a complete person on your own.

~Sophia Bush

I'm not a celebrity. I don't call myself a celebrity. I'm an actor.

~Sophia Bush

If I spend a Saturday being lazy and curled up on the couch with my dogs, I'll just make sure to get out and be active on Sunday.

~Sophia Bush

I want to play everything. I really want to do it all.

~Sophia Bush

In the initial season of a show, you're figuring out your character and their life and their background and you're putting together all the chapters of the book.

~Sophia Bush

I get to do what I love every day. I get to crawl into someone else's head and I love that.

~Sophia Bush

You can't work on the biceps and ignore the rest of the body, and you can't just say one issue is important when you are looking at how to make the world a better place.

~Sophia Bush

The hardest situation to stay happy in, I think, is when you're trying to find love, and yourself at the same time. It just doesn't seem to fit well.

~Sophia Bush

Mystery makes movie stars! If you see someone on the cover of the weeklies all the time, why would you want to pay to see them in a movie?

~Sophia Bush

It's no secret - if you know me, have ever met me or have shared a meal with me - that I'm a passionate environmentalist.

~Sophia Bush

I want to get married again and have kids and even adopt.

~Sophia Bush

Because I'm 5'4' and athletically built, if I gain five pounds it looks like a lot.

~Sophia Bush

I think the most important recipe for a good date is just spending time with somebody and really connecting and feeling like the best version of yourself regardless of what you may be doing.

~Sophia Bush

Regardless of what you plan on when you fall in love, significant others come and go in your life. Your friends are it. My friends are my everything.

~Sophia Bush

The more that I know of politics, the more it makes me realize that being a politician is largely useless.

~Sophia Bush

It's a very bizarre thing to have people very concerned with your life, but I don't mind it because all that says to me is that they care about the show, and I can't ask for anything more than that.

~Sophia Bush

I'm not much of a revenge person, because I think when you start with revenge it cheapens what you've been through.

~Sophia Bush

Whenever I'm around my guy friends, I'm always playing video games. I've always enjoyed the graphics side of them, how they look.

~Sophia Bush

I love fashion because it can change to suit your mood. I'm very drawn to classic silhouettes, menswear-inspired pieces, and anything that feels a little French. I'm also inspired by Brit girl style.

~Sophia Bush

When you suffer a loss, there is before the death and after the death - those become your two existences and your two realities.

~Sophia Bush

You can have terrible things happen in your family. A husband and wife can be having a knock-down, drag-out fight and the minute one of the kids gets hurt, the fight is over and it's about the family.

~Sophia Bush

You never know what a movie is going to look like when you're shooting it and you just hope it's going to look like it's supposed to be.

~Sophia Bush

I'm looking for things that are really connected - education, both in the developing world and at home. The way that that affects communities and, in particular, women.

~Sophia Bush

I'm like, "Let me marry a feminist, let's do this thing." It's about time men should show up and say, "Yes, she should have access to whatever she needs."

~Sophia Bush

I believe people are inherently magical and good.

~Sophia Bush

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